

PITTSFORD REGREATION



GENERAL INFORMATION

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PITTSFORD COMMUNITY CENTER HOURS

35 LINCOLN AVE. • PITTSFORD, NY 14534

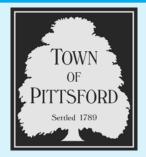
Monday-Thursday	8:00AM - 9:00PM
Friday & Saturday	8:00AM - 8:00PM
Sunday	12:00 - 5:00PM

PROGRAM INFORMATION - 248-6280

Pittsford Community Center rooms are available for community group meetings. Reservations must be made by a Pittsford resident 48 hours in advance at www.townofpittsford.org; click on "Facility Reservations" scrolling link and complete the reservation process.

The Pittsford Community Center is accessible to persons with disabilities.





RECREATION DEPARTMENT 585-248-6280

Jessie Hollenbeck	Director
Alison Burchett	Assistant Director
Kate Disbrow Kathleen Laskey	Recreation Supervisors
Amanda Poulin Casandra Schrom	Recreation Leaders
Jennifer Morrow	Senior Center Director

COMMUNITY CENTER STAFF

Mary Ann Burdett, Carlos Chediak, Rachael George, Nedda Howk, Vicki Masters Profitt, Armand Miale, Paul Mosakowski, Ann Parker, Pat Rice, Jim Rice, Linda Steidle

PARKS DEPARTMENT 585-248-6495

Jessica Neal.......General Foreman
Corey Bresnan, Spencer Drake, Zach Memmott,
Tim Moulton, Mike Murphy, Luke O'Dell, John Young

PITTSFORD TOWN BOARD

William A. Smith Jr	Supervisor
Kim Taylor	Deputy Supervisor
Naveen Havannavar,	Cathy Koshykar
Stenhanie To	ownsend

PARKS & RECREATION BOARD

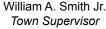
Steve Denaker	Chairperson
Rick Taylor	Vice-Chairperson
Christyn Musso-Albanese	Secretary to the Board
Naveen Havannavar	Town Board Liaison
Jessie Hollenbeck	Recreation Dept Liaison

Members: Bill Beach, Phil Bleecker, Pam Cooper-Vince, Trish Gerace, Benjamin McCormick, Karen McCready, Mike Pascucci

COVER PHOTO: Summer Fun Day Camp!

MESSAGE FROM THE TOWN OF PITTSFORD SUPERVISOR AND RECREATION DIRECTOR







Jessie R. Hollenbeck Recreation Director

Fresh Beginnings: Enrich Your Life with Our Springtime Activities

In the midst of winter we contemplate the promise of spring. The earth reawakens and in Pittsford so does a new season of community events. Our team has worked hard this winter to plan a full schedule of activities, events and programs for the months ahead.

On April 8, the solar eclipse in its full totality will be visible in Pittsford. Our Pittsford Community Library and Recreation staff have planned **eclipse-themed activities** that highlight the wonder and science behind this once-in-a-lifetime event. Watch for eclipse-related events through early spring in the lead up to the big day. You'll find more information on our special Eclipse events page at www.townofpittsford.org/eclipse-2024.

Last year, the Town partnered with Color Pittsford Green to launch the **Pittsford Pollinator Pathway Challenge**, a program that encourages Pittsford residents and businesses to beautify their yards while helping our local pollinators. This year, we're offering programs and events that further this mission. Pop by the Library on March 10 from 2:00-3:00pm for Color Pittsford Green's presentation of "Strategies for a Birds and Bees Friendly Yard." And stay tuned to see what we have planned for Pollinator Week, which takes place June 17-23!

In April, our **Story Strolls** move back outside to the Spiegel Community Center's field. Take a leisurely walk with your child and read *Raindrops to Rainbow* in April and early May and *Junebug: No Life Too Small* in June. Stop by the front desk for a themed craft bag after you've finished strolling!

We'll hold our annual **Earth Day Celebration** in a new location this year, at the Community Center pavilion. This free event for all ages takes place on Monday, April 22 from 5:00-7:00pm. Enjoy kid-friendly activities and learn actionable ways to invest in our planet.

