

PITTSFORD RECREATION



WINTER 2026

Registration Begins
December 1

Online Registration Available
www.townofpittsford.org

Senior Citizen Programming
Family Game-Palooza
Poppin' with the Grandkids
Sweetheart Dance
KidVenture Nights

GENERAL INFORMATION

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PITTSFORD COMMUNITY CENTER HOURS

35 LINCOLN AVE. • PITTSFORD, NY 14534

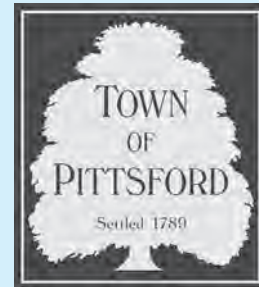
| | |
|------------------------|-----------------|
| Monday-Thursday | 8:00AM - 9:00PM |
| Friday & Saturday..... | 8:00AM - 8:00PM |
| Sunday..... | 12:00 - 5:00PM |

PROGRAM INFORMATION – 248-6280

Pittsford Community Center rooms are available for community group meetings. Reservations must be made by a Pittsford resident 48 hours in advance at www.townofpittsford.org/facilities.

The number of reservations made by any person or on behalf of any eligible group may be limited out of fairness to all.

The Pittsford Community Center is accessible to persons with disabilities.



RECREATION DEPARTMENT 585-248-6280

Jessie HollenbeckDirector
Alison Burchett..... Assistant Director
Kate Disbrow
Kathleen Laskey
Casandra Schrom.....Recreation Supervisors
Joe Battaglia
Meghan Brooks.....Recreation Leaders
Jennifer Morrow.....Senior Program Director

COMMUNITY CENTER STAFF

Mary Ann Burdett, Carlos Chediak, Rachael George,
Vicki Masters Profitt, Armand Miale, Paul Mosakowski,
Ann Parker, Pat Rice, Linda Steidle

PARKS DEPARTMENT 585-248-6495

Jessica Neal..... General Foreman
Bill Benedict, Craig Blake, Corey Bresnan, Spencer
Drake, Tim Moulton, Mike Murphy, Luke O'Dell

PITTSFORD TOWN BOARD

William A. Smith Jr. Supervisor
Kim TaylorDeputy Supervisor
Naveen Havannavar, Cathy Koshykar
Stephanie Townsend

PARKS & RECREATION BOARD

Steve Denaker.....Chairperson
Christyn Musso-Albanese Secretary to the Board
Naveen HavannavarTown Board Liaison
Jessie HollenbeckRecreation Dept Liaison
Members: Bill Beach, Pamela Cooper-Vince,
Karen McCready, John C. Meyer, Mike Pascucci,
Kristin Rohlfs, John Zito

COVER PHOTO: Recess Camp!

Play, Create, and Connect this Winter with Pittsford Recreation



William A. Smith Jr.
Town Supervisor



Jessie R. Hollenbeck
Recreation Director

"I know it is damp, and the sun remains dreary, but we can indulge in delightful fun, to keep our spirits merry!"
- *The Cat in the Hat* by Dr. Seuss

Winter in Pittsford may bring shorter days and snowy skies, but it also brings countless opportunities to gather, play and make memories together. We believe the colder months are the perfect time to connect with your family, friends, and neighbors, and to discover new ways to stay active, creative, and engaged. Pittsford Recreation's programs are designed to do just that.

We're kicking off the season with **Family Game-Palooza**, a fun opportunity for all ages to gather for board games, bingo, and building activities – a cozy way to spend a winter night laughing and making memories. Later, our **Poppin' with the Grandkids** event will bring generations together to enjoy a movie night and share plenty of popcorn. Outdoors, the annual **Snow Art Contest** runs from January 1 through March 8, giving everyone a reason to turn snowy days into creative moments. Submissions will be posted online for community voting in March, with prizes for the winners. And of course, save the date for a perennial favorite: **The Sweetheart Dance** is scheduled for Friday, February 6!

Our youngest residents can enjoy **Parent/Tot GO - Spring into Storytime**, a free program where caregivers and little ones take a gentle walk through the Village and along the canal, ending with a story and craft at the Library. Preschoolers can also dance, twirl, and leap in **Twinkle Stars**, an age-specific class that introduces ballet, tap and creative movement in a joyful setting. For school-aged kids and teens, **KidVenture** Night offers safe, themed evenings of games, activities and pizza with friends, while the **Teen Book Nook** provides a welcoming space for young readers to connect over exciting new stories.

Adults and older teens will also find plenty to enjoy. For those interested in practical skills, the **Stop the Bleed Training Course** teaches lifesaving techniques, while **Healthy Living Made Simple** offers straightforward, everyday tips for nutrition, wellness and self-care. Our Senior Center will be lively this winter with a variety of programs, luncheons and trips.

Favorites like the **Valentine's Day Celebration**, **St. Patrick's Day Luncheon** and the cozy **Let It Snow** gathering return, along with new workshops such as **"Be Kind to Your Mind"** and outings to the **Strasburgh Planetarium**, **New York Kitchen** and **Cartwright's Maple Tree Inn**. Each event is designed to keep our senior community engaged, active and connected throughout the season.

Looking ahead, be sure to save the date for our **Valentine's Day Celebration** on February 10 and the **St. Patrick's Day Luncheon** on March 17. Both events feature festive food, entertainment and fellowship, and are the perfect way to celebrate the season with neighbors and friends. And **remember, our Snow Art Contest is open all winter**, with community voting from March 9-14 on our Pittsford Recreation Facebook page.

As always, our Recreation staff works hard to offer fresh, inclusive and meaningful activities to residents of all ages. Whether you're playing games, learning a new skill, or simply spending time with neighbors, we hope you find ways to brighten your winter and create lasting memories together.

For current updates on Town events, programs, and projects, subscribe to our weekly eNewsletter. Each week, you'll receive an email with the latest information about Town events, programs, services, projects and meetings. When needed, you will also get emergency notices or other urgent updates. The Town keeps your email address strictly confidential and will not share or use it for any purpose other than sending the eNewsletter. Sign up for the Town eNews at www.townofpittsford.org/enews. You can also stay informed by following us on social media—Facebook (Town of Pittsford and Pittsford Recreation), Twitter (@pittsfordtown), and Instagram (Pittsford Town).

If you have ideas to share about Town recreation programming, please contact either of us: Town Supervisor Bill Smith at 248-6220, bsmith@townofpittsford.org, or Recreation Director Jessie Hollenbeck at 248-6284, jhollenbeck@townofpittsford.org.

PITTSFORD RECREATION WINTER 2026 REGISTRATION FORM

HOUSEHOLD INFORMATION

NAME _____

PRIMARY GUARDIAN FIRST AND LAST NAME

NAME _____

SECONDARY GUARDIAN FIRST AND LAST NAME

ADDRESS _____

ADDRESS _____

HOME# _____ WORK# _____

HOME# _____ WORK# _____

EMAIL _____

EMAIL _____

EMERGENCY# _____ CELL# _____

EMERGENCY# _____ CELL# _____

NON-RESIDENT FEE: Participants living outside of the Town of Pittsford and the Pittsford School District are required to pay a \$5.00 per activity registration fee (per individual registrant). No fee is required for free programs. Programs offered are designed for residents of the Town of Pittsford and Pittsford School District. If class size allows, registrations from non-residents who have paid the non-resident fee will be accepted. Participants living outside of the Town of Pittsford and Pittsford School District may register to receive our program brochures by mail by contacting the Recreation Department. There is a \$3.00 fee charged for outside mailing.

REFUND POLICY: Refunds are available, unless otherwise stated in the program description. All refund requests must be submitted to the Pittsford Recreation Department. If a program is canceled, total amount will be refunded. You may withdraw up to 7 calendar days prior to the start of a program; a refund will be granted with a **\$5 processing fee per person/per program** (certain programs may be nonrefundable or involve a portion of nonrefundable monies.) Within one week of a program's start date, or after a program has begun, only medical refunds will be granted. A doctor's written statement must accompany your request. Refund will be prorated based on the date of your notification to the Recreation Department. Absolutely no refunds will be granted after the program ends.

REGISTRATION TIPS: Programs that do not meet the minimum number of participants are subject to cancellation. Assume you are registered in the program unless the recreation department notifies you. Please remember that some of our programs fill quickly so please register early.

RELEASE: As part of my registration, or as a parent/guardian on behalf of a minor child, I recognize that programs involving physical activity have inherent risks of injury and/or damage and I assume all such risks, as well as the responsibility to be fully aware of the inherent risks associated with any program for which I register, before I begin participation. I also recognize my participation in a program may result in the transfer or transmission of an illness or disease, including but not limited to COVID-19, which could result in serious sickness and/or death. The Town and its employees will not be liable for injury, damage or illness that occurs as a result of such risks and I waive and release the Town and its employees from any such liability. I also grant full permission to the Town to use my name, photograph, videotape or recording for any publicity promotion purposes without obligation or liability.

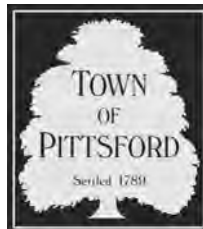
DATE SIGNATURE REQUIRED: _____ REGISTRANT (PARENT OR GUARDIAN IF UNDER 18)

Current Medical Conditions, Allergies, or Medications: _____

Special Accommodations? Yes, Please Indicate: _____

| Participant Name | Gender | Birthdate | Grade | Program Title | Activity Code | Fee |
|------------------|--------|-----------|-------|---------------|---------------|-----|
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T-Shirt Sizes YS YM YL YXL
 AS AM AL AXL AXXL



**INCLUDE NON-RESIDENT FEE – \$5.00
(PER PERSON & ACTIVITY IF APPLICABLE)**

Total Amount: \$ _____

Please Make Checks Payable to Town of Pittsford

*Mail-In Forms to to 35 Lincoln Ave., Pittsford, NY 14534

(OFFICE USE ONLY)

PAYMENT METHOD: CASH _____ CHECK _____ CARD _____ RECEIPT # _____

RESIDENT REGISTRATION BEGINS DECEMBER 1

NON-RESIDENT REGISTRATION BEGINS DECEMBER 8

COMMUNITY EVENTS & ACTIVITIES



Sweetheart Dance

FRIDAY, FEBRUARY 6 | 6:30-9:00PM
Pittsford Community Center

AGES 5-13

\$20 PER PERSON

Dance the night away at our annual Sweetheart Dance. Participants should be accompanied by an adult as their guest. Music, refreshments and fun make this event a memorable evening. A DJ will be playing music and providing fun activities. Don't miss out on this special night. Register early as space is limited. Please contact Kathleen at 248-6289 for more information.

You must register each participant for this program.

Child Registration #111408-01

Adult Registration #111408-02

Story Strolls

Join us for a story at the Pittsford Community Center. Walk around the building and read at your leisure. Once you have finished the story come to the front desk for your fun craft pack!



**SQUIRREL'S NEW
YEAR'S RESOLUTION**
January 12-18



THE LONELY OTTER
February 9-15



THE FLOWER THIEF
March 9-15

Family GAME-PALOOZA

NEW!

FRIDAY, FEBRUARY 27
6:00-8:00PM
Pittsford Community Center

ALL AGES

\$5 PER PERSON

Let the Pittsford Recreation Department take care of your family game night! Gather the whole family for a cozy winter evening filled with laughter, creativity, and friendly competition. Our Family Game-Palooza features classic board games that everyone loves, exciting rounds of bingo with fun prizes, and imaginative play with building bricks for all ages. Whether you're strategizing your way to victory, shouting "BINGO," or building a masterpiece, there's something for everyone to enjoy. The perfect way to beat the chill and make memories together. REGISTRATION REQUIRED

You must register each participant for this program.

Activity #110340-01

Poppin' with the Grandkids

NEW!

THURSDAY, MARCH 12 | 6:30-9:00PM
Pittsford Community Center Rm 107

ALL AGES

\$5 PER PERSON

Get ready for a *ree!* good time at this fun, laid-back community movie night! "Poppin' with the Grandkids" celebrates bringing people together through the magic of movies. Whether you're coming with grandkids, grandparents, family, or friends, everyone is welcome to join the fun. Bring your whole crew and settle in for a special and memorable movie night filled with laughter, popcorn, and great company.

Light refreshments will be served but feel free to bring your own nut-free snacks.

You must register each participant for this program.

Activity #140608-01

NEW!

Snow Art Contest

Get creative this winter and show off your best snow creation! The Snow Art Contest runs from **January 1-March 8**, and we can't wait to see what you build.

HOW TO PARTICIPATE: Submit a photo of your snowman or snow creation by email to pittsrec@townofpittsford.org anytime during the contest dates. Please include both your name and the name of your snow creation! Multiple submissions are welcome!

VOTING: After the contest closes, all submissions will be posted on the Pittsford Recreation Facebook page for voting from March 9-14.

PRIZES: Our 1st, 2nd, 3rd Place Overall winners will receive a prize courtesy of the Town of Pittsford Recreation Department! Winners and all participants may stop by the Community Center front desks to pick up their certificate (and prizes for the top winners) any time after March 16.

For more information about Town of Pittsford Special Events, visit our town website at www.townofpittsford.org or call (585) 248-6280

PCC OPEN GYM PROGRAMS

Drop-in Gym Schedule

The seasonal open gym schedule is subject to change. Please call the Recreation Department at (585) 248-6280 with questions or to confirm gym times. The Pittsford Community Center Gymnasium will be available on a drop-in basis for open basketball and open volleyball. Some basketballs and volleyballs are available. Instruction/supervision will not be provided. Children under 13 must be supervised by an adult at all times during open basketball. Children ages 12-16 must be accompanied by an adult to participate in open volleyball. Proof of residency and registration is required before participating in open gym programs.

Open Basketball (Jan 3-Mar 21)

No open basketball Jan 16, Feb 6, 13, & 27 and Mar 13

Open Volleyball (Jan 7-Mar 18)

| | | | |
|------------------|--|---|---|
| MONDAY | Drop-In Pickleball Open Basketball | 12:00-2:00PM 2:30-3:30PM | Adult (18 & Up) Teen (13-17) |
| TUESDAY | Parent & Tot Open Gym Open Basketball Open Basketball | 10:45AM-12:15PM 2:30-3:30PM 8:00-9:00PM | Ages 2-5 Teen (13-17) Adult (18 & Up) |
| WEDNESDAY | Drop-In Pickleball Open Volleyball Open Volleyball | 12:00-2:00PM 2:30-3:30PM 6:00-9:00PM | Adult (18 & Up) Teen (13-17) Adult (18 & Up) |
| THURSDAY | Open Basketball Open Basketball | 1:00-2:00PM 2:30-3:30PM | Adult (18 & Up) Teen (13-17) |
| FRIDAY | Parent & Tot Open Gym Drop-In Pickleball Open Basketball | 10:45AM-12:15PM 1:30-3:30PM 6:00-7:30PM | Ages 2-5 Adult (18 & Up) Youth/Family (12 & Under) |
| SATURDAY | Drop-In Badminton Open Basketball Open Basketball | 12:00-2:00PM 3:00-5:00PM 5:30-7:30PM | Adult (18 & Up) Youth/Family (12 & Under) Adult (18 & Up) |
| SUNDAY | Drop-In Badminton | 12:15-2:15PM | Adult (18 & Up) |

Drop-in Pickleball

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|--------------|--------------|---------|
| 131283-01 | Mon | Jan 5-Mar 16 | 12:00-2:00PM | \$2 |
| 131283-02 | Wed | Jan 7-Mar 18 | 12:00-2:00PM | \$2 |
| 131283-03 | Fri | Jan 9-Mar 20 | 1:30-3:30PM | \$2 |
| Ages 18 & up | | | | PCC Gym |

Drop-in to play this exciting game that everyone is talking about! Pickleball is a blend of tennis, badminton and ping pong and is a great way to meet new people and play a game that is right for a variety of skill levels. No instruction or supervision is provided for this drop-in program. Fees are per person per visit. For any questions, contact Kate at 248-6281.

No program Jan 19, Feb 6 & 16-20

Drop-in Badminton

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|---------------|--------------|---------|
| 131284-01 | Sat | Jan 10-Mar 14 | 12:00-2:00PM | \$2 |
| 131284-02 | Sun | Jan 4-Mar 15 | 12:15-2:15PM | \$2 |
| Ages 18 & up | | | | PCC Gym |

Drop-in to play badminton! Badminton is a racquet sport played using racquets to hit a shuttle across a net. Although it may be played with larger teams, the most common forms of the game are "singles" and "doubles." This program is a great way to meet new people and play a game that is right for a variety of skill levels. No instruction or supervision is provided for this drop-in program. Fee is per person, per visit. For any questions, contact Kate at 248-6281.

Parent & Tot Open Gym

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----------|--------------|-----------------|---------|
| 111207-01 | Tue & Fri | Jan 6-Mar 20 | 10:45AM-12:15PM | No Fee |
| Ages 2-5 | | | | PCC Gym |

Pittsford Recreation invites parents and their little ones to share an open play time at the Pittsford Community Center. We will provide the equipment and you provide the fun! This drop-in program is designed to give children time to socialize and use their gross motor skills. This is an open play session for parents and/or caregivers to play with their children in a stimulating environment. Children are encouraged to bring their favorite toy and explore at their own pace and desire. Parent or caregiver must be present during the entire playtime. Instruction/supervision is not provided. Registration is required.

No program Feb 6, 17, & 20 and Mar 10

PRESCHOOL

Preschool



**HOURS: MONDAY-FRIDAY,
9:00AM-12:00PM**



PANTHER PALS PROGRAM

Dates: 1/5-3/20
CLOSED 2/16-2/20

| | | |
|-------------------|----------------|------------|
| 111318-01: | | |
| Mon, Wed & Fri | 9:00AM-12:00PM | Fee: \$720 |
| 111318-02: | | |
| Tue & Thu | 9:00AM-12:00PM | Fee: \$480 |

Panther Pals is a preschool aged program for ages 2-5 years. Children will enjoy discovery, play, music, arts, crafts and learning. Weekly themes as well as STEM, geography, letter and number activities allow for children to grow and learn all while having fun. The daily schedule includes fine and gross motor skill activities, outdoor time, gym time, crafts, circle and reading time. Special guests will be brought in each month to connect with our themes.

**Call Cassie at (585) 248-6283 for more information.
Register at www.townofpittsford.org.**

Program fee is for the whole Winter Season

Panther Pals Science Enrichment

Panther Pal Staff

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------------|--------------|-------|
| 111318-03 | Tue | Jan 6-Mar 17 | 12:30-2:30PM | \$250 |

Ages 4-5 years old Panther Pals Room

Panther Pals Science Enrichment is a STEM program for kids ages 4-5 to spark critical thinking, problem solving, and curiosity. Children will explore basic STEM principles with hands-on activities, challenges, making and play.

Daily Schedules include experiments, observation, STEM literacy, open exploration, Outdoor STEM or Math Time, and carpet time for helping to engage and connect all we are learning to our day to day lives and world.

