



12:00 Noon

Name: _____

\$3.50 Contribution

Monday	Wednesday	Friday
		PLEASE CIRCLE DATES YOU WANT TO RESERVE FOR LUNCH
All Lunches served at the Pittsford community Center Call 2 weeks in advance to make a reservation 248-6235	All Meals Served with Milk and fortified Juice Soup Served with Crackers	2 Meatloaf with Gravy Mashed Potatoes Prince William Vegetables Peach Cup Cream Puffs
Breaded Haddock on a bun with Tartar Sauce Brussell Sprouts Pear Cup Chocolate Marble Ice Cream Cup 5	Sweet and Sour Pork over Rice Stir Fry Vegetables Fresh Apple 7	9 Meatball Sub With Sauce and Cheese on a Roll Cole Slaw Green Beans Mixed Fruit Cup
Macaroni and Cheese Stewed Tomatoes Broccoli Fresh Apple <i>Chris Bensch, "A Curator's Day at the Strong Museum"</i> 12	BBQ Chicken Sliders (2 each) Spinach Fresh Banana 14	16 Tomato Florentine Soup Spinach Quiche Italian Blend Vegetables Peach Cup
19 Foodlink Closed for Holiday No Meal Served	Tuna Salad over Lettuce with Italian Dressing Multigrain Bread Fresh Pear Pudding Cup Financial Planning: Taxes and Estate 2	23 Stuffed Shells with Sauce Breadstick Broccoli Fresh Orange
Turkey and Cheese Sandwich with lettuce and tomato on a Roll Mayo Packet Fruit Cup Apple Juice Granola Bar Wellness Talk 26	Vegetable Soup Chicken Breast on a Bun Peach Cup Strawberry Ice Cream Cup 2	30 Chicken Salad over Lettuce with Italian Dressing Dinner Roll with Butter Fresh Banana Brownie



Certified by Michelle Koch Blood, RD – 11/05/2025

No person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State, or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. This program is funded by participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, Monroe County Dept. of HS/Office for the Aging.