Pittsford's signature community celebration and festival, **Paddle and Pour**, returns on Saturday, May 25, from Noon to 10:00pm. The **Pittsford Memorial Day Parade** steps off just two days later, on Monday, May 27. Held each year in conjunction with the **Pittsford Crew's spring regatta**, **Paddle and Pour** features live performances from local musicians, great food from local eateries, and the ever popular beer and wine tent featuring craft beers and local wines. Shop our local stores and boutiques and watch local crew teams including our own Pittsford Crew race down the canal.

We've added several new activities to our catalog, including **Accidental Social Skills Comedy Improv** for ages ten and up. Enhance social skills by playing easy theatre games. Participation is encouraged, never required, and we especially welcome young people with social communication challenges. No experience required.

Designed for kids in grades 7-12, **Summer Running Kickoff Camp** is a cross-country training camp led by Pittsford Sutherland JV/Varsity Cross Country and Track and Field Coach David Rappleyea. Camp activities include clinics, group runs, games, guest speakers, snacks, and more!

We created **Mindfulness for Moms** for parents of young children not yet walking. You deserve a stress-free hour dedicated to creativity – and your little ones are welcome! Enjoy coffee, a sweet treat, and participate in creative journaling. All materials provided.

Stand-Up Comedy is for those ages eighteen and up who would like to learn new techniques, perform weekly routines, and receive constructive feedback. The final class is an (optional) show for friends and family. Our instructor is award-winning comic Carol Roberts.

We've added **Cyclic Yoga for Osteoarthritis** to our adult fitness schedule. Intended for those aged twenty and older, Cyclic Yoga enhances muscle strength, decreases pain and stress, improves balance and stability, and increases joint range of motion. Bring your own yoga mat and block and start feeling better.

Among the offerings you'll find this season at our Senior Center are a **Cooking Class**, a **Spring Picnic** and the launch of our annual **Pavilion Series**.

Finally, don't forget – NOW is the time to start planning for summer camp! Pittsford Recreation offers **Summer Fun! Day Camp** for ages 5-13 and, for ages 3-5, **Summer Fun! Juniors**. Each week features an exciting new theme. Register soon to ensure your child has a place!

Learn a new skill, conquer a physical challenge, or explore your creative side. Whatever your age or interest, Pittsford Recreation has a program for you!

SUBSCRIBE TO E-NEWS!

For timely information about Town events, programs and projects, subscribe to our weekly eNewsletter. Every week you'll receive an email with the most up-to-date information about Town events, programs, services, projects, and meetings. You'll also receive notices of emergencies and matters of urgency. The Town keeps your email address strictly confidential. We will not share it or use it for any purpose other than sending you the eNewsletter. Sign up for the Town eNews by visiting www.townofpittsford.org/enews. You can also stay updated by following us on social media on Facebook (Town of Pittsford and Pittsford Recreation), X (@pittsfordtown) and Instagram (@pittsfordtown).

If you have ideas to share about Town recreation programming, please contact either of us: Town Supervisor Bill Smith at 248-6220, wsmith@townofpittsford.org, or Recreation Director Jessie Hollenbeck at 248-6284, jhollenbeck@townofpittsford.org. Happy spring!

PITTSFORD RECREATION SPRING 2024 REGISTRATION FORM

HOUSEHOLD INFORMATION

				HOOS	EHOLD INFORMATI	ON							
NAME					NAME								
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EMAIL					EMAIL								
EMERGENCY#		_ CE	ELL# _		EMERGE	NCY#			_ CI	ELL#	#		
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Please Make Checks Payable	o Town of Pit	tsford	d* 	(0)	FFICE USE ONLY)	*M	iail-In Fo	rms to	o to 3	5 Linc	oln A	ve., Pitt	tsford NY 1453
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RESIDENT REGISTRATION BEGINS MARCH 4

Non-Resident Registration Begins March 11

SOLAR ECLIPSE IN PITTSFORD

PITTSFORD RECREATION ECLIPSE PROGRAMS

ECLIPSE STORY STROLL

"Total Solar Eclipse: A Stellar Friendship Story"

March 25-April 9 • Pittsford Community Center
Join us for a story in the field located at the Pittsford
Community Center. Walk around and read a book
at your leisure. Once you have finished the story, come to
the front desk for your fun craft bag.

SPRING BREAK CAMP IN A TOTAL SOLAR ECLIPSE!

