PITTSFORD SENIOR CENTER

## Gooking Class

Tuesday, September 16
Start II:00 AM
ROOM 107



By Alyssa VanValkenburg, RDN
Nutrition Educator, Cornell Cooperative Extension

## **LEARN TO MAKE**

- Golden Milk
- Sheet Pan Chicken
- Hummus
- Tabbouleh

We'll enjoy the prepared lunch together after class

Reservations Required 585-248-6235 \$10.00



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