No class Feb 17

Panther Pals Literacy Enrichment

Panther Pal Staff

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------------|--------------|-------|
| 111318-04 | Thu | Jan 8-Mar 19 | 12:30-2:30PM | \$250 |

Ages 4-5 years old Panther Pals Room

Panther Pals Literacy Enrichment is a literacy program for kids ages 4-5 designed to nurture early literacy skills through storytelling, phonics activities, and hands-on learning. Children will engage in letter recognition, sound association, and vocabulary building that is both fun and educational.

Daily Schedules will include read-aloud sessions, letter recognition and sounds, and exploration through stories.

No class Feb 19

Register Online At: www.townofpittsford.org

Parent/Tot GO - Spring into Storytime

Recreation Staff

NEW!

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|---------------|--------|
| 111319-01 | Wed | Mar 25 | 10:00-11:00AM | No Fee |

Ages 1.5-4 Copper Beech Park

"Get Outside" with Parent/Tot GO, a fun, exploration-based program for you and your little one(s) to enjoy together! Designed to promote outdoor exercise and nurture curiosity about the natural world, this program will be led by an experienced Recreation Department staff member and is completely free, though **registration of each child is required** and an adult must accompany them. This March, in celebration of spring, participants will go on a short walk through the Village of Pittsford and finish with a story and take-home activity at the Pittsford Community Library. This program is stroller accessible.

Preschool Adventures: Going on a Bear Hunt

Sherry Murray, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|---------------|------|
| 111314-01 | Tue | Jan 13 | 10:00-11:00AM | \$16 |

Ages 2-6 with an adult PCC Rm 4

Bring a small stuffed bear and your imaginations to travel on a bear hunt through the Community Center! Children and their adult will work together to rotate through several tables containing activities, art projects and games. We'll paint, make a bear cave, explore and sing. We're not scared!

Preschool Adventures: Celebrate Winter

Sherry Murray, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|---------------|------|
| 111314-02 | Tue | Jan 20 | 10:00-11:00AM | \$16 |

Ages 2-6 with an adult PCC Rm 4

Come in from the cold and enjoy some fried snowflakes we will create ourselves. Preschoolers will listen to the story of *Sadie and the Snowman* and make their own snowman out of a sock. We'll experiment with melting ice and build a bird feeder to hang outside.

Preschool Adventures: Let's Make Music

Sherry Murray, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|---------------|------|
| 111314-03 | Tue | Jan 27 | 10:00-11:00AM | \$16 |

Ages 2-6 with an adult PCC Rm 4

We will make 3 of our own instruments and use them to have a great time together. We'll also explore other ways to create music and cooperate as a group to produce some great sounds.

Preschool Adventures: My Five Senses

Sherry Murray, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|-------|---------------|------|
| 111314-04 | Tue | Feb 3 | 10:00-11:00AM | \$16 |

Ages 2-6 with an adult PCC Rm 4

In this class, we will explore our senses. There will be many activities which will encourage children to listen, touch, smell and look as well. We'll make our own face puzzles, finger paint, and create a very aromatic ornament to hang up at home.

Preschool Adventures: Valentine's Day

Sherry Murray, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|---------------|------|
| 111314-05 | Tue | Feb 10 | 10:00-11:00AM | \$16 |

Ages 2-6 with an adult PCC Rm 4

Let's Celebrate together! We'll read *Valentine's Day* and make our own mail in the "post office." We'll experiment with a fizzy love potion, create our own mailbox and leave happy! Please bring 10 simple Valentines to exchange with friends.

PRESCHOOL

Preschool Adventures

Sherry Murray, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|---------------|------|
| 111314-06 | Tue | Feb 24-Mar 17 | 10:00-11:00AM | \$60 |

Ages 2-6 with an adult PCC Rm 4

Preschool Adventures is a unique class that is designed as a non-stressful way for children to be introduced to the preschool experience. Each week is centered on a theme. The class begins with a story to introduce the children to that day's lesson. Often we have finger-plays or a song at this time as well. Then the child and their adult will rotate through 5-6 tables which contain age-appropriate crafts and activities. Everything is open ended and creative, as well as relates back to the day's theme. We close with a large motor activity and the goodbye song. Students will be able to practice listening to a teacher, following directions, and using classroom materials in a fun environment with their parent present. Please wear sneakers and a smock or old clothes.

Winter Wonderland Activity Box

Recreation Staff

| Reg. No. | Date | Fee |
|-----------|--------|------|
| 110212-01 | Feb 13 | \$20 |

Ages 2-6 with an adult PCC

Looking for fun activities to do at home? Look no further! The Town of Pittsford Recreation staff will create a box full of winter themed crafts and activities for you and your little one to do! Included in the boxes will be all the supplies you will need to create the crafts, activities and experiments. The date listed above will be the pickup date; you may pick up anytime on or after that date. Registration deadline will be one week before the pick up date. Please contact Cassie at 248-6283 for more information regarding the activity boxes.

Active Art

Mary Slaughter, Instructor

| Reg. No. | Day | Date | Fee |
|-----------|-----|--------------|------|
| 110223-01 | Thu | Feb 5-Mar 12 | \$49 |

Ages 2-7 Online Program

Move your body with Coach Mary and turn out some artistic masterpieces that are not only fun but keep little hands busy even over the February school break! Your inbox will get a link to a new project each week that you can access as much as you like. Specifically for these colorful projects you will be jumping, pounding, dipping, and dabbing art materials to create great new colors and textures! Each video also includes a physical activity to move or bend that goes along with the theme of that project! A list of any necessary materials will be given upon registration. Projects are not difficult in nature and are meant to engage children ages 2-7. One registration covers all the kids in your household! Closed-caption available.

Tiny Tot Art Class

Mary Slaughter, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|---------------|------|
| 110225-01 | Wed | Jan 21-Feb 11 | 10:10-10:40AM | \$69 |

Ages 18 months-6 years with an adult PCC Rm 4

Winter boredom is a great time to develop that creative imagination! We get our hands dirty but leave the mess behind after making some fun and colorful projects! Using paints, glue, glitter and more we will make a new masterpiece to take home each week! Double your fun and stay around for "Tiny Tot Gym Class!" Smocks are optional. Adult participation required. Supplies Included!

Tiny Tot Gym Games

Mary Slaughter, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|---------------|------|
| 111291-01 | Wed | Jan 21-Feb 11 | 10:45-11:20AM | \$59 |

Ages 15 months-6 years with an adult PCC Gym

Bring those busy bodies and experience sports and games in the gym with Coach Mary! Free play plus more! Structured lessons easy enough for your littlest learners! We introduce good techniques for running, throwing and kicking using sports like basketball, soccer, and tumbling. All activities designed to get them laughing and playing! All ages welcome; no charge for kids under 10 months. Adult participation required.

Tot-Start Art & Gym Class

Mary Slaughter, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|---------------|-------|
| 111290-01 | Wed | Jan 21-Feb 11 | 10:10-11:20AM | \$119 |

Ages 18 months-6 with an adult PCC RM 4 & Gym

See Class Description Above.

Robot Mini Makers

Brooklyn Robot Foundry, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|-------------|---------------|-------|
| 110970-01 | Sat | Feb 7-Mar 7 | 10:30-11:30AM | \$150 |

Ages 2-5 with an adult PCC Rm 206

These kid and caregiver robot building classes offer a super fun introduction to STEAM through hands-on building and playing. Each class begins with a story featuring our signature Robot Foundry characters Adrien and DJ. Together they will introduce that day's engineering concept and robot project. Children will build their own robots, have fun decorating them, and take them home after class for more fun! You'll be amazing at what these little builders create.

No class Feb 21

Music & Theatre

Movement and Music

Allyson Nutting, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------------------|-----|---------------|---------------|------------|
| 110443-01 | Tue | Jan 13-Feb 10 | 10:10-10:40AM | \$50 |
| Ages 2-3.5 with an adult | | | | PCC Rm 215 |
| 110443-02 | Mon | Feb 23-Mar 23 | 10:10-10:40AM | \$50 |
| Ages 2-3.5 with an adult | | | | PCC Rm 216 |

Explore dance and movement through music, imagination, and games! Props, obstacle courses and fun guided songs allow all participants to have a blast while learning and improving core motor and beginning dance skills. Caregiver participation required.

Broadway Babies Fairytale Theatre: Frozen

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|-------------|-------------|------|
| 110510-01 | Mon | Jan 5-Feb 2 | 5:30-6:00PM | \$75 |
| | Wed | Jan 7-Feb 4 | 5:00-5:30PM | |

Ages 4-7

Perinton Community Center

Attention all princesses and princes! Come join us for our exciting new "Fairytale Theatre" class. Kids will have a wonderful time bringing a fairytale to life through storytelling, music, and movement. They will also use props, costumes, and sets for a final performance with friends and family. Don't miss out on this unforgettable magical experience!

*Monday & Wednesday classes are included in the program fee.

PRESCHOOL

Broadway Babies Fairytale Theatre: Cinderella

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|-------------|------|
| 210510-01 | Mon | Apr 27-May 18 | 5:00-5:30PM | \$75 |
| | Wed | Apr 29-May 20 | 5:00-5:30PM | |

Ages 4-7 Perinton Community Center

Attention all princesses and princes! Come join us for our exciting new "Fairytale Theatre" class. Kids will have a wonderful time bringing a fairytale to life through storytelling, music, and movement. They will also use props, costumes, and sets for a final performance with friends and family. Don't miss out on this unforgettable magical experience!

*Monday & Wednesday classes are included in the program fee.

Athletics & Wellness

Bloom & Breathe Kids Yoga

Kara Spoor & Cara Barone, Instructors

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|-------------|-------|
| 110326-01 | Tue | Jan 13-Mar 17 | 1:00-2:00PM | \$140 |

Ages 3-5 PCC 216

Join us for a fun-filled kids yoga class! We will learn yoga poses, practice mindfulness and breathing exercises, listen to stories, and play games. Students will learn positive mindset skills, kindness, and finding the beauty within ourselves and each other. Please wear comfortable clothes and bring a water bottle. To learn more, please visit www.bloombreathe.com.

No class Feb 17

Wiggles, Giggles and Jiggles

Lisa Magliato, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|---------------|------|
| 140398-01 | Thu | Jan 8-Feb 5 | 10:00-11:00AM | \$89 |
| 140398-02 | Thu | Feb 12-Mar 19 | 10:00-11:00AM | \$89 |

Ages 2-4 (with adult caregiver) PCC Gym

Fun movement activities, music, games, stories, scooters, ribbon dancing and more that promote the development of gross motor skills, following directions, decision making, self-confidence and social interaction for both child and caregiver. A great preschool and Kindergarten readiness class. A peanut free snack is provided. Wear sneakers and bring water. Note: Babies in front packs or car seats are welcome to attend.

No class Feb 19

Lil' Athletes

Lisa Magliato, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|-----------------|------|
| 141298-01 | Thu | Jan 8-Feb 5 | 11:15AM-12:00PM | \$89 |
| 141298-02 | Thu | Feb 12-Mar 19 | 11:15AM-12:00PM | \$89 |

Ages 3-5 PCC Gym

Lil' Athletes is a fun and positive introduction to sports of all sorts (golf, tennis, soccer, basketball, hockey and more). All games and activities promote the development of gross motor skills and encourage peer interaction in a safe and non-competitive environment. This is not a parent participation class, but parents are welcome to watch from the window above the gym. Please bring water and wear sneakers. Come join the team!

No class Feb 19

Semi-Private Gymnastics & Parkour

Mary Slaughter, Instructor

| Reg. No. | Day | Date | Time | Fee |
|------------|-----|---------------|---------------|------------|
| 111296-01 | Tue | Jan 20-Mar 10 | 3:50-4:20PM | \$99 |
| Ages 3-7 | | | | |
| 111296-02 | Tue | Jan 20-Mar 10 | 4:20-4:55PM | \$99 |
| Ages 4-9 | | | | |
| 111296-04 | Sat | Jan 17-Feb 7 | 10:15-10:45AM | \$79 |
| Ages 3.5-7 | | | | PCC Rm 217 |

Climbing the walls? Try gymnastics or Parkour! Join Coach Mary, safety-certified, former Head Coach, for fundamentals at every developmental level plus many cross-over skills good for all sports! Get strong while upside down in handstands, jumping to vault over the stack-mats and balancing on beams! These smaller-capacity classes offer unique and specific skill-building with strengthening coordination and flexibility!

No class Feb 17 & 24



Winter Sprinters

Mary Slaughter, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|-------------|------|
| 111297-01 | Tue | Jan 20-Mar 10 | 6:30-7:00PM | \$79 |

Ages 2-5 with an adult PCC Gym

Indoor sports is where it's at! Drop in the gym for some dribbling and shooting with basketball and soccer fundamentals for little athletes and big fun! Beat the winter blues with obstacle courses and lots of running and sports techniques that make use of all that extra energy! Adult participation required.

No class Feb 17 & 24

Soccer Shots for Youth

Soccer Shots Staff, Instructor

| Reg. No. | Day | Date | Time | Fee |
|---|-----|---------------|-------------|-------|
| 111254-01 | Thu | Jan 15-Mar 12 | 5:15-5:45PM | \$140 |
| Mini (Age 2 with parent/guardian participation) | | | | |
| 111254-02 | Thu | Jan 15-Mar 12 | 5:50-6:35PM | \$140 |
| Classic (Ages 3-4) | | | | |
| 111254-03 | Thu | Jan 15-Mar 12 | 6:40-7:25PM | \$140 |
| Premier (Ages 5-7) | | | | |

Soccer Shots is a national program teaching children the beautiful game of soccer. Using creative and imaginative games, sessions focus on basic soccer skills like dribbling, passing, and shooting. Our Soccer Shots coaches are energetic and enthusiastic, are great teachers, and love working with children. We not only teach soccer skills, we develop balance, coordination and agility. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.

Pittsford Community Center is located at 35 Lincoln Ave.

No class Feb 19

PRESCHOOL

Little Ninja Class

James Creighton & Pete Reminicky, Instructors

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----------|--------------|-------------|-------|
| 110351-01 | Tue | Jan 6-Mar 17 | 6:30-7:15PM | \$129 |
| 110351-02 | Wed | Jan 7-Mar 18 | 5:30-6:15PM | \$129 |
| 110351-03 | Wed | Jan 7-Mar 18 | 6:30-7:15PM | \$129 |
| 110351-04 | Tue & Wed | | | \$199 |

Ages 4-6 (with parent/guardian)

PCC Rm 217

This program is a dynamic and fun-filled introduction to martial arts for children ages 4 to 6, designed to boost coordination, focus, and confidence in a safe, structured setting. Through age-appropriate drills, games, and basic martial arts techniques, kids stay active while developing essential life skills like respect, self-control, and perseverance. Each class encourages teamwork, listening, and goal setting, helping young students build a strong foundation for success in school and beyond. Give your child the tools to grow stronger—physically, mentally, and socially—while having a blast on the mat! Please visit www.creightonmartialarts.com for more information.

No class Feb 17-18

Parent & Tot Open Gym

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----------|--------------|-----------------|--------|
| 111207-01 | Tue & Fri | Jan 6-Mar 20 | 10:45AM-12:15PM | No Fee |

Ages 2-5

PCC Gym

Pittsford Recreation invites parents and their little ones to share an open play time at the Pittsford Community Center. We will provide the equipment and you provide the fun! This drop-in program is designed to give children time to socialize and use their gross motor skills. This is an open play session for parents and/or caregivers to play with their children in a stimulating environment. Children are encouraged to bring their favorite toy and explore at their own pace and desire. Parent or caregiver must be present during the entire playtime. Instruction/supervision is not provided. Registration is required.

No class Feb 6, 17, & 20 and Mar 10

Dance

Dance Camp

Katie Elizabeth School of Dance, Instructor

| Session | Reg. No. | Day | Date | Time | Fee |
|---------------|-----------|---------|-----------|----------------|-------|
| Full Day Camp | 110450-01 | Mon-Fri | Feb 16-20 | 9:00AM-3:00PM | \$230 |
| Half Day Camp | 110450-02 | Mon-Fri | Feb 16-20 | 9:00AM-12:00PM | \$150 |
| Half Day Camp | 110450-03 | Mon-Fri | Feb 16-20 | 12:00-3:00PM | \$150 |

Ages 4-8

PCC Rm 216 & 208

A 5-day dance camp offering all styles of dance including ballet, jazz, tap, contemporary, salsa, hip hop and much more. The children will have the chance to dance, make crafts and perform in a dance show on the last day. Suitable for all abilities beginner-advanced.



Tiny Dancers

Allyson Nutting, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|---------------|------------|
| 110420-01 | Tue | Jan 13-Feb 10 | 10:45-11:30AM | \$67 |
| Ages 3-5 | | | | PCC Rm 215 |
| 110420-02 | Mon | Feb 23-Mar 23 | 10:45-11:30AM | \$67 |
| Ages 3-5 | | | | PCC Rm 216 |

A fun introduction to beginning dance and movement. In our class, we'll make beginning ballet, tap, creative movement and jazz steps more relatable to kids by incorporating themes from their everyday life. From leaping over puddles to galloping like horses, kids will have a blast with activities that will build their knowledge of movement, coordination, and creativity. Please have children wear ballet shoes and clothes they are comfortable to move in.

Twinkle Stars

Alexis Mueller, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|---------------|------------|
| 110444-01 | Sat | Jan 10-Mar 14 | 9:15-10:00AM | \$150 |
| Ages 3-4 | | | | |
| 110444-02 | Sat | Jan 10-Mar 14 | 10:00-10:45AM | \$150 |
| Ages 4-5 | | | | PCC Rm 215 |

An age-specific 45-minute class consisting of ballet, tap, and creative movement. Dancers will learn basic steps and terminology in all three styles while inspiring movement and creativity in a positive environment.

Dance shoes and attire required.

Dance with Me

Studio East Dance, Instructor

| Reg. No. | Day | Date | Time | Fee |
|----------------------------|-----|--------------|-------------|---------------------------|
| 110439-01 | Sat | Jan 10-Feb 7 | 9:00-9:30AM | \$110 |
| Ages 18 months-3 years old | | | | Studio East Dance Company |

Dance with Me is a 30-minute creative movement class suitable for your young dancer. Parents/caregivers will actively participate in the class as children learn basic dance steps, movement, and terminology through songs, stories, and play. Dancers can wear dance clothes or anything safe to move in. Socks, bare feet or ballet shoes are acceptable. We can't wait to meet you.

Irish Dance with Dunleavy

Amy Coppola ADCRG, Instructor

| Reg. No. | Day | Date | Time | Fee |
|----------------------|-----|-------------|-------------|------------|
| Intro to Irish Dance | | | | |
| 110432-01 | Wed | Jan 7-Mar 4 | 4:15-5:00PM | \$140 |
| Beginner Irish Dance | | | | |
| 110432-02 | Wed | Jan 7-Mar 4 | 4:15-5:15PM | \$160 |
| Ages 4-14 | | | | PCC Rm 215 |

Intro to Irish Dance: This class is perfect for anyone who wants to give Irish dance a try! In this fun class we will learn the fundamentals of Irish dance while focusing on the Skips and the Light Jig. Please wear socks, shorts and a t-shirt and pull long hair back into a ponytail or bun.