Activity #211403-01
Monday-Friday April 1-5 • 8:30AM-5:30PM
Ages 5-13 • Fee \$220
For more information visit page 16.

PITTSFORD COMMUNITY LIBRARY ECLIPSE PROGRAMS

Pre-registration is required for all library programs. Register online at https://calendar.libraryweb.org/calendar/Pittsford/.

ALL AGES

Countdown to Totality: Escape the Glare

Monday-Tuesday, March 4-5

Choose a 20-minute time slot: 3:00-7:30PM on Monday, 12:00-4:30PM on Tuesday • Fletcher Room

The eclipse is rapidly approaching, but your eclipse viewing glasses have been trapped in a locked box. Can you find the clues, solve the puzzles, and break into the box before the clock runs out? This break-in room activity can be completed by groups of 2-6. Best for ages 7 & up, but all are welcome.

2024 Eclipse Community Art

Saturday, March 30 • 10:30AM-12:00PM • Fisher Meeting Room Join Tim Lynch of Tenderchomps Art in creating a mural celebrating the 2024 eclipse. Participants will get a panel and art supplies to complete a portion of the larger mural. A space-themed documentary will play on the big screen and treats will be provided. For all ages.

DIY Eclipsewear

Thursday, April 4 • 11:00AM-12:30PM • Fisher Meeting Room Use fabric paint and stencils to make your own Eclipsewear! Bring your choice of dark colored, pre-washed clothing item to paint.

TEEN

Teen Community Service

Tuesdays, March 12 & 26 • 3:30-4:30PM • Learning CenterMake protective envelopes for eclipse viewing glasses while earning one hour of service credit. Grades 6-12. Registration required.

Eclipse Letter Bracelets

Tuesday, April 2 • 3:30-4:30PM Learning CenterDrop in to spell out your eclipse excitement with themed letter bracelets to keep or trade. Grades 4 & Up.

ECLIPSE ACTIVITY BOX

Activity #210212-01 • March 27 • Fee: \$15

Looking for fun activities to do at home? Look no further!
The Town of Pittsford Recreation staff will create a box
with eclipse themed activities for your child to do at home!
Registration is required. You can pick up your activity box on
Wednesday, March 27. Registration deadline will be March 21.

ECLIPSE SENIOR LUNCHEON

April 2 • Fee: \$8

Musical entertainment
by:Joe Miltch

Call (585) 248-6235
to reserve your spot!

ADULT

Solar/Lunar Polymer Clay Earrings

Wednesday, March 6 • 5:00-6:00PM • Learning Center Make your own eclipse jewelry using polymer clay. All materials provided. Registration required.

ROC City Eclipse 2024

Saturday, March 9 • 2:00-3:00PM • Fisher Meeting Room
Join NASA Solar System Ambassador Jim Porter to discover
the once in a lifetime opportunity that awaits on April 8, 2024
when the sun and moon align for the first total solar eclipse
in Rochester in over 100 years. Jim Porter worked as an
aerospace engineer at the Jet Propulsion Laboratory in
Pasadena, CA and Goddard Space Flight Center in Maryland.

Out-of-this-World Film Panel

Thursday, March 28 • 6:30-7:30PM • Fisher Meeting Room Adam Lubitow, a projectionist at The Little Theater, Ben Scrivens, President of Fright-Rags, the Rochester-based company focused on horror-related apparel, and local artist John Magnus Champlin join forces for a panel to discuss all their favorite space films!

CHILDREN'S

Eclipse Story and Craft

Wednesdays, March 20 & 27; 9:30-10:00AM Fisher Meeting Room

Join us for an eclipse themed story time and craft. Learn about the solar eclipse occurring in April and make a fun craft after. There will be stickers, crayons, glue sticks, and paper for your kids to use. Best for ages 2-5. Caregivers and siblings are welcome.

Exploring the Science of the Eclipse

Saturday, March 30; 1:00-1:45PM • Fisher Meeting Room Join fifth grade teacher Mrs. Kokinda as she teaches us all about the sun, moon, and eclipses through hands-on activities. Best for ages 7 and up, but kids of all ages and caregivers welcome.

Exploring the Science of the Eclipse

Saturday, April 6; 10:30-11:15AM • Fisher Meeting Room Join fifth grade teacher Mrs. Kokinda as she teaches us all about the sun, moon, and eclipses through hands-on activities. Best for ages 7 and up, but kids of all ages and caregivers welcome.

