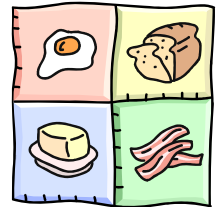




Lunch Club 60 Nutrition Program

Mondays and Wednesdays
12 noon

Town of Pittsford
VanHuysen Senior Center
3750 Monroe Avenue



Suggested donation is \$2.50 per person.

Reservations are required one week in advance
and can be made by calling (585) 248-6235.

Need a ride? Pittsford residents will be picked up and
returned home if requested at time of reservation.

Menus are available by calling the Senior Center.

They are also published in the Golden Times and on the
Town website at www.townofpittsford.org/home-seniors.

Card games and Bingo are some of the activities played
after the meals. Nutrition education speakers and
nutrition screening are also part of the program.
Exercise programs are offered throughout the week.