Beginner Irish Dance: Dancers who have mastered the Skips and the Light Jig are welcome to move into the Beginner Irish Dance class to focus on the Reel and Slip Jig.

No class Feb 18

YOUTH & TEEN

Youth & Teen

Sweetheart Dance

Recreation Staff

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|-------|-------------|------------|
| 111408-01 | Fri | Feb 6 | 6:30-9:00PM | Child \$20 |
| 111408-02 | Fri | Feb 6 | 6:30-9:00PM | Adult \$20 |

Ages 5-13 PCC

Dance the night away at our annual Sweetheart Dance. Participants should be accompanied by an adult as their guest. Music, refreshments, and fun make this event a memorable evening. A DJ will be playing music and providing fun activities. Don't miss out on this special night. Register early as space is limited. Please contact Kathleen at 248-6289 for more information.

The After School Program

Recreation Staff

| Reg. No. | Day | Date | Time | Fee |
|-----------|---------|--------------|-------------|-------|
| 111401-01 | Mon-Fri | Jan 5-Mar 31 | 3:00-6:00PM | \$955 |

Ages 5-13 PCC

Are you in need of a recreational after school program for your child to attend once the school day has ended? The After School Program provides a quality, fun and safe recreational environment for your child, ages 5-13. Participants will be placed into groups according to age and/or grade level. Activities include arts and crafts, free play, quiet time and playtime in our gym or outside on our playground. A daily snack is provided. The program is closed on school recess days and holidays; however it is open on school scheduled half days. School Recess Camps are available for children to attend on school recess days and holidays (registration and additional fees are required). Please contact Kathleen Laskey at 248-6289 for more information regarding the program.

Program is closed Jan 19, Feb 16-20

School Recess Camp - Incredible Inventors

Recreation Staff

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|---------------|------|
| 111401-02 | Mon | Jan 19 | 8:30AM-5:30PM | \$48 |

Ages 5-13 PCC

Looking for something fun and exciting for your child to do during the school recess? Join the Town of Pittsford Recreation Department for a day of robotics, creative building activities, outdoor play, gym games, and more. **Please send your child with a nut-free, non-perishable lunch and afternoon snack.** Please have your child dressed for outdoor winter weather (hat, gloves, boots, etc.). Register early, as this program does fill quickly. For more information on School Recess Camps, contact Meghan at 248-6288.

February Recess Camp - Olympic Adventures

Recreation Staff

| Reg. No. | Day | Date | Time | Fee |
|-----------|---------|-----------|---------------|-------|
| 111403-01 | Mon-Fri | Feb 16-20 | 8:30AM-4:30PM | \$240 |

Ages 5-13 PCC

Looking for something fun and exciting for your child to do during the school recess? Join the Town of Pittsford Recreation Department for a week of team games, Winter Olympics-themed activities, crafts, outdoor play, and more! Camp includes a field trip, TBD. **Please send your child with a nut-free, non-perishable lunch and snack daily.** Please have your child dressed for outdoor winter weather (hat, gloves, boots, etc.). Register early, as this program does fill quickly. For more information on School Recess Camps, please call Meghan at 248-6288.

KidVenture Night

Recreation Staff

| Topic | Day | Date | Time | Fee |
|-----------------|-----|--------|-------------|------|
| 111433-01 | Fri | Jan 16 | 6:00-8:00PM | \$25 |
| Game Night | | | | |
| 111433-01 | Fri | Feb 13 | 6:00-8:00PM | \$25 |
| Superhero Quest | | | | |
| 111433-01 | Fri | Mar 13 | 6:00-8:00PM | \$25 |

Out of this World
Ages 5-12 PCC Rm 18 & 19

Looking for a night out while your kids have a blast? KidVenture Night is an evening packed with fun, friends, and unforgettable adventures! Hosted by our enthusiastic and experienced Recreation Youth Staff, each KidVenture Night features a unique theme, exciting games, creative activities, and, of course—pizza! Kids will explore, play, and laugh their way through an action-filled night designed just for them, in a safe and supervised environment.

Total Teen Takeover

Recreation Staff

| Reg. No. | Day | Date | Time | Fee |
|------------------|-----|--------|-------------|------|
| 111434-01 | Fri | Jan 16 | 6:00-8:00PM | \$25 |
| Game Night | | | | |
| 111434-02 | Fri | Feb 13 | 6:00-8:00PM | \$25 |
| Chef It Up Night | | | | |
| 111434-03 | Fri | Mar 13 | 6:00-8:00PM | \$25 |

"Camping" Under the Stars Night
Ages 13-16 PCC Rm 107

Hosted by our enthusiastic and experienced Recreation Department staff, each Total Teen Takeover features food, music, open gym time, themed activities, and more. This new program is a fantastic way for teens to socialize, try new things, and enjoy a fun night out with friends!



"Mealtime Manners" Etiquette Event

Etiquette Chics, Instructors

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|-------------|------|
| 111417-01 | Fri | Jan 30 | 5:00-6:45PM | \$65 |

Ages 7-12 PCC Rm 107

Join us for a brand-new etiquette event that covers various etiquette and manners topics in a fun, interactive, hands-on approach that is a signature of our classes! This class springboards from our Mealtime Manners I and II classes (but you do not have to take them to enjoy this class). We will serve a three-course meal: fruit salad, pizza, and dessert. We will cover place settings, mealtime manners, conversation skills, body language, and posture. An exciting new napkin fold will be introduced. Halfway through, we will take a break, get up, and play "Mrs. Manner Says" (or read from a selection of manners and etiquette books). There are numerous giveaways; all leave with a favor and a folder full of valuable information! This two-hour event is ample time for a date night, and dinner is provided for all registered children.

YOUTH & TEEN

Etiquette Event II (Intermediate Level) for Children

Etiquette Chics, Instructors

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|-------------|------|
| 111418-01 | Fri | Mar 20 | 5:00-6:45PM | \$65 |

Ages 7-13

PCC Rm 107

Join us for a brand-new etiquette event that does a deeper dive into various etiquette and manners topics in a fun, interactive, hands-on approach that is a signature of our classes! This class builds upon our ETIQUETTE EVENT Classes (although you do not need to take them to enjoy this class). We will serve a three-course meal: fruit salad, pizza, and specialty cupcake dessert. We will cover place settings, mealtime manners, conversation skills, body language, introductions, and posture at a more advanced level. An exciting new napkin fold will be introduced. Halfway through, we will take a small break to stretch, ask questions, and/or read from a selection of children's etiquette books. There are numerous giveaways; all leave with a favor and a folder full of valuable information! This almost two-hour event is ample time for a date night, and dinner is provided for all registered children.

Arts & Crafts

Creative Painting and Drawing

Yushan Socola, Instructor (Certified Art Teacher)

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|-------------|-------------|------|
| 120238-01 | Sat | Jan 24 & 31 | 3:45-4:45PM | \$60 |

Ages 7-12

PCC Rm 4

Painting and drawing using creative techniques and a variety of materials. Each class will be a unique project. The student will work with ink, watercolor, acrylic, modeling clay, and more. The goal of this class is to inspire the participant to be creative, build color and composition techniques, and have fun while creating art. Material is included. Mrs. Socola: Art Teacher at Indian Landing Elementary School.

Creative Art Camp

Yushan Socola, Instructor (Certified Art Teacher)

| Reg. No. | Day | Date | Time | Fee |
|-----------|---------|-----------|-----------------|-------|
| 120239-01 | Mon-Fri | Feb 16-20 | 10:00AM-12:00PM | \$180 |

Ages 7-12

PCC Rm 19

In Creative Art Camp, young artists will explore a wide range of materials to create unique, imaginative works of art! Each class will dive into the world of a different artist, where we will learn their techniques and create masterpieces inspired by their style. Mrs. Socola: Art Teacher at IndianLanding Elementary School.

NEW!

Music & Theatre

Private Piano Lessons

Beth Werner, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|-------------|-------------|-------|
| 140501-01 | Wed | Jan 7-Mar 4 | 3:00-3:30PM | \$180 |
| 140501-02 | Wed | Jan 7-Mar 4 | 3:30-4:00PM | \$180 |
| 140501-03 | Wed | Jan 7-Mar 4 | 4:00-4:30PM | \$180 |
| 140501-04 | Wed | Jan 7-Mar 4 | 4:30-5:00PM | \$180 |
| 140501-05 | Wed | Jan 7-Mar 4 | 5:00-5:30PM | \$180 |
| 140501-06 | Wed | Jan 7-Mar 4 | 5:30-6:00PM | \$180 |
| 140501-07 | Wed | Jan 7-Mar 4 | 6:00-6:30PM | \$180 |
| 140501-08 | Wed | Jan 7-Mar 4 | 6:30-7:00PM | \$180 |
| 140501-09 | Wed | Jan 7-Mar 4 | 7:00-7:30PM | \$180 |
| 140501-10 | Wed | Jan 7-Mar 4 | 7:30-8:00PM | \$180 |

Ages 5 & up

PCC Rm 208

An experienced and fun teacher will instruct on how to begin enjoying playing the piano. You will learn the basics of piano and music theory. Each student will progress as far as they are able during the 8-week session.

No class Feb 18

'Accidental' Social Skills Comedy Improv

Carol Roberts, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|-------------|--------|
| 110525-01 | Sat | Jan 17 | 1:15-2:15PM | No Fee |
| 110525-02 | Sat | Jan 24-Feb 21 | 1:15-2:15PM | \$175 |

Grades 6-12 and higher • Ages 10-18 plus

PCC Rm 113

Have fun, make friends and enhance social skills without trying while playing easy theatre games like those seen on TV's *Whose Line is it Anyway?* Class has a relaxed, supportive atmosphere. Participation is encouraged, never forced.

We welcome young people with: High Functioning Autism, ADD/ADHD, Anxiety, Depression, Bipolar, Tourette's and any other social communication challenge.

These easy theatre games and scenes utilize suggestions supplied by fellow players. The results are at best hilarious, at worst interesting. No experience is required. Please bring a water bottle.

FIRST CLASS IS A "TRY IT CLASS" - NO OBLIGATION TO CONTINUE! Registration is required.

Instructor Carol Roberts, MA is a comedy improviser and former stand-up comic who has performed with Robin Williams, Paula Poundstone and Ellen DeGeneres. She is also a former Executive Functioning Coach at RIT's Spectrum Program. Questions? Interested? Call her at 585/259-2621.



OH, NO!

WHY DID WE HAVE TO CANCEL THAT CLASS?

Sometimes courses are canceled because
people wait too long to register.

Please register early to avoid disappointment!

YOUTH & TEEN

Bravo! Creative Arts theatre programming is run in partnership with the Penfield, Perinton & Pittsford Recreation departments. **Program fees cover rehearsals at all participating Community Centers.**

- The Penfield Community Center is located at 1985 Baird Rd. in Penfield.
- The Perinton Community Center is located at 1350 Turk Hill Rd. in Fairport.
- The Pittsford Community Center (PCC) is located at 35 Lincoln Ave. in Pittsford.

For more information on Bravo Creative Arts please email bravocreativeartsproductions@gmail.com.

Broadway Babies Fairytale Theatre: Frozen

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|-------------|-------------|------|
| 110510-01 | Mon | Jan 5-Feb 2 | 5:30-6:00PM | \$75 |
| | Wed | Jan 7-Feb 4 | 5:00-5:30PM | |

Ages 4-7 Perinton Community Center

Attention all princesses and princes! Come join us for our exciting new "Fairytale Theatre" class. Kids will have a wonderful time bringing a fairytale to life through storytelling, music, and movement. They will also use props, costumes, and sets for a final performance with friends and family. Don't miss out on this unforgettable magical experience!

Broadway Babies Fairytale Theatre: Cinderella

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|-------------|------|
| 210510-01 | Mon | Apr 27-May 18 | 5:00-5:30PM | \$75 |
| | Wed | Apr 29-May 20 | 5:00-5:30PM | |

Ages 4-7 Perinton Community Center

Attention all princesses and princes! Come join us for our exciting new "Fairytale Theatre" class. Kids will have a wonderful time bringing a fairytale to life through storytelling, music, and movement. They will also use props, costumes, and sets for a final performance with friends and family. Don't miss out on this unforgettable magical experience!



Journey of the Noble Gnarble

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|-----------------|---|
| 110515-01 | Wed | Jan 7-Feb 4 | 5:30-6:30PM | \$250 |
| | Sat | Jan 10-Feb 21 | 11:00AM-12:00PM | |
| | | | | Perinton Community Center PCC Rm 215 & 216 |

Ages 5-10

The ocean floor is filled with the rarest of creatures, but none are as rare as gnarbles. Their fins are small, their tails are floppy, and they have never strayed far from their homes...until now. *Journey of the Noble Gnarble* is a story of a little gnarble with a big dream, who tries to make it past doubting blyfish, sneaky subbalubbles, and hungry plinks on his way to the surface of the sea. Along the way he befriends the glinny glims who teach him the importance of positivity and determination!

Tuition covers classes at all three recs. Families will select which dates work best. Everyone who registers will receive a role and will be assigned Cast A or B based on their availability. Cast members will meet no more than two days a week.

Production week at Penfield:

Mondays 2/23-3/9 from 6:00-7:00PM
Wednesdays 2/25-3/11 from 6:00-7:00PM
Saturdays 2/28-3/14 from 11:00AM-12:00PM

Performances will take place on Saturday, March 14 at 12:00PM & Sunday, March 15 at 2:00PM at the Penfield Community Center.

No rehearsal Feb 11 & 18

Disney's Aladdin KIDS

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|--------------|--|
| 110516-01 | Fri | Jan 9-Feb 27 | 5:00-6:30PM | \$250 |
| | Sat | Jan 10-Feb 28 | 12:00-1:30PM | |
| | Sun | Jan 11-Feb 22 | 12:00-2:00PM | |
| | | | | Perinton Community Center PCC Rm 215 & 216 Penfield Community Center |

Ages 7-13

When the street urchin, Aladdin, vies for the attention of the beautiful princess, Jasmine, he uses a genie's magic power to become a prince in order to marry her. With expanded characters, new songs, and more thrills, this new adaptation of the beloved story will open up "a whole new world" for your young performers!

Tuition covers classes at all three recs. Families will select which dates work best. Everyone who registers will receive a role and will be assigned Cast A or B based on their availability. Cast members will meet no more than two days a week.

Production week at Penfield:

Sundays 3/1-3/8 from 12:00-2:00PM
Mondays 2/23-3/9 from 6:30-8:00PM
Fridays 3/6-3/13 from 5:00-6:30PM
Saturday 3/7 from 12:30-1:30PM

Performances will take place on Saturday March 14 at 2:00PM & 7:30PM at the Penfield Community Center.

No rehearsal Feb 20

YOUTH & TEEN

Disney's Aladdin JR.

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|-------------|-------|
| 110518-01 | Fri | Jan 9-Feb 27 | 6:30-8:00PM | \$250 |
| | Sat | Jan 10-Feb 28 | 1:30-3:00PM | |
| | Sun | Jan 11-Feb 22 | 2:00-4:00PM | |

Perinton Community Center
PCC Rm 215 & 216
Penfield Community Center

Ages 13-18

The story you know and love has been given the royal treatment! Aladdin and his three friends, Babkak, Omar, and Kassim, are down on their luck until Aladdin discovers a magic lamp and the Genie who has the power to grant three wishes. Wanting to earn the respect of the princess, Jasmine, Aladdin embarks on an adventure that will test his will and his moral character. With expanded characters, new songs, and more thrills, this new adaptation of the beloved story will open up "a whole new world" for your young performers!

Tuition covers classes at all three recs. Families will select which dates work best. Everyone who registers will receive a role and will be assigned Cast A or B based on their availability. Cast members will meet no more than two days a week.

Production week at Penfield:

Sundays 3/1-3/8 from 2:00-4:00PM

Wednesdays 2/25-3/11 from 6:30-8:00PM

Fridays 3/6-3/13 from 6:30-8:00PM

Saturday 3/7 from 1:30-3:00PM

Performances will take place on Saturday, March 14 at 5:00PM & Sunday, March 15 at 5:00PM at the Penfield Community Center.

No rehearsal Feb 20

Winter Break Theatre Camp: Wicked

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|---------|-----------|---------------|-------|
| 110517-01 | Mon-Fri | Feb 16-20 | 9:00AM-3:30PM | \$200 |
| | | | Extended Day | |
| 110517-02 | Mon-Fri | Feb 16-20 | 8:30AM-4:30PM | \$280 |

Perinton Community Center

Ages 5-14

BACK BY POPULAR DEMAND! Friendship and being true to yourself are the highlighted themes of this camp while exploring the music and story of the hit musical *Wicked*. Family and friends will also have the opportunity to get wicked along with the campers at the final performance on the last day of camp.

*Campers will need a packed lunch, filled water bottle, and 2 snacks each day.

*Campers should wear comfortable clothing and shoes that permit movement and dancing.

Improv

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|-------------|-------------|-------|
| 110522-01 | Mon | Jan 5-Feb 2 | 6:00-7:00PM | \$100 |
| | Wed | Jan 7-Feb 4 | 6:30-7:30PM | |

Ages 8-14
Perinton Community Center

This class provides a fun and supportive environment for students to learn the basics of improvisational acting, storytelling, and stagecraft. Help your child unlock their creative voice, learn to work collaboratively with others, and build new friendships.

With an emphasis on positivity, students learn the skills of public speaking, accepting and celebrating mistakes, making bold choices and trusting their instincts, being a team player, thinking quicker on their feet, active listening, and more! The class culminates in an open class for friends and family to attend.

No experience required.

Press Start

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|-----------------|-------|
| 210515-01 | Sat | Apr 11-May 30 | 11:00AM-12:00PM | \$250 |
| | Wed | Apr 29-May 27 | 5:30-6:30PM | |

PCC Rm 215 & 216
Perinton Community Center

Ages 5-11

Press Start transports us inside the bright, pixelated world of video games! When the famous characters we know and love run out of lives, they decide to put on a musical fundraiser that will help them raise gold rings and play on. Through hilarious and heartfelt musical numbers we see the heroes, villains and sidekicks like we've never seen them before. But when things go terribly awry, it's the quiet sidekick Little Mushroom who must find the hero within to help save the day!

Tuition covers classes at all three recs. Families will select which dates work best. Everyone who registers will receive a role and will be assigned Cast A or B based on their availability. Cast members will meet no more than two days a week.

Production week at Penfield:

Mondays 6/1-6/8 from 5:30-6:30PM

Wednesdays 6/3-6/10 from 5:30-6:30PM

Saturday 6/6 from 11:00AM-12:00PM

Saturday 6/13 from 4:00-6:00PM

Performance will take place on Saturday, June 13 at 6:00PM at the Penfield Community Center.