For the most current information please visit the town's Community Events webpage (http://townofpittsford.org/community-events). To receive the latest updates on all town happenings, sign up for the Town of Pittsford eNews at www.townofpittsford.org/enews.

COMMUNITY EVENTS & ACTIVITIES

STORY STROLLS

Join us for a story in the field located at the Pittsford Community Center. Walk around and read a book at your leisure. Once you have finished the story come to the front desk for your fun craft bag.



April 29-May 5 Raindrops to Rainbow



June 3-9 Junebug: No Life Too Small

PADDLE AND POUR SATURDAY, MAY 25 - NOON-10:00PM

Kick off summer with a canalside festival! Enjoy live music all day including performances by Peter Pitts and Friends, Tobey Village House Band, Acoustic Brew, Hey Mabel & Uptown Groove. Stop by the craft beer & wine tent. experience great food from local eateries and visit Pittsford's shops. Be sure to catch the exciting competition of Pittsford Crew's annual Regatta. More info at www.paddleandpour.org

MEMORIAL DAY PARADE **MONDAY, MAY 27 - STEPS OFF 10:00AM**

Join the Pittsford Community at this year's Memorial Day Parade. Watch the parade as it steps off Sutherland Street and progresses down Jefferson Road to South Main Street. The parade concludes on Washington Street at the Pittsford Cemetery. You are invited to attend a Memorial Ceremony at the Soldiers Plot immediately following the parade.



SUMMER CONCERT S **ALL CONCERTS BEGIN AT 6:30PM**

Gazebo at Carpenter Park at the Port of Pittsford Hots, burgers, and more will be available for purchase at each concert.

Bring your chairs and enjoy an exciting evening of great music and fun!

June 7: Pittsford Mendon and Sutherland Jazz Ensembles

June 14: Prime Time Funk

June 21: Miller and the Other Sinners

June 28: John Dady Band July 12: The Earthtones

July 19: Bill Tiberio Band

July 26: The Downtown Men-Billy Joel Tribute

August 2: Son Henry

August 9: Todd East and Casino Royale August 16: Pittsford Fire Department Band

August 23: Mambo Kings

CONCERTS FOR KIDS

Pittsford Community Center

Come out for some great family friendly music and activities!

July 17: Mistergreene July 31: Mr. Loops

August 14: The Happy Pirates

MEET THE MACHINES

TRUCKS & MORE GALORE!

SATURDAY, JUNE 1 • 10:00AM-12:00PM

Pittsford Community Center Parking Lot

Come and meet some amazing machines that you see working around the town!

This event is free to all and registration is not required.

FAMILY OUTDOOR MOVIE NIGHTS

Thursday Evenings at Sutherland High School

(55 Sutherland Street, Pittsford) **MOVIES START AT DARK**

Join us outside under the stars as we show feature films on a GIANT inflatable movie screen. Make sure to bring your chairs & blankets. Snacks and beverages will be available for purchase. All movies are rated PG.



The Super Mario Bros. Movie



Elemental



Migration



Aug. 22

Wonka

SPORTS LEAGUES

2024 SOCCER LEAGUES

WOMEN'S SOCCER

MONDAYS 6:00-9:00PM

This is a league for adult female soccer players of all skill levels. Provides a great opportunity for friends and colleagues interested in playing in a soccer league for the Spring/Summer season. Team registration materials due by April 19.

YOUTH SOCCER

TUESDAYS 6:30-8:30PM

Summer soccer is a coed, non-competitive recreational soccer program that focuses on improving fundamental skills and, more importantly, having fun! *Volunteer Coaches are needed for this program*



Team captains, interested players, and volunteer coaches (youth soccer) please contact Kate Disbrow at 248-6281.



Pittsford Wreckers: Special Olympics Training Club



Are you and/or a family member looking for inclusive sport opportunities? The Pittsford Wreckers Special Olympics Training Club offers a variety of programs on a seasonal basis. Programming includes hiking, biking, track & field, soccer, and more! Volunteers are needed for all Pittsford Wreckers programs. All participants (athletes, volunteers, and unified partners) must complete the necessary paperwork and/or trainings required by Special Olympics New York prior to participation. For more information, or if you are interested in participating, please contact Kate Disbrow at KDisbrow@townofpittsford.org.