YOUTH & TEEN

Olympus: The Greek Rock Musical

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|---------------------------|-------|
| 210516-01 | Sat | Apr 11-May 30 | 12:00-1:30PM | \$250 |
| | | | PCC Rm 215 & 216 | |
| | Sun | Apr 12-May 31 | 12:00-2:00PM | |
| | | | Penfield Community Center | |
| | Fri | May 1-29 | 5:00-6:30PM | |
| | | | Perinton Community Center | |

Ages 7-14

Olympus is a laugh-out-loud rock musical where ancient myths meet modern mischief! The Greek gods, tired of their immortal routines, spark a competition to meddle with mortals and prove who's the greatest greek god of all time. When a group of modern-day cousins set off on a hike to "Olympus Overlook," they have no idea they're about to be tested by ancient deities. With catchy songs, heartfelt moments, and plenty of laughs, *Olympus* is a mythic adventure about family, connection, and discovering that the real view from the top is the one you share together.

Tuition covers classes at all three recs. Families will select which dates work best. Everyone who registers will receive a role and will be assigned Cast A or B based on their availability. Cast members will meet no more than two days a week.

Production week at Penfield:

Tuesdays 6/2-6/16 from 5:00-7:00PM

Thursdays 6/4-6/18 from 5:00-7:00PM

Fridays 6/5-6/12 from 5:00-6:30PM

Monday 6/15 from 5:00-7:00PM

Performances will take place on Friday, June 19 at 6:00PM & Saturday, June 20 at 2:00PM at the Penfield Community Center.



The Lightning Thief The Percy Jackson Musical

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|---------------------------|-------|
| 210518-01 | Sat | Apr 11-May 30 | 1:30-3:00PM | \$250 |
| | | | PCC Rm 215 & 216 | |
| | Sun | Apr 12-May 31 | 2:00-4:00PM | |
| | | | Penfield Community Center | |
| | Fri | May 1-29 | 6:30-8:00PM | |
| | | | Perinton Community Center | |

Ages 13-18

As the half-blood son of a Greek god, Percy Jackson has newly-discovered powers he can't control, a destiny he doesn't want, and a mythology textbook's worth of monsters on his trail. When Zeus's master lightning bolt is stolen and Percy becomes the prime suspect, he has to find and return the bolt to prove his innocence and prevent a war between the gods. But to succeed on his quest, Percy will have to do more than catch the thief. He must travel to the Underworld and back; solve the riddle of the Oracle, which warns him of betrayal by a friend; and come to terms with the father who abandoned him.

Tuition covers classes at all three recs. Families will select which dates work best. Everyone who registers will receive a role and will be assigned Cast A or B based on their availability. Cast members will meet no more than two days a week.

Production week at Penfield:

Tuesdays 6/2-6/16 from 6:00-8:00PM

Thursdays 6/4-6/18 from 6:00-8:00PM

Fridays 6/5-6/12 from 6:00-8:00PM

Monday 6/15 from 6:00-8:00PM

Performances will take place on Friday, June 19 at 8:00PM & Saturday, June 20 at 6:00PM at the Penfield Community Center.

Improv

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|-------------|-------|
| 210522-01 | Mon | Apr 27-May 18 | 5:30-6:30PM | \$100 |
| | Wed | Apr 29-May 20 | 6:30-7:30PM | |

Ages 8-14

Perinton Community Center

This class provides a fun and supportive environment for students to learn the basics of improvisational acting, storytelling, and stagecraft. Help your child unlock their creative voice, learn to work collaboratively with others, and build new friendships.

With an emphasis on positivity, students learn the skills of public speaking, accepting and celebrating mistakes, making bold choices and trusting their instincts, being a team player, thinking quicker on their feet, active listening, and more! The class culminates in an open class for friends and family to attend.

No experience required. This class can be taken multiple times.

YOUTH & TEEN

Spring Break Theatre Camp:

KPop Demon Hunters Camp

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|---------|--------------|--------------------------------|-------|
| 210517-01 | Mon-Fri | Mar 30-Apr 3 | 9:00AM-3:30PM | \$200 |
| | | | Extended Day | |
| 210517-02 | Mon-Fri | Mar 30-Apr 3 | 8:30AM-4:30PM | \$280 |
| Ages 5-14 | | | Perinton Community Center 208B | |

Step into the world of K-Pop Demon Hunters, where every camper becomes part of the idol squad. The mission is to crack the demon's code and collect power crystals before the portal opens, craft magical charms to keep the hunters safe on tour, test their knowledge of the idols' voices in a high-energy quiz, and brew glowing aura potions to uncover hidden demon energy. Campers will train as a team, face mysterious challenges, and discover that friendship and music are the ultimate weapons against the darkness!

Summer Theater Camps

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|------------------------------------|---------|--------------|---------------------------|-------|
| Taylor Swift Camp | | | | |
| 310515-01 | Mon-Fri | Jun 29-Jul 3 | 9:00AM-3:30PM | \$200 |
| 310515-02 | Mon-Fri | Jun 29-Jul 3 | 8:30AM-4:30PM | \$280 |
| Shrek The Musical JR. | | | | |
| 310515-03 | Mon-Fri | Jul 6-17 | 9:00AM-3:30PM | \$400 |
| 310515-04 | Mon-Fri | Jul 6-17 | 8:30AM-4:30PM | \$480 |
| Roald Dahl's Willy Wonka JR | | | | |
| 310515-05 | Mon-Fri | Jul 20-31 | 9:00AM-3:30PM | \$400 |
| 310515-06 | Mon-Fri | Jul 20-31 | 8:30AM-4:30PM | \$480 |
| Disney's Mary Poppins JR | | | | |
| 310515-07 | Mon-Fri | Aug 3-14 | 9:00AM-3:30PM | \$400 |
| 310515-08 | Mon-Fri | Aug 3-14 | 8:30AM-4:30PM | \$480 |
| Disney's Moana JR | | | | |
| 310515-09 | Mon-Fri | Aug 17-28 | 9:00AM-3:30PM | \$400 |
| 310515-10 | Mon-Fri | Aug 17-28 | 8:30AM-4:30PM | \$480 |
| Ages 5-14 | | | Perinton Community Center | |

This program provides focused acting, singing, movement/dance and technical theatre training all within the rehearsal process. Perfect for children that love theatre or have a desire to see what it's all about! We'll also be focusing on creating sets, props, and costumes throughout the day.

Performances:

Taylor Swift Camp: 7/2 at 6:00PM and 7/3 at 3:00PM

Shrek The Musical JR: 7/16 at 6:00PM and 7/17 at 2:00PM & 5:00PM

Roald Dahl's Willy Wonka JR: 7/30 at 6:00PM and 7/31 at 2:00PM & 5:00PM

Disney's Mary Poppins JR: 8/13 at 6:00PM and 8/14 at 2:00PM & 5:00PM

Disney's Moana JR: 8/27 at 6:00PM and 8/28 at 2:00PM & 5:00PM

*Campers will need a packed lunch, filled water bottle, and 2 snacks each day.

*Campers will stay through on Performance days.

*Campers should wear comfortable clothing and shoes that permits movement and dancing.

Location: Perinton Community Center (1350 Turk Hill Rd. in Fairport).

The Addams Family

Bravo! Creative Arts: Edward Rocha, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------------|---------------------------|-------|
| 310516-01 | Wed | Jul 1-Aug 26 | 5:30-7:30PM | \$250 |
| | Wed | Sep 2-23 | 6:00-8:00PM | |
| | Mon | Sep 14-21 | 6:00-8:00PM | |
| | Fri | Sep 4-25 | 6:00-8:00PM | |
| | | | Perinton Community Center | |
| | | | Penfield Community Center | |
| | | | Penfield Community Center | |
| | | | Penfield Community Center | |

Ages 13-18

The Addams Family, a comical feast that embraces the wackiness in every family, features an original story and a dilemma that's every father's nightmare: Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family—a man her parents have never met. And if that wasn't upsetting enough, Wednesday confides in her father and begs him not to tell her mother. Now, Gomez Addams must do something he's never done before—keep a secret from his beloved wife, Morticia. Everything will change for the whole family on the fateful night they host a dinner for Wednesday's "normal" boyfriend and his parents.

Tuition covers classes at all three recs. Families will select which dates work best. Everyone who registers will receive a role and will be assigned Cast A or B based on their availability. Cast members will meet no more than two days a week.

Performances will take place on Saturday, September 26 at 2:00PM and 7:00PM and Sunday, September 27 at 4:00PM at the Penfield Community Center.

Education

NEW!

Teen Book Nook

Recreation Staff

| Reg. No. | Day | Date | Time | Fee |
|-----------------------------------|-----|-------|-------------|-----------|
| 110976-01 | Wed | Mar 4 | 6:00-7:30PM | No Fee |
| <i>The Summer I Turned Pretty</i> | | | | |
| Ages 13-16 | | | | PCC Rm 19 |

Calling all book-loving teens! Join our Teen Book Nook to dive into exciting reads, share your thoughts, and meet other young readers in a fun and welcoming space. Each season, we'll explore a new book—ranging from thrilling adventures and fantasy to thought-provoking contemporary stories.

Whether you're a passionate reader or just getting started, this club is a great way to connect, discuss big ideas, and build your love for reading. No fee but please obtain a copy of the book on your own. Registration is encouraged but not required.

Book: *The Summer I Turned Pretty* by Jenny Han.

YOUTH & TEEN

Robot Builders

Brooklyn Robot Foundry, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------------|-------------|------------|
| 110971-01 | Tue | Jan 6-Feb 10 | 6:00-7:00PM | \$225 |
| Ages 5-7 | | | | PCC Rm 206 |

In this immersive class, students will get to build and take home a new robot each week! We're talking whimsical robots that light up, drive, wiggle, float, spin, or do something else that kids love! STEAM learning is the core of this amazing hands-on class but it's the emphasis on fun and creativity that make it such a popular program. No previous robot building experience required.

Robot Inventors

Brooklyn Robot Foundry, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------------|-------------|------------|
| 110969-01 | Mon | Jan 26-Mar 9 | 6:00-7:00PM | \$225 |
| Ages 9-12 | | | | PCC Rm 206 |

Engineering and creativity combine for this amazing hands-on robot building class. Each week students will be introduced to new components and engineering fundamentals as they build whimsical new robots of their own which they will take home at the end of class. Imaginations are sparked, failure is welcome, and uniqueness is encouraged as students gain confidence and share an abundance of laughs together.

No class Feb 16

First Aid for Kids

EPIC Trainings, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|---------------|------------|
| 111416-01 | Sat | Jan 17 | 10:00-11:30AM | \$29 |
| Ages 8-14 | | | | PCC Rm 204 |

This course teaches 8-14-year-olds the skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains and breaks and treatment for heat and cold emergencies. To help participants better understand common medical conditions that their friends may suffer from, we will also cover the following: food allergies, diabetes, seizures and asthma. This course helps meet requirements for many Boy/Girl Scout badges.

Babysitters Training

EPIC Trainings, Instructor

| Reg. No. | Day | Date | Time | Fee |
|------------|-----|--------|----------------|------------|
| 111405-01 | Mon | Jan 19 | 11:00AM-4:00PM | \$72 |
| Ages 11-15 | | | | PCC Rm 204 |

Taught through classroom discussion, instructor-led lecture and supplemented by an interactive video presentation; this 5-hour class, for boys/girls ages 11-15, teaches participants the roles and responsibilities of a babysitter including skills in: accident prevention, first aid and abdominal thrusts for choking victims.

Each student will receive a workbook and a certification card upon completion. Students are asked to bring a SASE (self addressed, stamped envelope) to class along with a bagged lunch.

Home Alone Safety

EPIC Trainings, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|--------------|------------|
| 111406-01 | Mon | Jan 19 | 9:00-10:30AM | \$42 |
| Ages 7-12 | | | | PCC Rm 204 |

This 2-hour class designed to teach children ages 7-12, who are home alone, the importance of behaving responsibly. Topics include but are not limited to: basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety and how to react during a variety of miscellaneous emergencies such as power outages and fires. Knowing when your child is ready to stay home alone is a difficult decision; preparation can make the transition much easier for you and your child.

Kid's Fun Spanish Class

Zoom Into Spanish - Lourdes de la Colina-Scofield, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------------|--------------|------------|
| 110903-01 | Mon | Jan 26-Mar 2 | 4:00-4:45 PM | \$118 |
| Ages 6-10 | | | | PCC Rm 206 |

Unlock your child's potential with Spanish! Research shows the brain benefits from learning a second language.

A playful and educational Spanish course designed for kids! Taught by a native Spanish speaker, each 5-class series features weekly themed activities that make learning fun. Kids build vocabulary, practice basic conversation, and strengthen their brains through language. The final class wraps up with a lively Hispanic-themed celebration! Every 5-days Program come with different themes. NOTE to parents: Please plan on picking up your children no later than 4:45PM. Thanks!

No class Feb 16

SAT/ACT Boot Camp

Chariot Learning, Instructor

| Reg. No. | Day | Date | Time | Fee |
|------------|---------|-----------|-------------|------------|
| 110904-01 | Tue-Thu | Feb 24-26 | 3:30-5:30PM | \$200 |
| Ages 15-18 | | | | PCC Rm 204 |

Build a powerful foundation for SAT and ACT success in just 6 hours! Taught by Chariot Learning - Upstate New York's most well-known and respected test prep organization. This SAT/ACT Boot Camp provides a thorough review of the essential reading, writing, math, and test taking skills and strategies for the most current versions of both exams. Pack your calculator and come ready to learn!

Learn more about Chariot Learning at www.chariotlearning.com

Dance

Pittsford Ballet Pre-Ballet

Karen Hanson, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------------|-------------|------------|
| 110401-01 | Fri | Jan 9-Mar 20 | 4:30-5:15PM | \$120 |
| Ages 5-6 | | | | PCC Rm 218 |
| 110401-02 | Fri | Jan 9-Mar 20 | 5:30-6:15PM | \$120 |
| Ages 6-7 | | | | |

Based on Royal Academy Syllabus. Introduction to simple ballet movements, moving with music and imaginative mime. Registrant must provide a plain black or light blue leotard, pink tights and pink ballet slippers and hair pinned up securely. No skirts please.

No class Feb 20

YOUTH & TEEN

Pittsford Ballet School

Karen Hanson, Instructor

Jan 5-Mar 21

| Reg. No. | Day | Level | Time | Fee |
|-----------|-----|-----------------------|--------------|-------|
| 140402-01 | Sat | Beg. Only | 1 hr class | \$130 |
| 140402-02 | | 1 class/week | 1.5 hr class | \$140 |
| 140402-03 | | 2 classes/week | 1.5 hr class | \$275 |
| 140402-04 | | 3 classes/week | 1.5 hr class | \$405 |
| 140402-05 | | 4 classes/week | 1.5 hr class | \$530 |
| 140402-06 | | 5 classes/week | 1.5 hr class | \$650 |
| 140402-07 | | 1 class/week-pointe | .5 hr class | \$44 |
| 140402-08 | | 2 classes/week-pointe | .5 hr class | \$88 |
| 140402-09 | | 3 classes/week-pointe | .5 hr class | \$132 |
| 140402-10 | | single class | | \$16 |
| 140402-11 | | single pointe class | | \$6 |

****YOUTH**** (ages 8 - 18)

| | | | |
|-----|-----------------------|---------------|--------------|
| Mon | Advanced Beginner | 4:30-6:00PM | Ages 9 & Up |
| Mon | Intermediate/Advanced | 8:00-9:30PM | Ages 14 & Up |
| Tue | Intermediate | 4:00-5:30PM | Ages 11 & Up |
| Tue | Pointe | 5:30-6:00PM | Ages 12 & Up |
| Thu | Intermediate | 4:30-6:00PM | Ages 11 & Up |
| Thu | Pointe | 6:00-6:30PM | Ages 12 & Up |
| Sat | Beginners class | 10:15-11:15AM | Ages 8 & Up |
| Sat | Advanced Beginner | 11:30AM-1PM | Ages 9 & Up |
| Sat | Intermediate/Advanced | 1:15-2:45PM | Ages 13 & Up |
| Sat | Pointe | 2:45-3:15PM | Ages 12 & Up |

PCC Rm 218

Registrants must provide plain black leotards, pink tights, pink ballet slippers, and have hair pinned up securely.

--Advanced Beginner: minimum 1 year of training

--Intermediate: minimum 3 years of training

--Advanced: minimum 5 years of training

Recommend youth Advanced/Beginner enroll in 2 classes/week (unless provisions are made with the instructor). Pointe may be taken with permission of instructor.

No class Jan 19 & Feb 16-21



Dance Camp

Katie Elizabeth, Instructor

| Session | Reg. No. | Day | Date | Time | Fee |
|---------------|-----------|---------|-----------|----------------|-------|
| Full Day Camp | 110450-01 | Mon-Fri | Feb 16-20 | 9:00AM-3:00PM | \$230 |
| Half Day Camp | 110450-02 | Mon-Fri | Feb 16-20 | 9:00AM-12:00PM | \$150 |
| Half Day Camp | 110450-03 | Mon-Fri | Feb 16-20 | 12:00-3:00PM | \$150 |

Ages 4-8

PCC Rm 216 & 208

A 5-day dance camp offering all styles of dance including ballet, jazz, tap, contemporary, salsa, hip hop and much more. The children will have the chance to dance, make crafts and perform in a dance show on the last day. Suitable for all abilities beginner-advanced

Irish Dance with Dunleavy

Amy Coppola ADCRG, Instructor

| Reg. No. | Day | Date | Time | Fee |
|----------------------|-----|-------------|-------------|-------|
| Intro to Irish Dance | | | | |
| 110432-01 | Wed | Jan 7-Mar 4 | 4:15-5:00PM | \$140 |
| Beginner Irish Dance | | | | |
| 110432-02 | Wed | Jan 7-Mar 4 | 4:15-5:15PM | \$160 |

Ages 4-14

PCC Rm 215

Intro to Irish Dance: This class is perfect for anyone who wants to give Irish dance a try! In this fun class we will learn the fundamentals of Irish dance while focusing on the Skips and the Light Jig. Please wear socks, shorts and a t-shirt and pull long hair back into a ponytail or bun.

Beginner Irish Dance: Dancers who have mastered the Skips and the Light Jig are welcome to move into the Beginner Irish Dance class to focus on the Reel and Slip Jig.

No class Feb 18

Creative Dance & Movement

Jessica Pereyra - City Twirlers, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------------|-------------|------------|
| 110332-01 | Fri | Jan 9-Mar 20 | 3:15-4:00PM | \$130 |
| Ages 3-5 | | | | PCC Rm 215 |
| 110332-02 | Fri | Jan 9-Mar 20 | 4:05-5:05PM | \$130 |
| Ages 6-15 | | | | PCC Rm 215 |

Looking for a fun and enriching activity your child will love? In this lively class, students will learn energetic dance routines set to a variety of Latin music styles--while picking up Spanish language skills along the way! Each week brings exciting choreography and creative props like batons, musical instruments, scarves, and more.

The class wraps up with an optional final performance for family and friends. It's a joyful way to build confidence, coordination, and cultural awareness!

No class Feb 6 & 20

Parent Night Out at Studio East

Studio East Dance, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|-------------|------|
| 111404-01 | Sat | Jan 17 | 5:30-7:30PM | \$25 |
| 111404-02 | Sat | Feb 21 | 5:30-7:30PM | \$25 |
| 111404-03 | Sat | Mar 14 | 5:30-7:30PM | \$25 |

Ages 3-12 years old

Studio East Dance Company

Treat yourself to a night out while your kids have a blast at our Parent Night Out event. No dance experience needed. Kids will enjoy a movie on our projector screen with popcorn and drink. We will watch part of the movie, dance to fun music, have fun with an obstacle course, play games and meet new friends. Students can bring sleeping bags, pillows and blankets for the movie.

Athletics & Wellness

Running Club Winterized

Mary Slaughter, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|-------------|------|
| 141299-01 | Tue | Jan 20-Mar 10 | 5:45-6:30PM | \$99 |

Ages 5-10

PCC Gym

Extra weeks in Winter session to be empowered through ninja warrior-style obstacle courses for agility plus indoor fun runs and races! Track and beat your own time with proper running techniques! Have fun with some of our famous running games like "break the tape" while friends cheer you on! Chase away the winter boredom with NYSCA Coach Mary and friends!

No class Feb 17 & 24

Register Online At: www.townofpittsford.org

YOUTH & TEEN

Semi-Private Gymnastics & Parkour

Mary Slaughter, Instructor

| Reg. No. | Day | Date | Time | Fee |
|------------|-----|---------------|---------------|------|
| 111296-01 | Tue | Jan 20-Mar 10 | 3:50-4:20PM | \$99 |
| Ages 3-7 | | | | |
| 111296-02 | Tue | Jan 20-Mar 10 | 4:20-4:55PM | \$99 |
| Ages 4-9 | | | | |
| 111296-03 | Tue | Jan 20-Mar 10 | 4:55-5:30PM | \$99 |
| Ages 5-10 | | | | |
| 111296-04 | Sat | Jan 17-Feb 7 | 10:15-10:45AM | \$79 |
| Ages 3.5-7 | | | | |
| 111296-05 | Sat | Jan 17-Feb 7 | 10:45-11:15AM | \$79 |
| Ages 6-10 | | | | |
| PCC Rm 217 | | | | |

Climbing the walls? Try gymnastics or Parkour! Join Coach Mary, safety-certified, former Head Coach, for fundamentals at every developmental level plus many cross-over skills good for all sports! Get strong while upside down in handstands, jumping to vault over the stack-mats and balancing on beams! These smaller-capacity classes offer unique and specific skill-building with strengthening coordination and flexibility!

No class Feb 17 & 24

FIT Kids: Fencers in Training (PRE)

Rochester Fencing Club Coach, Instructor

| Reg. No. | Day | Date | Time | Fee |
|------------------------|-----|-------------|-------------|------|
| 141203-01 | Wed | Jan 7-28 | 4:00-4:45PM | \$65 |
| 141203-02 | Wed | Feb 4-Mar 4 | 4:00-4:45PM | \$65 |
| Ages 4-7 | | | | |
| Rochester Fencing Club | | | | |

Come play pirate and other fun games in this safe introduction to the sport of fencing. Start with warm up, obstacle courses, and skill building activities to develop focus, agility, balance and eye/hand coordination. Children experience the thrill of sword play in the context of a structured class and build self-confidence using specialized plastic foils, chest plates, and masks. Geared for the short attention span of little ones. Sneakers required.

Due to USA Fencing regulations, we must register all participants with USA Fencing. Registrations completed in this session will last until Aug 2026. Please bring \$10 to your first class if you need to be registered with USA Fencing. Please contact us at info@rocfencing.com if you have questions.

Rochester Fencing Club is located at 3335 Brighton-Henrietta Town Line Rd. in Henrietta.

No class Feb 18

Indoor Junior Tennis

Jeff Wagstaff, Instructor

| Reg. No. | Day | Date | Time | Fee |
|---------------------|-----|--------------|-------------|-------|
| 111211-01 | Wed | Jan 7-Feb 4 | 4:00-6:00PM | \$250 |
| 111211-02 | Sun | Jan 11-Feb 8 | 2:00-4:00PM | \$250 |
| Ages 8-18 | | | | |
| Mendon Racquet Club | | | | |

This concentrated tennis program is committed to the development of junior tennis. Classes are designed so that each player receives individual attention, based on his or her natural style. Each student is encouraged to reach his/her greatest potential by experiencing competitive drills designed to teach students to react instinctively to the ball. For more information contact Jeff Wagstaff at 329-8897.

Mendon Racquet Club is located at 80 Topspin Dr. in Pittsford.



Soccer Shots for Youth

Soccer Shots Staff, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|-------------|-------|
| 111254-03 | Thu | Jan 15-Mar 12 | 6:40-7:25PM | \$140 |
| PCC Gym | | | | |

Soccer Shots is a national program teaching children the beautiful game of soccer. Using creative and imaginative games, sessions focus on basic soccer skills like dribbling, passing, and shooting. Our Soccer Shots coaches are energetic and enthusiastic, are great teachers, and love working with children. We not only teach soccer skills – we develop balance, coordination and agility. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport.

Pittsford Community Center is located at 35 Lincoln Ave.

No class Feb 19

Edge11 Elementary Soccer Academy

Edge11 Soccer Staff, Instructor

| Reg. No. | Day | Grades | Time | Fee |
|-----------|-----|-------------|-------------|-------|
| 111272-01 | Sun | Feb 1-Mar 8 | 4:00-5:00PM | \$150 |
| Ages 7-10 | | | | |
| PCC Gym | | | | |

The Edge11 Elementary Soccer Academy is designed to promote every player's technique and individual skill. In a progressive manner, participants will learn the coordination and basic motor patterns used to solve soccer-specific situations. Choosing the most effective solutions to these situations requires a high degree of ball mastery and wide range of motor skills in competitive levels of soccer. Edge11 Elementary Soccer Academy will teach these skills through a variety of catered, progressive and purposeful soccer activities. Our goal is for ALL players to master a variety of technical skills and consistently perform them in an adaptive and flexible manner.

No class Feb 15



YOUTH & TEEN

Semi-Private Basketball Instruction

Glenn Anderson, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-------------------------------------|-----|---------------|-------------|-------|
| Player Evaluation | | | | |
| 111213-00 | Mon | Jan 12 | 7:00-8:00PM | FREE |
| Ages 12-18 | | | | |
| Small Group Training Session | | | | |
| 111213-01 | Mon | Jan 19-Feb 23 | 7:00-8:00PM | \$300 |
| Ages 12-18 | | | | |
| PCC Gym | | | | |

Looking to refine your skills or enhance existing basketball skills before the scholastic season begins? This program will provide middle school and high school players with semi-private training sessions catered to their specific skill set and goals. Participants will collaborate with the instructor to refine their ball handling, form shooting, offensive skill development, agility, and footwork. Players should bring their own ball if possible. The fees reflected above are per person rates. The first class is free, designed for the coach to evaluate each player's skill level and determine if this program is appropriate for the individual.

No class Feb 16

Youth Basketball

Glenn Anderson, Instructor

| Reg. No. | Day | Date | Time | Fee |
|------------------|-----|---------------|-------------|-------|
| 111214-01 | Mon | Jan 19-Feb 9 | 5:45-6:45PM | \$100 |
| 111214-02 | Mon | Feb 23-Mar 16 | 5:45-6:45PM | \$100 |
| Ages 8-12 | | | | |
| PCC Gym | | | | |

This program will teach participants fundamental basketball skills led by current President of the Pennsylvania Basketball Coaches Association, Gold Certified USA Basketball Coach and former Assistant Coach at Pittsford Mendon High School, Glenn Anderson. Participants will focus on ball handling, form shooting, offensive skill development, agility, and footwork. No prior experience is required. Players should bring their own ball if possible.

Youth Conditioning

585 Fitness - Personal Trainer, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------------|-----|---------------|-------------|-------|
| 111273-01 | Mon | Jan 19-Feb 9 | 6:15-7:00PM | \$100 |
| 111273-02 | Mon | Feb 23-Mar 16 | 6:15-7:00PM | \$100 |
| Ages 8-12 | | | | |
| 585 Fitness | | | | |

Are you looking for a new and exciting activity for your child to engage in? Here at 585 Fitness, we are offering the opportunity for your child to join us on Monday evenings for an upbeat, fun, and interactive class that embodies personal growth in a positive atmosphere! With this circuit style class, the participants would be conducting exercise fundamentals with resistance, followed by group-building activities and games.

585 Fitness is located at 50 Office Park Way, Pittsford.



360 Youth Fitness Camp

585 Fitness - Personal Trainer, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------------|-----|---------------|-------------|-------|
| 111274-01 | Wed | Jan 21-Feb 11 | 6:15-7:00PM | \$120 |
| 111274-02 | Wed | Feb 25-Mar 18 | 6:15-7:00PM | \$120 |
| Ages 13-16 | | | | |
| 585 Fitness | | | | |

585 Fitness would love to be a part of your child's growth and progression while leading them into a healthy and active lifestyle. The 585 Fitness 360 Youth Fitness Camp embodies an upbeat and positive atmosphere where your child's fine motor skills and movement patterns are further developed! In this dual instructed fitness camp, the instructors will communicate and demonstrate fundamental resistance training movements while creating an exciting new mindset for the participants that will hopefully translate in their future. Benefits of this program include, but are not limited to, an increase in muscular endurance, strength, muscle tone, a hard-working mindset and a new favorite after school activity to partake in!

585 Fitness is located at 50 Office Park Way, Pittsford.

Intro. to Youth Boxing

585 Fitness - Personal Trainer, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------------|-----|---------------|---------------|-------|
| 141281-01 | Sat | Jan 24-Feb 14 | 10:15-11:00AM | \$125 |
| 141281-02 | Sat | Feb 28-Mar 21 | 10:15-11:00AM | \$125 |
| Ages 8-13 | | | | |
| 585 Fitness | | | | |

Is your child looking for a new favorite activity that teaches discipline, confidence and perseverance while having a fun and engaging time? 585 Fitness would like to invite your child to our new Intro. to Youth Boxing class offered on Saturday mornings! In this class, the participants will be learning fundamentals in striking, footwork, and engaging in group-building activities. Benefits of this program include, but are not limited to, increased hand-eye coordination, stamina, and muscular endurance while participating in an energized class structure while having fun with friends! Please note gloves and hand wraps will be required. Gloves will be supplied; however, hand wraps will need to be bought separately.

585 Fitness is located at 50 Office Park Way, Pittsford.

Martial Arts for Youth-Introductory

James Creighton & Pete Reminicky, Instructors

| Reg. No. | Day | Date | Time | Fee |
|------------------------------------|-----------|--------------|-------------|-------|
| Children's White Belt Class | | | | |
| 110327-01 | Tue | Jan 6-Mar 17 | 6:30-7:15PM | \$129 |
| 110327-02 | Wed | Jan 7-Mar 18 | 6:30-7:15PM | \$129 |
| 110327-03 | Tue & Wed | | | \$199 |
| Ages 7-12 | | | | |
| PCC Rm 218 | | | | |

The Kids White Belt program is the perfect starting point for children new to martial arts, combining physical fitness with valuable life lessons in a fun, supportive environment. Through structured instruction in basic stances, strikes, blocks, and forms, students build strength, coordination, and focus while developing discipline, respect, and perseverance. Each class is carefully designed to prepare students for the next level—Yellow Belt—by instilling strong fundamentals and a solid work ethic. As they work toward belt advancement, kids gain confidence, learn the value of consistent effort, and take pride in their progress—laying the foundation for success both on the mat and in everyday life. Please visit www.creightonmartialarts.com for more information.

No class Feb 17-18



Supporting Youth. Strengthening Families.

For 55 years, Pittsford Youth Services has been the respected leader in providing social work services and counseling to the **youth and families** of Pittsford. PYS was founded in 1969 by a group of local churches and was legally incorporated in 1987 as a nonprofit human services agency. We are committed to enhancing the quality of life of our youth, whether they are burdened by academic, social or emotional issues, thereby helping them to become successful, contributing citizens of our community. The support PYS offers to youth and their families directly impacts a child's overall health and likelihood of success in school and in life.

Our Mission

Pittsford Youth Services, Inc. (PYS) is dedicated to providing youth and their families with confidential, comprehensive and affordable social work and mental health services by licensed professionals in Pittsford and surrounding communities. PYS strives to enhance social and emotional well-being through therapy, advocacy, educational programs and access to community resources.

Our Vision

Pittsford Youth Services seeks to build a strong community where every child feels valued and empowered.

PYS is proud to be the provider of professional social work services for the Pittsford Schools, St. Louis School and at our offices in the Village of Pittsford. All PYS social work staff are New York State **Licensed Master's Level Social Workers (LMSW)** or **Licensed Clinical Social Workers (LCSW)**.

Eligibility: Any youth, ages 5-21 and their families, who live, work, attend school or worship in the town of Pittsford.

Cost: Services in the schools for youth are free. Additional counseling services are available at our offices on 4 South Main Street in the Phoenix Building and at 30 South Main Street in the Village at a cost of \$60/hr. A sliding scale is utilized in working with families who may have limited resources, and services are never denied based upon inability to pay.

Contact: Anyone can make a referral to PYS to request services. Parents may contact their child's teacher, mental health team or the PYS office directly to arrange services. Appointments at the PYS office are available during the day, some evenings and as arranged directly with the social worker.

PYS Services

- Individual and family counseling
- Home visits
- Referrals to outside agencies
- Social-emotional groups
- Grief and loss counseling
- Support of Special Education Services
- Parent education programs
- Skill-based groups

For more information or to learn how you can help,
call 585.264.0604 or visit our website:
www.pittsfordyouthservices.org

Martial Arts for Youth-Intermediate

James Creighton & Pete Reminicky, Instructors

| Reg. No. | Day | Date | Time | Fee |
|--|-----------|--------------|-------------|------------------|
| Children's Yellow & Orange Belt Class | | | | |
| 110327-04 | Tue | Jan 6-Mar 17 | 7:15-8:00PM | \$129 |
| 110327-05 | Wed | Jan 7-Mar 18 | 7:15-8:00PM | \$129 |
| 110327-06 | Tue & Wed | | | \$199 |
| Ages 7-12 | | | | PCC Rm 217 & 218 |

This program is for students who've developed a solid foundation and are ready to take their martial arts training to the next level. This class focuses on refining striking, kicking, and jujitsu techniques, while introducing advanced forms and safe weapon training to improve coordination, strength, and agility. As students work toward earning their Green Belts, they learn the value of discipline, confidence, and perseverance through clear goals and steady effort. With an emphasis on character development, this program helps kids build responsibility, face challenges head-on, and grow into capable martial artists and confident young leaders. Please visit www.creightonmartialarts.com for more information.

No class Feb 17-18

Martial Arts for Youth-Advanced

Children's Green Belt & Above Class

Children's White Belt Class

| Reg. No. | Day | Date | Time | Fee |
|--|-----------|--------------|-------------|------------------|
| Children's Green Belt & Above Class | | | | |
| 110327-07 | Tue | Jan 6-Mar 17 | 8:00-8:45PM | \$129 |
| 110327-08 | Wed | Jan 7-Mar 18 | 8:00-8:45PM | \$129 |
| 110327-09 | Tue & Wed | | | \$199 |
| Ages 8-17 | | | | PCC Rm 217 & 218 |

The Kids Advanced program is designed for Green, Purple, and Brown Belt students who have successfully graduated from the Intermediate level and are now preparing for the journey toward Black Belt. This year-round program sharpens advanced kicking, striking, and self-defense techniques while incorporating ground skills, forms, and focused fitness training. With a challenging yet supportive environment, students build strength, precision, and resilience, continuing to develop their character, discipline, and leadership as they progress through the higher ranks. Please visit www.creightonmartialarts.com for more information.

No class Feb 17-18

Martial Arts Birthday Party

James Creighton, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|---------------|---------|
| 110327-10 | Sat | Jan 10-Mar 21 | 10:45-11:45AM | \$185 |
| Ages 4-17 | | | | PCC Gym |

Celebrate your child's special day with an action-packed martial arts birthday party at the Pittsford Community Center! From 10:45-11:45AM on Saturday, your child and their friends can immerse themselves in an hour of thrilling martial arts activities, culminating in the birthday star breaking a board in front of their awe-struck pals. Priced at just \$185 for a three-hour extravaganza (two hours of party fun and one hour of martial arts). You will be in charge of decorating the room, bringing the party essentials like decorations, paper products, cups, tablecloths, and serving utensils. While we don't provide food, we offer the perfect setting for an unforgettable martial arts-themed birthday bash!

YOUTH & TEEN/ADULT PROGRAMS

Aikido - "Self Defense"

Sensei Paul Gardner - Eastern Sky Aikido, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|----------------|---------------|--------------|-------|
| KIDS | Sat | Jan 10-Mar 21 | 9:00-10:00AM | |
| 110343-01 | One Class | | | \$20 |
| 110343-02 | Four Classes | | | \$70 |
| 110343-03 | All 10 Classes | | | \$145 |

Ages 6-13

Eastern Sky Aikido Dojo

Do you want to be peaceful and calm and kick butt? Aikido is a non-violent, non-competitive, Japanese defensive Martial Art, with the philosophy of self-defense for self-improvement. Remember the Kung-Fu Show or the Steven Seagal Movies? The emphasis of Aikido is the de-escalation of conflict, on and off the mat. We use self-defense techniques to develop focus, discipline, mindfulness, calmness, respect, self-confidence and self-mastery. Aikido calmly uses, redirects and reverses the strength and aggression of the "attacker" to de-escalate conflict. It's not strength, speed nor youth dependent. It's the perfect Martial Art for all, regardless of age, size or athletic abilities. We don't compete against others; we compete against ourselves to develop the best us and the best community. Perfect for a parent and their child or teen or come alone. Come for a class, a month, or a session. All classes are taught by Black Belt instructors. For more information check out: Eastern Sky Aikido or visit our Dojo at the Pittsford Place Mall (3300 Monroe Ave, 1st Floor). Try a free class before registering.

No class Feb 21

A Horse's Friend: Horsemanship

A Horse's Friend, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|---------------|-------|
| 111287-01 | Sat | Jan 3-Feb 7 | 9:00AM-1:00PM | \$260 |
| 111287-02 | Sat | Feb 14-Mar 21 | 9:00AM-1:00PM | \$260 |

Ages 7-14

A Horse's Friend

A Horse's Friend's Horsemanship program introduces children to the world of horses. Participants will learn how to completely care for the horses, while learning that safety is always the most important thing. The program teaches participants how to clean stalls, feed, groom, walk, and ride horses. This is a Western Program. Participants will be taught the parts of Western tack, including the proper way to tack a horse. Children should bring a water bottle and lunch each day.

A Horse's Friend is located at 6565 East River Rd., Rush, NY 14543.



Baton Twirling Lessons

Jessica Pereyra - City Twirlers, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------------|-------------|-------|
| 110376-01 | Fri | Jan 9-Mar 20 | 5:10-6:00PM | \$125 |

Ages 4-17

PCC Rm 215

Baton Twirling is a sport combined with artistic expression, where athletes twirl a baton while dancing to music. Athletes will learn the basic compulsory techniques of baton twirling and develop additional skills as they progress through varying degrees of difficulty and complexity with tricks and dance movements. Jessica Pereyra has taught baton twirling to children of all ages for over 29 years. Come check out this new opportunity and amazing sport of baton twirling! The instructor will have batons available for students to use during class. If students wish to purchase their own baton, a separate fee will apply.

No class Feb 6 & 20

Adult Programs



Mendon Ponds Park Walking Tours

Jack Butler, Docent

| Reg. No. | Day | Date | Time | Fee |
|----------------------------------|-----|--------|--------|--------|
| TOUR #1: "Hidden in Plain Sight" | | | | |
| 121026-01 | Sat | Mar 21 | 9:00AM | No Fee |

Meet at Youth Camping Area Sign - Hopkins Point Rd.

TOUR #2: "MERO-WHAT?"

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|--------|--------|
| 121026-02 | Sat | Mar 21 | 1:00PM | No Fee |

Meet at Lower Devil's Bathtub Parking Lot - Pond Rd.

TOUR #4: "THE MYSTERY OF DOUGLAS ROAD"

| Reg. No. | Day | Date | Time | Fee |
|----------|-----|------|------|-----|
|----------|-----|------|------|-----|

Will be offered in the Spring 2026

Mendon Ponds Park is one of the country's most unique parks and it is right in our backyard! Herman LeRoy Fairchild, Professor Emeritus in the Geology Department at the University of Rochester, first advocated in 1926 for the "Mendon Kames" area to be developed into a state or county park. Two years later, Monroe County began the first of what would become many land purchases to ultimately create the glacial topographic wonder that is known today as Mendon Ponds Park. The Fairchild Walking Tours will cover the history of the park, its glacial formation and geological features such as kettles, kames and eskers. Join us to explore this geological wonder! Small groups will be formed. "Hidden in Plain Sight" is relatively flat. "Mero-What?", "IC!" and "The Mystery of Douglas Road" includes steep, rocky inclines. Must be in good physical health. 2 hrs. / 2 mile Tours. Age 16 & up. Registration is required. Private Tours of Mendon Ponds or Durand Eastman Parks are available by appointment, reach out to jackbutler.email@gmail.com.

ADULT PROGRAMS

Arts, Crafts & Cooking

Custom Crafted Soap

Beth Byrne, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|-------|-------------|------|
| 120202-01 | Mon | Jan 5 | 6:30-8:00PM | \$34 |

Ages 14 & up PCC Rm 19

Make soap easily by starting with a plain, cold-processed soap base. Learn the fundamentals of soap: what it is, a brief history and how it is made, then create your own personalized batch. Just add color, scent and herbs. If you are leery of working with sodium hydroxide, but want real soap, this class is for you.



Basic Cold Process Soap

Beth Byrne, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|-------------|-------------|------|
| 120204-01 | Tue | Jan 20 & 27 | 6:30-8:30PM | \$90 |

Ages 18 & up PCC Rm 19

Learn to make real soap using the popular cold process method. This is a two-class course. Learn theory and safety precautions in the first class and get a list of safety items to bring to the second class. In the second class, make an actual batch of soap to take home!

Shower Scrub

Beth Byrne, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|-------------|------|
| 120205-01 | Tue | Feb 17 | 6:30-8:00PM | \$25 |

Ages 14 & up PCC Rm 19

Learn to make a shower scrub and make it your own with additives such as color, clay and seeds. Add fragrance and take it home!

Bath Fizzies

Beth Byrne, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|-------------|------|
| 120206-01 | Tue | Feb 24 | 6:30-8:00PM | \$25 |

Ages 12 & up PCC Rm 19

Bath Fizzies are among the most popular bath treats today. Learn how to make them yourself and take several home for your own luxurious bath!

Soy Candlemaking Basics

Beth Byrne, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|-------|-------------|------|
| 120208-01 | Mon | Mar 2 | 6:30-8:30PM | \$30 |

Ages 18 & up PCC Rm 19

Soy candles are a popular and sustainable alternative to traditional paraffin candles. Learn the basics and make your own candle to take home!

Handmade Card Classes

Pat Miller, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|--------|-----------------|------|
| 120219-01 | Sat | Jan 17 | 10:00AM-12:30PM | \$40 |
| 120219-02 | Sat | Feb 21 | 10:00AM-12:30PM | \$40 |
| 120219-03 | Sat | Mar 21 | 10:00AM-12:30PM | \$40 |

Ages 14 & up PCC Rm 18

Join Me for a Little Crafting Time! Let's gather, create, and have some fun together. Please remember to bring your favorite crafting basics to each class: glue, paper scissors, and pop-up dimensionals—the essentials for a great time!

January 17: Annual Birthday Bash.

Start the year off with a pile of birthday cards! Your class kit comes with everything you need to craft beautiful cards: High quality cardstock, matching patterned papers, embellishments to add flair and of course envelopes.

February 21: Spring-Inspired Note Cards.

Shake off the chill and dive into color! Craft bright, cheerful spring-inspired cards using the soft colors and fresh designs. It's a fun, hands-on way to recharge and refresh; no passport needed. Your recipients will cherish your creations.

March 21: Fun Folds

Spring into Fun Fold Magic! This class features creative fun folds that are sure to surprise and delight your recipients. Your all-inclusive class kit comes with all the components needed to create something truly special.



Cards & Games

Mah Jongg

Carol Schott, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|-----|---------------|----------------|-------|
| 120806-01 | Tue | Jan 6-Feb 10 | 9:30AM-12:00PM | \$138 |
| 120806-02 | Tue | Feb 17-Mar 17 | 9:30AM-12:00PM | \$115 |

Ages 18 & up PCC Rm 113

This class is perfect for beginners and those looking to enhance their skills! Whether you're new to the game or have some prior experience, this is the course for you. Learn the fundamentals of American Mah Jongg and explore strategic gameplay tactics to elevate your game. Join us for an enriching journey into the world of Mah Jongg!

Please bring your Official 2025 National Mah Jongg League playing card if you have one.

Questions about the class or materials, please contact the instructor at 585-329-3546.

ADULT PROGRAMS

Dance

Pittsford Ballet School

Karen Hanson, Instructor

Jan 5-Mar 21

| Reg. No. | Classes | Duration | Fee |
|-----------|-----------------------|--------------|-------|
| 140402-01 | Sat Beg. Only | 1 hr class | \$130 |
| 140402-02 | 1 class/week | 1.5 hr class | \$140 |
| 140402-03 | 2 classes/week | 1.5 hr class | \$275 |
| 140402-04 | 3 classes/week | 1.5 hr class | \$405 |
| 140402-05 | 4 classes/week | 1.5 hr class | \$530 |
| 140402-06 | 5 classes/week | 1.5 hr class | \$650 |
| 140402-07 | 1 class/week-pointe | .5 hr class | \$44 |
| 140402-08 | 2 classes/week-pointe | .5 hr class | \$88 |
| 140402-09 | 3 classes/week-pointe | .5 hr class | \$132 |
| 140402-10 | single class | | \$16 |
| 140402-11 | single pointe class | | \$6 |

****ADULTS****

| | | | |
|-----|-----------------------|---------------|----------------------------|
| Mon | Intermediate/Advanced | 8:00-9:30PM | Ages 14 & Up |
| Tue | Advanced Beginner | 10:00-11:30AM | Ages 14 & Up |
| Fri | Intermediate | 10:00-11:30AM | Ages 14 & Up PCC Rm 218 |

Registrants must provide plain black leotards, pink tights, pink ballet slippers, and have hair pinned up securely.

--Advanced Beginner: minimum 1 of year training

--Intermediate: minimum 3 years of training

--Advanced: minimum 5 years of training

Recommend youth beginner/advanced enroll in 2 classes/week (unless provisions are made with the instructor).

Pointe may be taken with permission of instructor.

No class Jan 19 & Feb 16-21

Belly Dance

Deborah Robinson, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|---------------|-------------|------------|
| 140406-01 | Tue | Jan 13-Mar 17 | 7:00-8:00PM | \$88 |
| Ages 14 & up | | | | PCC Rm 215 |

Join us and get in on the fun! Belly Dance will have you moving like you never thought you could. While learning this beautiful dance form, you will strengthen and tone your core, and improve your balance, posture, and coordination. Experienced and beginner dancers welcome. No previous dance experience is required. This program is open to all fitness levels. Bring a friend or make a new one and have fun with dance!

No class Feb 10 & 17

Beginner Jazz

Marysol (Sol) Del Carpio, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|---------------|-------------|------------|
| 120404-01 | Wed | Jan 14-Mar 18 | 6:45-7:45PM | \$135 |
| Ages 18 & up | | | | PCC Rm 215 |

This class introduces students to the fundamentals of jazz dance. A variety of concepts and skills will be taught, including basic technique, characteristic jazz movements, coordination, artistic expression, and musicality. Through a combination of warm-up exercises, basic jazz techniques, and the practice of simple choreography, students will develop physical, creative, and expressive skills. Students will also engage in improvisation over a variety of musical styles. The class not only provides an introduction to the world of jazz, but also promotes confidence, creativity, and fun through dance.

No class Feb 18

The Joy of Latin Dance

Marysol (Sol) Del Carpio, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|---------------|-------------|------------|
| 120406-01 | Thu | Jan 15-Mar 19 | 5:45-6:45PM | \$135 |
| Ages 18 & up | | | | PCC Rm 215 |

Dance to the beat of Latin music! This class will take you through vibrant styles like salsa, reggaeton, Latin pop, and Latin jazz--no experience required.

Come dance with us and enjoy the rhythm while enhancing your coordination, flexibility, and energy!

No class Feb 19

Music & Theatre

PRIVATE PIANO LESSONS

Information on page 12.

Stand-up Comedy

Carol Roberts, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|---------------|-------------|------------|
| 120501-01 | Tue | Jan 13-Feb 17 | 6:30-8:00PM | \$160 |
| Ages 18 & up | | | | PCC Rm 107 |

Ever see stand-up comedy and think "I can do that?" Then this class is for you! Newbies and experienced students practice writing techniques and perform routines weekly for the class and receive constructive feedback. Final class is a show (optional) for family and friends. Instructor Carol Roberts has performed with Robin Williams, Paula Poundstone and Ellen DeGeneres and is a former San Francisco Cable Car Entertainer of the Year winner. All folks curious and skeptical are welcome.. Come prepared to laugh. Expect to be encouraged!

Please bring a water bottle, pen and pad.

Whose Class is it Anyway?

Adult Comedy Improv

Carol Roberts, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|---------------|-------------|------------|
| 120502-01 | Thu | Feb 12-Mar 19 | 6:30-8:00PM | \$160 |
| Ages 18 & up | | | | PCC Rm 113 |

Have you ever seen the television show *Whose Line is it Anyway?* and think "I'd like to do that?" Here's your chance! Comedy improv is the art of plugging audience suggestions into easy theater games, the result being at best hilarious or at least entertaining. This experiential workshop consists of playing warm-up and skill-building games followed by the performance games themselves. The class atmosphere is relaxed and supportive.

The instructor, Carol Roberts was a member of the San Francisco improv comedy troupe Femprov, founder/co-director of Between The Lines in NYC, and a member of Rochester's improv troupe "Left for Dead". A former standup comic and winner of the San Francisco Cable Car Entertainer of the Year award, she has worked with Robin Williams, Ellen DeGeneres and Paula Poundstone.

Comedy improv is a good foundation for writing, public speaking, standup comedy, acting, developing a positive attitude and being able to PLAY as an adult! Come prepared to laugh. Beginners and experienced welcome!

Please note: It's okay to miss a class(es).

Final class is a show - always optional.

ADULT PROGRAMS

Opera Beats the Blahs

Opera Guild of Rochester, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--|-----|--------|-------------|-------------------|
| Donizetti's <i>The Elixir of Love</i> | | | | |
| 120511-01 | Sun | Jan 11 | 1:00-5:00PM | \$10 |
| Bellini's <i>Norma</i> | | | | |
| 120511-02 | Sun | Jan 18 | 1:00-5:00PM | \$10 |
| Rossini's <i>La gazza ladra</i> | | | | |
| 120511-03 | Sun | Jan 25 | 1:00-5:00PM | \$10 |
| Verdi's <i>Nabucco</i> | | | | |
| 120511-04 | Sun | Feb 1 | 1:00-5:00PM | \$10 |
| All 4 operas | | | | \$40 |
| Ages 18 & up | | | | PCC Rm 107 |

The Golden Century of Italian Opera.

A series of 4 DVD opera presentations, with cookies and beverages served at intermission. There will be a brief introduction to each opera by a Guild docent. The program begins at 1:00PM and the ending time will vary based on the length of the program (between 3.5-4.5 hours).

All productions will be shown with subtitles and will include the following:

Donizetti's *The Elixir of Love*, with Anna Netrebko and Rolando Villazon, Weiner Staatsoper, 2006, is the charming opera buffa story of the village stalwart, Nemorino, who wins the girl, Adina, against the opposition of a preening army sergeant and his own humility, with the help of a 'magic potion.'

Bellini's *Norma*, with Montserrat Caballe and Jon Vickers, two of the greatest singers of their time, Theatre Antique d'Orange, 1974. Set in Roman times amidst the conflict between the Romans and the Druid people of Britain, this is the tragic story of the Druid High Priestess who has betrayed her vows and her people with a secret lover, the Roman proconsul, Pollione. He betrays her in turn with the young priestess, Adalgisa.

Rossini's *La gazza ladra*, from the Cologne Opera with Ileana Cotrubas and Nucci Condo, 1987, is a semi-serious opera with a happy ending. Fabrizio wishes his son to marry Ninetta, their serving girl, but she is accused of stealing a silver spoon and condemned to death. All is saved, however, when the true culprit is revealed.

Verdi's *Nabucco*, The Metropolitan Opera, with Juan Pons, Maria Guleghina and Samuel Ramey, 2002. This opera, which began Verdi's career, is based on the experience of the Jews in Babylonian Captivity. Full of thrilling scenes, it was wildly popular in Italy at the beginnings of the Risorgimento and gave them their unofficial national anthem, the famous chorus *Va Pensiero*.

Pre-registration is strongly encouraged.

Did you know...

Pittsford Community Center rooms are available for community group meetings. Reservations must be made by a Pittsford resident 48 hours in advance at www.townofpittsford.org, click on "Facility Reservations" scrolling link and complete the reservation process.



Register Online At: www.townofpittsford.org

Education

American Red Cross CPR/AED

EPIC Trainings, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-------------------------|-----|-------|----------------|-------------------|
| 120965-01 | Sat | Mar 7 | 9:00AM-12:00PM | \$68 |
| Ages 18 & up | | | | PCC Rm 204 |

This course teaches how to respond to breathing and cardiac emergencies in adults, children and infants. Both traditional and breathless CPR is taught. Tips provided on heart disease prevention, scene control, patient assessment, CPR integration, AED application and protocol adherence.

This course meets the latest 2010 CPR and ECC Guidelines. (3.5 hours) 2 Certification Cards included.

American Red Cross First Aid

EPIC Trainings, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-------------------------|-----|-------|--------------|-------------------|
| 120966-01 | Sat | Mar 7 | 12:30-2:30PM | \$58 |
| Ages 18 & up | | | | PCC Rm 204 |

Learn to identify and care for bleeding and sudden illness such as: Stroke, Burns and Broken Bones and preventing disease transmission.

This course meets the latest 2010 CPR and ECC Guidelines. (3 hours) 2 Certification Cards included.

Stop the Bleed Training Course

URMC Kessler Trauma Center - Instructor

| Reg. No. | Day | Date | Time | Fee |
|-------------------------|-----|--------|-------------|-------------------|
| 140381-01 | Wed | Feb 11 | 6:00-7:15PM | FREE |
| Ages 16 & up | | | | PCC Rm 204 |

Go from bystander to lifesaver! The Stop the Bleed campaign was initiated by a federal interagency workgroup convened by the National Security Council Staff, The White House. This collaborative effort was led by the American College of Surgeons Committee on Trauma (ACS COT) to bring knowledge of bleeding control to the public and build national resilience. Stop the Bleed courses train the public to save lives through three basic actions to stop life-threatening bleeding following everyday emergencies and natural disasters before help arrives. Advances made by military medicine and research in hemorrhage control during war have informed the work of this initiative which exemplifies translation of knowledge back to the homeland to the benefit of the public.

How to Win as a Buyer in Today's Market

Robert Opet, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-------------------------|-----|--------|-------------|-------------------|
| 120948-01 | Tue | Mar 17 | 7:00-8:15PM | \$10 |
| 120948-02 | | | Couples Fee | \$15 |
| Ages 18 & up | | | | PCC Rm 207 |

Whether you are a new buyer or move-up buyer, you will learn how to avoid the most common mistakes buyers make in today's market. Discussions will include bidding war strategies, inspections, mortgage options, negotiations, and comparable pricing. Learn the value of home warranties and why to avoid the dangers of the dreaded for sale by owner (FSBO).

NEW!

ADULT PROGRAMS

How To Prepare, Stage And Sell Your Home

Robert Opet, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|--------|-------------|------------|
| 120935-01 | Wed | Mar 18 | 7:00-8:15PM | \$10 |
| 120935-02 | | | Couples Fee | \$15 |
| Ages 18 & up | | | | PCC Rm 207 |

This class will show participants how to properly prepare their home for sale in today's real estate market. Staging, pricing and updates will be discussed to obtain the maximum amount of profit in the shortest amount of time for the seller. Discussions will include strategies and tips for inexpensive improvements that can maximize your profits! Thinking of flipping homes? Here is what you need to know before you start.

Dungeons & Dragons 101

Jerry Newhall, Instructor

NEW!

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|--------------|-------------|------------|
| 120975-01 | Mon | Jan 5-Mar 16 | 6:00-8:30PM | \$120 |
| Ages 17 & up | | | | PCC Rm 208 |

Step into a world of imagination, teamwork, and adventure in Dungeons & Dragons 101, a friendly, beginner-focused introduction to the world's most popular role-playing game. Whether you've never rolled a die before or you're an experienced adventurer looking for a group, this program will provide everything you need to dive right in.

Weekly adventures designed to teach the game step-by-step while keeping the focus on fun. Create your own character or use a pre-made character sheet. Miniatures, terrain, and game materials provided each session to bring the fantasy world to life. A series of exciting quests, culminating in an epic, heroic finale. All materials provided. Just bring your imagination!

No class Jan 19 and Feb 16

Inside Scoop on Today's Application Process

Mary Cannon, Board Certified Coach & Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|-------|---------------|------------|
| 120967-01 | Sat | Mar 7 | 10:00-11:00AM | \$20 |
| Ages 16 & up | | | | PCC Rm 208 |

"I'm completely overwhelmed in my job search given all the conflicting advice online. I don't know what to trust." Join Mary, a career coaching expert, to get insight regarding what works. Discuss the ever-changing world of work and application process and her insight regarding effective resumes, search tactics that get an interview, and LinkedIn and interviewing strategies. Her insight will entertain as well as provide strategies that will assist you or a loved one to move forward in both discovering meaningful work and the practical application guidelines to get there. "Her insight goes a long way and now it is all coming together." (I. Hoevers)

WIN College:

The Right School at the Right Price

Paul Celuch, College Assistance Plus Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|--------|---------------|------------|
| 121708-01 | Thu | Jan 15 | 6:30-7:30PM | \$10 |
| 121708-02 | Sat | Feb 28 | 10:00-11:00AM | \$10 |
| Ages 14 & up | | | | PCC Rm 204 |

In this educational presentation, parents will learn valuable tips about the college search, scholarships, the financial process, and New York's Free-Tuition Program for public and private colleges. Most importantly, there will be a discussion on what parents can do to help their children minimize overwhelming student loan debt. For parents of high school students in grades 9-12. Students are welcome.

Becoming a Notary Public-Traditional

Kristin Cavallaro, Instructor

| Reg. No. | Day | Date | Time | Fee |
|---------------------------------------|-----|-----------|---------------|------|
| 110962-01 | Mon | Feb 2 & 9 | 5:30-8:45PM | \$70 |
| 110962-02 | Sat | Feb 7 | 9:00AM-3:45PM | \$70 |
| Zoom-Online Learning | | | | |
| 110962-03 | Sat | Feb 28 | 9:00AM-3:45PM | \$70 |
| Rush Henrietta High School, Henrietta | | | | |
| 110962-04 | Mon | Mar 2 & 9 | 5:30-8:45PM | \$70 |
| Merton Williams Middle School, Hilton | | | | |

Ages 18 & up

Whether you are looking to become a new Notary Public or need a refresher on Notary Law and the duties/responsibilities afforded to you, this is a comprehensive class on the Notary Public License Law. This class will provide all the information necessary to pass the Notary Exam, ways to shield yourself from liability in the execution of your duties, as well as appointment, testing, and renewal policies and procedures. Electronic Notary procedures are not covered in this class.

Electronic Notary Training Class

Kristin Cavallaro, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|--------|-------------|------------------------|
| 110917-01 | Wed | Mar 11 | 5:30-8:45PM | \$52 |
| Ages 18 & up | | | | Zoom - Online Learning |

Effective February 2023, new NYS laws went into Effect that allows for Electronic Notarizations. You may not perform Electronic notarizations unless you have registered the capability to do so with the State. This class will train you on what you need to know to become an Electronic Notary in the State of New York and the policies, procedures and software requirements that are mandated by the State for Electronic Notarizations. Only Electronic Procedures are covered in this class. *This class is only for traditional notaries who want to learn about Electronic notarization and/or students that have already taken the "Becoming a Notary Public-Traditional" class.

Spanish for Adults

Zoom into Spanish: Lourdes de la Colina-Scofield, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|--------------|-----------------|------------|
| Level 1A | | | | |
| 110952-01 | Mon | Jan 26-Mar 2 | 9:30-10:25AM | \$139 |
| Level 1B | | | | |
| 110952-02 | Mon | Jan 26-Mar 2 | 10:30-11:25AM | \$139 |
| Level 2 | | | | |
| 110952-03 | Mon | Jan 26-Mar 2 | 11:30AM-12:25PM | \$139 |
| Ages 18 & up | | | | PCC Rm 206 |

Did you know that Spanish is the second most spoken native language in the world? Research shows that learning a new language, like Spanish, could help improve your cognitive skills and make smarter, stronger brains. Spanish also gives you access to more culture, people, and resources. Come learn with a native Spanish teacher in a fun way! You will learn new vocabulary, basic Spanish and conversation.

Note: Level 1A is for beginners or for those who have basic Spanish knowledge. Level 1B is slightly more advanced and Level 2 is for those who have learned some Spanish before. (For more advanced levels, conversational Spanish, or private lessons please contact Lourdes at 585-371-8212.)

No class Feb 16

ADULT PROGRAMS

Traveler's Spanish Class

Zoom Into Spanish - Lourdes de la Colina-Scofield, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-------------------------|-----|--------------|-----------------|-------------------|
| Part 1 | | | | |
| 110953-01 | Tue | Jan 27-Mar 3 | 5:35-6:30PM | \$139 |
| Part 2 | | | | |
| 110953-02 | Tue | Jan 27-Mar 3 | 11:30AM-12:25PM | \$139 |
| Ages 18 & up | | | | PCC Rm 208 |

Make your next trip unforgettable! Learn essential Spanish and travel-ready vocabulary to connect with locals, navigate new places, and handle everyday situations with ease. Perfect for beginners and casual learners or a refresher of your Spanish knowledge.

This fun, practical course is taught by a native speaker and designed for real-world travel needs—including some of life's little emergencies! Speak with confidence. Travel smarter, not just farther. Enjoy deeper cultural experiences. This course is designed for curious travelers who want more than just sightseeing—it's about meaningful experiences. Please see our programs for Spanish classes to learn more Spanish for personal growth. Or, for private lessons or conversational Spanish, call Lourdes at 585-371-8212.

No class Feb 19-20

Pre-Licensing 5 Hour Course

Jon DelVecchio, Street Skills LLC Driving School Instructor

| Reg. No. | Day | Date | Time | Fee |
|-------------------------|-----|--------|-------------|-----------------------|
| 120919-01 | Wed | Jan 14 | 3:30-8:30PM | \$50 |
| 120919-02 | Wed | Feb 11 | 3:30-8:30PM | \$50 |
| 120919-03 | Wed | Mar 11 | 3:30-8:30PM | \$50 |
| Ages 16 & up | | | | Online Program |

This is the state mandated five-hour pre-licensing course. Students in the course must possess a valid NYS learner's permit to attend. Students will receive their MV-278 certificate required for scheduling a NYS DMV road test. In addition to the basics, students will leave with the knowledge of skills and habits for a lifetime of safe driving. Send the following information ASAP to streetskillsmoto@gmail.com or text to 585-340-7058:

Course date
Student full name
Student phone number
Student email address (check spam folders for messages)
Name and email address of person paying for the course (if different)
Clear photo of permit
Where they found out about the course

Finance for Women: Life after Divorce or Loss

Nicole Newman, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-------------------------|---------|--------------|-------------|-------------------|
| 121773-01 | Tue | Jan 20-Feb 3 | 6:00-7:00PM | \$15 |
| 121773-02 | Tue-Thu | Mar 3-5 | 6:00-7:00PM | \$15 |
| Ages 18 & up | | | | PCC Rm 204 |

This three-day seminar is designed for women navigating major life transitions such as divorce or the loss of a spouse or family member. Led by Nicole Newman, MBA, a fiduciary and investment advisor, this supportive program provides a step-by-step approach to organizing your finances, exploring your options, and building greater financial clarity and confidence. Through expert guidance, practical tools, and a welcoming environment, the seminar aims to equip you with the knowledge and strategies to move forward with a renewed sense of empowerment.

Athletics & Wellness

Martial Arts for Adults

James Creighton, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-------------------------|-----------|--------------|-------------|-------------------|
| 120327-01 | Tue | Jan 6-Mar 17 | 8:00-8:45PM | \$129 |
| 120327-02 | Wed | Jan 7-Mar 18 | 8:00-8:45PM | \$129 |
| 120327-03 | Tue & Wed | | | \$199 |
| Ages 16 & up | | | | PCC Rm 217 |

Our Adult Program is perfect for anyone looking to get in shape, learn effective self-defense, and grow mentally and physically in a supportive, high-energy environment. Open to all fitness levels, this year-round program blends striking and jujitsu-based techniques to build strength, flexibility, and real-world skills. Whether you're just starting or continuing your martial arts journey, each class challenges you to push your limits, reduce stress, and gain confidence—while progressing toward long-term goals like earning your black belt. Please visit www.creightonmartialarts.com for more information.

No class Feb 17-18

Semi-Private Martial Arts Lessons

| Reg. No. | Day | Date | Time | Fee |
|------------------------|-----|-------------------------------|----------------------------------|-------------------|
| 120327-04 | Sat | Jan 10-Feb 7 Feb 14-Mar 21 | 11:30AM-2:30PM 11:00AM-2:00PM | \$100 each |
| Ages 4 & up | | | | PCC Rm 217 |

Private or semi-private martial arts lessons are now offered exclusively for current or past students every Saturday from 11:00AM-2:00PM at the Pittsford Community Center. These one-hour sessions, priced at \$100 per session, are ideal for individuals or small groups (1-3 students) looking for personalized training focused on their specific goals—whether it's belt testing preparation, technique refinement, self-defense, weapons, or sparring. Open to all ages and ranks, these sessions provide focused instruction, flexible scheduling, and a motivating environment to boost confidence, sharpen skills, and fast-track progress. Training sessions must be made by appointment, only. Please visit www.creightonmartialarts.com for more information.

Martial Arts for Women

Tracy Maggio, Instructor

| Reg. No. | Day | Date | Time | Fee |
|-----------|---------------------------------|---------------|--------------|------------|
| 140303-01 | 1 class per week | | | \$45 |
| 140303-02 | Unlimited classes per week | | | \$80 |
| 140303-03 | Instructors & Unlimited classes | | | \$30 |
| | Mon | Jan 5-Mar 16 | 6:00-7:30PM | PCC Rm 216 |
| | Wed | Jan 7-Mar 18 | 6:00-7:30PM | PCC Rm 216 |
| | Sat | Jan 10-Mar 21 | 9:15-10:45AM | PCC Rm 216 |

Ages 12 & up

BEGINNER-ADVANCED. Learn martial arts in a class for women only. Have fun, gain confidence and get fit in a friendly and supportive atmosphere. Black belt instructors, committed to empowering women, teach a curriculum based on the art of Isshinryu Karate Do, including kata, kicks, hand techniques and weapons. This is an ongoing dojo (martial arts school) in which you, as others have, can progress to black belt. You can attend this class as an introduction to karate and self-defense. Students are grouped or taught individually based on their instructional needs. Instruction is based on research about how women successfully defend themselves. No previous martial arts experience, or great fitness, is required to join. Beginners welcome at all classes.

ADULT PROGRAMS

Aikido - "Self Defense"

Sensei Paul Gardner - Eastern Sky Aikido, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|----------------|-------------------------|-------|
| ADULTS | Thu | Jan 8-Mar 19 | 6:30-8:00PM | |
| 110343-04 | | One Class | | \$20 |
| 110343-05 | | Four Classes | | \$70 |
| 110343-06 | | All 10 Classes | | \$145 |
| Ages 14 & up | | | Eastern Sky Aikido Dojo | |

Do you want to be peaceful and calm and kick butt? Aikido is a non-violent, non-competitive, Japanese defensive Martial Art, with the philosophy of self-defense for self-improvement. Remember the Kung-Fu Show or the Steven Seagal Movies? The emphasis of Aikido is the de-escalation of conflict, on and off the mat. We use self-defense techniques to develop focus, discipline, mindfulness, calmness, respect, self-confidence and self-mastery. Aikido calmly uses, redirects and reverses the strength and aggression of the "attacker" to de-escalate conflict. It's not strength, speed nor youth dependent. It's the perfect Martial Art for all, regardless of age, size or athletic abilities. We don't compete against others; we compete against ourselves to develop the best us and the best community. Perfect for a parent and their child or teen or come alone. Come for a class, a month, or a session. All classes are taught by Black Belt instructors. For more information check out: Eastern Sky Aikido or visit our Dojo at the Pittsford Place Mall (3300 Monroe Ave, 1st Floor). Try a free class before registering.

No class Feb 19

Debbie McVean Aerobics

Deborah McVean, Instructor

Jan 2-Mar 21

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|-------------------|---------------------------|--------------|
| 120304-01 | | 1 class | | \$10 |
| 120304-02 | | ANY 22 classes | | \$70 |
| 120304-03 | | ANY 33 classes | | \$90 |
| 120304-04 | | Unlimited classes | | \$110 |
| Ages 14 & up | | | Mon, Tue, Wed, Fri, & Sat | 9:00-10:10AM |
| | | | PCC Gym | |

Take that first step towards achieving your cardiovascular and weight-bearing goals! Come join us for a challenging, yet easy-to-follow workout. Great fun! Great music! The 70-minute total body energizing class includes 40 minutes of high-low aerobics followed by 30 minutes of floorwork focused on toning the upper body, legs, hips, thighs, and abdominals. Participants should bring their own two 2-4 lb. hand weights and exercise mats. Instructor holds a Physical Education degree and has over 30 years of fitness instruction experience. Drop by before any class and talk to Debbie about participating in a free class!

No class Feb 16-21



Pilates

Eva Pazral, RYT500, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|---------------|--------------|------|
| 140350-01 | Mon | Jan 5-Mar 16 | 5:30-6:30PM | \$70 |
| 140350-02 | Tue | Jan 6-Mar 17 | 12:00-1:00PM | \$70 |
| 140350-03 | | ANY 5 CLASSES | | \$40 |
| Ages 14 & up | | | PCC Rm 215 | |

Energize your body and focus your mind with this full-body Pilates session. Get moving, get stronger, and feel amazing! Designed to engage multiple muscle groups through fluid, controlled movements, this class emphasizes core strength, flexibility, and balance. You'll also work on joint mobility and spinal alignment to help enhance your posture and overall body mechanics. Please bring your own yoga or exercise mat.

Yoga

Eva Pazral, RYT500, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|---------------|--------------|------|
| 140365-01 | Mon | Jan 5-Mar 16 | 6:40-7:40PM | \$70 |
| 140365-02 | Wed | Jan 7-Mar 18 | 12:00-1:00PM | \$70 |
| 140365-03 | | ANY 5 CLASSES | | \$40 |
| Ages 14 & up | | | PCC Rm 215 | |

Experience a 60-minute journey through movement and mindfulness. This traditional Vinyasa Flow class weaves together breath and motion, guiding you through a thoughtfully sequenced series of poses to build strength, improve alignment, and enhance endurance. It's an energizing yet grounding practice that supports physical and mental harmony—ideal for both newcomers and seasoned yogis. Please bring your own yoga mat.

Therapeutic Yoga

Kaitlyn Vittozzi, C-IAYT Yoga Therapist

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|---------------|-------------|-------|
| 140378-01 | Tue | Jan 13-Feb 10 | 6:00-7:00PM | \$100 |
| Ages 18 & up | | | PCC Rm 113 | |

An empowered body is a strong body. This mindful movement yoga series is designed to align body with mind. Clients will learn postures with a focus on body-awareness, strength, and safe movement to create a sense of flow and connection in their daily lives off the mat. Postures can be adapted to all abilities and skill levels and will be tailored to each student's goals/needs. Yoga therapy helps you tap into your body's wisdom to de-stress and prioritize your life. No prior yoga experience is required. Please bring your own yoga mat or reach out to the instructor in advance if you will need to rent one.

Wegmans Hit the Trail Passports available at the Pittsford Community Center!

Complete 6 trails to receive a Wegmans reusable bag. You may also enter your completed passport for a chance to win a \$250 Wegmans gift card!



ADULT PROGRAMS

Valentine's Date Night Yoga

Kaitlyn Vittozzi, C-IAYT Yoga Therapist

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|--------|-------------|-----------------|
| 140322-01 | Fri | Feb 20 | 7:00-8:15PM | \$50 per couple |
| Ages 18 & up | | | | PCC Rm 215 |

Are you looking for a way to build a deeper connection with your partner without a restaurant or a streaming service? In this experiential workshop, you will be guided through simple yoga warm-ups together, followed by practicing some partner poses, listening exercises, and meditation. Couples typically experience laughter, more light-heartedness, and a deeper feeling of understanding. Please wear comfortable clothing you can move freely in and bring a yoga mat. No yoga experience is required. Price is per couple.

Cyclic Yoga - Beginners & Intermediate

Maryam Barmakirad, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|-----------|--------------|----------------|
| 120335-01 | Sat | Jan 10-31 | 9:30-10:45AM | \$40 |
| Ages 20 & up | | | | Online Program |
| 120335-02 | Sat | Feb 7-28 | 9:30-10:45AM | \$40 |
| Ages 20 & up | | | | Online Program |
| 120335-03 | Sat | Mar 7-21 | 9:30-10:45AM | \$30 |
| Ages 20 & up | | | | PCC Rm113 |

Cyclic Yoga is the art of sequencing yoga asanas or pranayama and mudra techniques to maximize its benefits and energize the body and mind. Cyclic Yoga for Beginners & Intermediate is the entry level program designed to release the body from tension, while joints and tendons will gain the required flexibility to move on to the next levels. Participants will experience a more significant level of psychological and physical well-being. Some benefits of Cyclic Yoga for those over 50 years old include, but are not limited to, enhanced muscle strength, decreased pain and stress, improvements in balance and stability, increased joint range of motion, improved sleeping habits, and slowing down the aging process. Practitioners report profound relaxation, increased flexibility, and light-hearted feeling after each session. Cyclic yoga was developed by an Indian Yogini, Maya Machawe, in cooperation with an Iranian psychologist, Saed Ahmadi. This style of yoga was internationally registered in 2016.

Healthy Living Made Simple

Veronica Curley, Certified Health Coach - Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|--------|-------------|------------|
| 114033-01 | Wed | Jan 14 | 6:00-7:30PM | \$20 |
| Ages 16 & up | | | | PCC Rm 206 |

Make healthy living your lifestyle this year. No diets, no gimmicks, just real-life tools you can apply to your life. This program will teach participants about basic nutrition and wellness tips to use in everyday life. Let's create the healthiest version of you! Topics covered will include easy swaps for more energy and focus, healthy meal planning, recipe handouts, sleep, hydration, movement, and other small, daily changes that will create big, long-term wins!

NEW!

585 Power Hour

585 Fitness - Personal Trainer, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|---------------|-------------|-------------|
| 121284-01 | Thu | Jan 22-Feb 12 | 6:00-7:00AM | \$100 |
| 121284-02 | Thu | Feb 26-Mar 19 | 6:00-7:00AM | \$100 |
| Ages 18 & up | | | | 585 Fitness |

Are you someone who likes to jumpstart your day with exercise? Join us on Thursdays by attending our 585 Power Hour! In this fast-paced, high intensity class, an all-inclusive workout is conducted to target all muscle groups using powerful, dynamic movements! With our music bumping, the mirrors shaking and the sweat rolling, this class will be the ultimate workout for someone seeking to be pushed to their maximal capabilities.

585 Fitness is located at 50 Office Park Way, Pittsford.

Morning Mobility

585 Fitness - Personal Trainer, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|---------------|-------------|-------------|
| 121285-01 | Mon | Jan 19-Feb 9 | 7:00-7:45AM | \$80 |
| 121285-02 | Mon | Feb 23-Mar 16 | 7:00-7:45AM | \$80 |
| Ages 18 & up | | | | 585 Fitness |

Kickstart your week with our morning mobility class! Similar to yoga, this class aims to improve flexibility, strengthen the joints and improve overall movement. Proactively improve your body and start feeling better today!

585 Fitness is located at 50 Office Park Way, Pittsford.

585 Fast 50

585 Fitness - Personal Trainer, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-------------|---------------|--------------|-------------|
| 121286-01 | Mon/Wed/Fri | Feb 23-Mar 13 | 12:15-1:05PM | \$240 |
| Ages 18 & up | | | | 585 Fitness |

Are you tired of walking on your lunch break? Come join us at our 585 Fast 50 camp held on Mondays, Wednesdays, and Fridays! In this upbeat, circuit style class structure, the participants will be conducting powerful movements with constant work to achieve the progressive outcomes desired! By incorporating explosive resistance training techniques combined with intense core circuits, this 50-minute class will get you feeling ready for the second half of the day!

585 Fitness is located at 50 Office Park Way, Pittsford.

Fall Prevention & Preparedness

Alyssa Ziolk, Instructor

| Reg. No. | Day | Date | Time | Fee |
|--------------|-----|---------------|---------------|------------|
| 140362-01 | Thu | Jan 15-Feb 26 | 10:45-11:45AM | \$150 |
| Ages 55 & up | | | | PCC Rm 113 |

If you are worried about falling while in your home or if you want to avoid a fall on the pickleball court, this class is for you! We will focus on all things related to fall prevention, how to fall safely to decrease risk of injury, what to do after a fall, and strategies for getting up and down from the ground. Each session will include educational information, strength, and balance exercises, and practicing the strategies learned in class. Fear of falling? We will address that, too! Handout will be provided to all participants to take home. You do not need to be able to get up and down from the floor to take part in this class. All fitness levels are welcome to join.

No class Feb 19

Receive updates on Town
of Pittsford happenings

For the most current town updates and information sign up to receive the Town of Pittsford's weekly eNews by submitting your contact information online at www.townofpittsford.org/enews



—Winter 2026—

PITTSFORD

SENIOR CITIZENS

35 Lincoln Ave. • Pittsford, NY 14534
(585) 248-6235

Jennifer Morrow, Senior Center Director
Carlos Chediak, Senior Program Specialist

Senior Center Staff:

Mary Ann Burdett, Rachael George,
Armand Miale, Paul Mosakowski,
Ann Parker, Pat Rice, Linda Steidle

CRAFT CLUB

Pittsford Community Center Room 107

Craft Club will meet on
Fridays, January 16,
February 13, and March 13 from
9:30-11:30AM.

Tech with Ginny

Thursdays | 9:30AM-12:00PM

Free assistance with electronic devices. Need help with your computer, laptop, iPhone or iPad? One on one help. Please sign up in seniors' office for half hour sessions.

Food Art Vegetable Carving Program

Room 107

1:00-3:00PM | Tuesday, March 24

Participants who attend the workshop learn how to "carve" and assemble a variety of edible fresh vegetables and arrange them for presentation. Pre-registration required.

PITTSFORD SENIOR CITIZENS are for retired residents or those 50 years of age and over. There are NO fees for membership. The Pittsford Senior Programming office is located at the Pittsford Community Center, 35 Lincoln Ave, and is open Monday through Friday, 8:30AM-4:30PM. We hope you will come and spend time with us either by joining one of our programs, or just stopping in to meet your friends or make new ones. Our monthly calendar is available at the Pittsford Senior Programming office – Room 118.



AARP SMART DRIVER PROGRAM

Pittsford Community Center Room 204

This course is for drivers age 50 and older and consists of two 3-hour sessions held on consecutive Thursdays at the Pittsford Community Center. During this time participants will be updating driving knowledge and skills. Completion of the six classroom hours entitles participants to a discount on their auto insurance and reduction of points on their driving record. Classes will be held January 8 & 15, February 12 & 19, and March 12 & 19. All classes will be from 9:00AM-12:00PM. \$25.00 for AARP members and \$30.00 for non-members. Make check payable to AARP due on the first day of class. SPACE IS LIMITED. Please call 248-6235 to make a reservation.

FREE AARP TAX PREPARATIONS

**Fridays | February 6-March 27 | Tax preparation service
that can transmit your return directly to the IRS.**

Call after January 12 to make an appointment.

"Be Kind to Your Mind"

Tuesday | January 20 | 1:00-2:00PM | Rm 107

This free workshop by Meg Tyo, LMSW raises awareness about mental health and provides tools for self-reflection and coping. It is ideal for anyone looking to start the year with a focus on wellness and learn simple strategies to support their well-being. Pre-registration required.

Seniors with Panther Pals Crafts

Friday, February 13 | 10:30-11:00AM Room 4

Come join this intergenerational fun crafting time with Panther Pals. Take home your creation! All supplies will be provided. Reservations required.



PITTSFORD

SENIOR EXERCISE PROGRAMS

All our classes are ongoing and FREE to Pittsford Residents & \$3.00 per class for non-residents. If this is your first time attending any exercise class, please stop by the senior office for initial registration.

SENIORS YOGA - with Donna Kawczynski

Pittsford Community Center Room 113

Mondays & Fridays from 9:00-9:50AM. Come explore this ancient form of body movement, breathing techniques, and relaxation known as yoga. Yoga combines flexibility, strength and mobility in a gentle, nurturing environment which promotes both mental and physical well-being.

Nia: MIND-BODY-SPIRIT FITNESS - with Rhonda Wright

Pittsford Community Center Room 218

Class meets Mondays from 9:30-10:30AM. Nia is a whole-body approach to fitness that encompasses the dance arts, the martial arts, and the healing arts. Through expressive movement and music, Nia invites you to achieve physical, mental, and spiritual fitness and well-being. Nia will lubricate your joints, release your tension, enhance your balance, and tone your muscles with pleasure, mindful awareness, and joyful spirit.

ARTHRITIS SENIOR FITNESS - with Pat Rose

Pittsford Community Center Room 113

Classes meet Mondays and Wednesdays from 10:15-11:15AM. This low impact class seated or standing can help you with balance, joint flexibility strengthening and toning while you get up and go for the day. We supply balls, bands and weights while you are on your mission to health as well as the social aspect that we as seniors all need. We hope to see you soon.

FREE Online BALANCE CLASS - with Dr. Ron Wood

Clover Physical Therapy, PC. Classes are held every first, second and third Monday of the month, 12:45-1:30PM. Exercises to help improve strength, mobility and/or balance, stay active and prevent falls. Call the Seniors Office for online link.

BALANCE CLASS - with Alyssa Ziolk

Pittsford Community Center Room 216

Classes meet on Tuesdays from 10:30-11:15AM. This class will help you become more confident in your movements, increase agility, improve coordination, and prevent a fall. Learn safe and effective exercises to improve posture, strength, and balance.

ZUMBA GOLD

Tuesday with Erica Jacob | Thursday with Carlos Chediak

Pittsford Community Center Room 218

Class meets Tuesdays & Thursdays from 9:00-9:45AM. Exercise that's fun, easy, and effective - no dance or exercise experience needed for this Latin inspired dance fitness program! Modified for the active older adult or beginner participant.

TAI CHI FOR ARTHRITIS & FALL PREVENTION - with

Donna Evevsky

Pittsford Community Center Room 218

Tai Chi Advanced Tuesdays & Thursdays from 1:00-2:00PM. SUN 98 for those who are proficient in the Tai Chi for Arthritis program, parts 1 and 2.

Tai Chi Beginners Tuesdays & Thursdays from 2:00-2:30PM. A gentle form of Tai Chi specifically developed for people with arthritis using SUN style. You do not have to have arthritis to take this class. It was devised by Dr. Paul Lam and the Tai Chi for Health Institute, is evidenced based and has been approved by many Arthritis Foundation's worldwide. The class is taught by a board-certified instructor.

GET FIT AND STRESS LESS - with Donna Evevsky

Pittsford Community Center Room 113

Wednesdays from 1:15-2:15PM. This class provides participants with two major components of cardio health: exercise and stress management. Class can be done seated or standing and is suitable for individuals of varying abilities.

GUIDED STRETCH - with Susan Allen

Pittsford Community Center Room 218

NEW!

Class meets Thursdays 10:00-10:45AM. During this guided stretch session, we'll move through a full-body sequence designed to release tension, increase flexibility, and promote relaxation. You'll be gently led through each stretch, focusing on proper alignment, controlled breathing, and mindful movement. Whether you're recovering from a workout or just need to reset your body, this guided routine is suitable for all fitness levels.

HIIT CLASS - Erica Jacob

Pittsford Community Center Room 216

NEW!

Class meets Fridays 9:30-10:30AM. High-Intensity Interval Training (HIIT), is a fast-paced, results-driven workout that combines short bursts of intense exercise with brief recovery periods. This class is designed to burn maximum calories, boost cardiovascular endurance, and build strength in a short amount of time. Each session is structured to challenge your limits and keep your heart rate elevated. Modifications are available for all fitness levels, making this class accessible to beginners.

SQUARE DANCING- with Jim Gotta

Pittsford Community Center Room 218

Fridays from 2:00-3:30PM. Don't just take our word, organizations such as Mayo Clinic have indicated that square dancing provides low impact physical exercise as well as works on mental sharpness, all while providing social interaction. Jim teaches the basics of square dancing, including a mixture of traditional and modern styles.

..... SENIOR Special Programs & Events

GOOD FOOD GOOD COMPANY

Please call (585) 248-6235 to reserve your space
a minimum of 5 days in advance.

LET IT SNOW

Sponsored by Clovewood Senior Living
January 13 | 12:00PM

Healthy Eating Lunch & Learn

January 27 | 12:00PM | \$8.00
Program by Alyssa VanValkenburg, RDN
Healthy Eating Habits for 2026

VALENTINE'S DAY CELEBRATION

By Chef Carlos
February 10 | 12:00PM | \$8.00
Music by Nate Rawls Jazz Trio

AWARD WINNING CHICKEN CHILI

By Chef Linda
February 24 | 12:00PM | \$8.00
Music by The Bradley Brothers

St. Patrick's Day Luncheon

By Chef Rachael
March 17 | 12:00PM | \$8.00
Performance by The Finger Lakes Céilí Band

PASTA BUFFET

By Staff
March 31 | 12:00PM | \$8.00
Program by Vicki Profitt, Town Historian
Time's Tales: Interesting People with
Pittsford Connections



INTERGENERATIONAL CLUB

PIZZA PARTY Room 107

11:30AM-1:00PM | Thursday, January 29

Come join Sutherland High School students who
create fun activities and crafts with our Seniors!
Sign up by January 20



We would like to
extend our gratitude to

Pittsford Florist

who provides beautiful
flower donations on a
weekly basis.



LUNCH CLUB 60 NUTRITION PROGRAM

The Nutrition Program offers an opportunity for adults age 60 and over to meet new people while sharing in a hot meal, partaking in social activities and educational programs. This program provides nutritional screenings, assessment, education, and counseling to help participants meet their health and nutrition needs. We will provide transportation to and from the Pittsford Senior Center. Lunch is served at 12:00PM Mondays, Wednesdays & Fridays. Suggested contribution for this lunch is \$3.50 per person. Please call 248-6235 to make a lunch reservation and/or sign up for transportation.



PITTSFORD SENIOR

Local Trips

WINTER 2026 OUTINGS



JANUARY 8

RMSC Strassenburgh Planetarium

JANUARY 22

New York Kitchen Tour, Canandaigua

FEBRUARY 5

Cartwrights Maple Tree Inn

FEBRUARY 19

Cartwrights Maple Tree Inn

MARCH 5

Memorial Art Gallery

MARCH 19

Hibachi Lunch

Reservations for all trips are on a first come, first served basis. Residents will have first choice; non-residents will be added to a waitlist and will be notified one week prior to the trip if space is available. A \$1.00 bus fee will be due the day of the trip. Please call 30 days prior to the scheduled trip day to make reservations: Limit 3 trips per person. Waitlist available 248-6235.

All tours, admissions & lunches are paid for on your own.



ELDERSOURCE

Lisa Wholley, Eldersource Care Manager
(585) 325-2800

Lisa will be available at the Community Center to meet with seniors the second Tuesday of every month by appointment only. Room 206.

Call (585) 248-6235 to schedule an appointment.



ELDERBERRY EXPRESS

Need to get out of the house?
Call Elderberry Express!

Elderberry Express provides transportation to the senior citizens of Pittsford for the following:

- Pittsford Seniors' Meeting - Tuesdays
- The individual's choice: any weekday-doctor, dentist, bank, friend, beauty salon, grocery, etc.

3 business days' notice is required
(more notice is helpful).

A donation per trip is appreciated but not required.
Volunteer Drivers Needed! (585) 248-6237

PITTSFORD HIGHLANDS CHORUS

Choral Director, Rhonda Wright

Rehearsals will be held every Wednesday at 1:30PM at the Highlands at Pittsford, building 100.

**ALL Are
Welcome-
No Auditions**

THE HIGHLANDS
AT PITTSFORD

PCL Celebrates 20 Years in Our Current Building

PITTSFORD COMMUNITY LIBRARY
24 State Street, Pittsford, NY 14534
(585) 248-6275
www.townofpittsford.org/library



From Children's Librarians, Vinise Bobrov & Sarah Ngo

This winter PCL is excited to offer 10 weekly story times, as well as monthly bilingual or STEM story times. We offer three story times specifically for babies (ages 0-2 years old); these story times are filled with music, board books, shakers, and scarfs. The remainder of our weekly story times are for children of all ages and will include activities and books that babies, toddlers, and preschoolers will all enjoy. See our weekly story time schedule below:

All-Ages Story Times

Mondays | 10:15am & 12:00pm* | Fisher Meeting Room

Tuesdays | 9:30am & 10:15am | Fisher Meeting Room

Fridays | 9:30am, 10:15am & 12:00pm | Storytale Room

Baby Story Times

For ages 0-2 years old with a caregiver

Mondays | 9:30am | Fisher Meeting Room

Thursdays | 9:30am & 10:45am | Fisher Meeting Room

*Will start in January

From Teen Librarian, Laura Richardson

Teen Volunteer Opportunities

Earn service credit, spend time with other teens, and help your library community at Teen Community Service! This winter, there will be three sessions each month for volunteers in grades 6-12. Sessions take place on Tuesdays 3:30-4:30 and Wednesdays 5:30-6:30. At each session, teen volunteers will complete a variety of tasks depending on the library's needs. These tasks include folding brochures, cutting paper shapes, sorting craft supplies, checking that donated puzzles are complete, and preparing damaged or outdated materials for recycling. Attending Teen Community Service is a great way to try out volunteering at PCL. Visit bit.ly/pclcalendar to register!

From Events & Outreach Librarian, Robyn Avery

Readers of all kinds can find a book group that's right for them at PCL. Choose from Murder for Lunch, Senior Circle, Wise Owls, Nonfiction, Great Novels, or True Crime, and read everything from recent fiction and nonfiction to classics from the 18th century. Adults are welcome to register online at bit.ly/pclcalendar to attend one of our groups by Zoom (excluding Great Novels and Wise Owls), or can just show up for some bookish conversation in person! Each group meets once a month and is always happy to have new members. Find out what books we're reading next on our online calendar: bit.ly/pclcalendar.

Use the library online:



Subscribe to
our newsletter!



The
New York
Times

THE
WALL STREET
JOURNAL



The
Washington
Post



Democrat
& Chronicle



USA TODAY



Udemy

Library Hours
Mon.-Thurs: 9am-8pm
Fri: 9am-6pm
Sat: 10am-5pm
Sun: 12pm-5pm

PITTSFORD PARKS DEPARTMENT

34 East Street • Pittsford, NY 14534 • (585) 248-6495

Wegmans Hit The Trail Passport!



Be rewarded for walking the beautiful trails of Pittsford! Pick up your passport at the Pittsford Community Center or the Pittsford Wegmans. The passports include eight trails throughout the Town of Pittsford. Simply hike the indicated trails, complete the trail rubbing for each trail, and return the passport to the Pittsford Community Center to enter a raffle to win a \$250 Wegmans Gift Card. This program runs in conjunction with the Town of Pittsford and Wegmans.

Pittsford Trails & Walkways Information!

Within the Pittsford Town limits, there are nearly 80 miles of recreational and public pathways, including over 42 miles of trails and access ways and over 37 miles of sidewalks. Our pathways provide walkers, hikers and cyclists interesting destinations, quiet seclusion, and an enjoyable means to get some fresh air and exercise. Please visit www.townofpittsford.org/trails_and_walkways for more information and interactive maps of 10 suggested routes utilizing several of our trails and sidewalks.



King's Bend Park Lodges

HOLD YOUR SPECIAL OCCASION AT KING'S BEND PARK

Reservations for the King's Bend Park lodges are currently underway for the 2026 calendar year. As of November 3, Town of Pittsford residents may reserve the lodges by visiting www.townofpittsford.org/facilities.

Non-residents may start reserving the lodges on Friday, January 2, 2026, after 12:00pm.

For those who are unable to complete a reservation online, you may drop off or mail in a reservation request form. Please note that payment is due at the time of your request. Any hard copy request (dropped off or mailed in) should indicate a first priority and second priority date. Forms dropped off or mailed in are not guaranteed to receive the requested date(s), as reservation requests require processing time.

For more information, please contact Meghan at 248-6288.



Online Reservations:

Available at www.townofpittsford.org

Click on "Facilities Reservations"

King's Bend Park Lodge Fees:

SOUTH LODGE

Accommodates 50 people

Residents \$150.00

Non-residents \$250.00

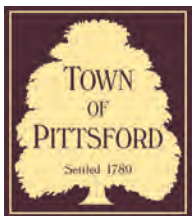
NORTH LODGE

Accommodates 99 people

Residents \$175.00

Non-residents \$275.00

For more information please visit www.townofpittsford.org or contact the Recreation Department at 248-6280.



**Town of Pittsford
Recreation Department**

35 Lincoln Ave.
Pittsford, NY 14534

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PITTSFORD COMMUNITY EVENTS



Sweetheart Dance

FRIDAY, FEBRUARY 6 | 6:30-9:00PM
Pittsford Community Center



Family GAME-PALOOZA

FRIDAY, FEBRUARY 27 | 6:00-8:00PM
Pittsford Community Center

Poppin' WITH THE Grandkids

THURSDAY, MARCH 12 | 6:30-9:00PM
Pittsford Community Center

**Tentative Mailing Date for Upcoming Brochure:
Spring 2026 - Week of February 23**