UNIFIED YOGA

TUESDAYS April 9-May 14 5:00-5:45PM PCC RM 113

BASKETBALL

THURSDAYS March 21-May 2 6:00-7:00PM PCC Gymnasium

TRACK & FIELD

THURSDAYS
May 9-June 13
6:00-7:00PM
PCC Gymnasium

Adventure Camp!

Recreation Staff, Instructor • Ages 10-14 • Pittsford Community Center

Reg. No.	Days	<u> Dates</u>	Time	<u>Fee</u>
311015-01	Mon-Thu	Aug 19-22	8:30AM-3:30PM	\$330

Spend the last week of summer on an exciting daily adventure! We will visit a ropes course, go rock climbing, kayak, and go to a water park! A complete itinerary of the week's events and adventures will be sent out to all registrants before the start of camp. Campers should bring a snack, water bottle and lunch to camp every day. Come experience the outdoors in a challenging, safe, and exciting way. For questions about Adventure Camp please contact Amanda at 248-6283 or via email at apoulin@townofpittsford.org.

SUMMER FUN JUNIORS

SUMMER FUN!

Juniors

Pittsford Community Center

Ages 3-5

Summer Fun Juniors provides an opportunity for 3-5 year olds to become familiar with our Summer Fun program in a smaller, half-day setting. The program is full of games, outdoor play, crafts and handson activities. Summer Fun Juniors is ideal for 5 year olds who will be entering Pre-K or Kindergarten in the fall who have yet to spend time in a half-day or full day youth program. Children must be toilet trained in order to attend.

If space allows you may enroll your child for both Morning and Afternoon sessions. Our Child Care Center will be offering a Lunch Bunch program to provide care during the lunch hour for an additional fee. For questions or more information about Summer Fun Juniors please contact Amanda at 248-6283 or via email at apoulin@townofpittsford.org.

Summer Fun Juniors Morning

Reg. No.	Dates	Time	<u>Fee</u>
310103-01	Jun 24-28	8:30-11:30AM	\$84
310103-03	Jul 1-3	8:30-11:30AM	\$50
310103-17	Jul 5	8:30-11:30AM	\$17
310103-05	Jul 8-12	8:30-11:30AM	\$84
310103-07	Jul 15-19	8:30-11:30AM	\$84
310103-09	Jul 22-26	8:30-11:30AM	\$84
310103-11	Jul 29-Aug 2	8:30-11:30AM	\$84
310103-13	Aug 5-9	8:30-11:30AM	\$84
310103-15	Aug 12-16	8:30-11:30AM	\$84

Lunch Bunch!

Reg. No.	Dates	Time	Fee
310105-01	Jun 24-28	11:30AM-12:30PM	\$27
310105-02	Jul 1-3	11:30AM-12:30PM	\$16
310105-09	Jul 5	11:30AM-12:30PM	\$5
310105-03	Jul 8-12	11:30AM-12:30PM	\$27
310105-04	Jul 15-19	11:30AM-12:30PM	\$27
310105-05	Jul 22-26	11:30AM-12:30PM	\$27
310105-06	Jul 29-Aug 2	11:30AM-12:30PM	\$27
310105-07	Aug 5-9	11:30AM-12:30PM	\$27
310105-08	Aug 12-16	11:30AM-12:30PM	\$27

Summer Fun Juniors Afternoon

Reg. No.	Dates	Time	Fee
310103-02	Jun 24- 28	12:30-3:30PM	\$84
310103-04	Jul 1-3	12:30-3:30PM	\$50
310103-18	Jul 5	12:30-3:30PM	\$17
310103-06	Jul 8-12	12:30-3:30PM	\$84
310103-08	Jul 15-19	12:30-3:30PM	\$84
310103-10	Jul 22-26	12:30-3:30PM	\$84
310103-12	Jul 29-Aug 2	12:30-3:30PM	\$84
310103-14	Aug 5-9	12:30-3:30PM	\$84
310103-16	Aug 12-16	12:30-3:30PM	\$84

SUMMER FUN JUNIORS THEME WEEKS

Week 1	Digging for Dinosaurs
Week 2	Games Galore
Week 3	Nutty for Nature
Week 4	Silly Scientists
Week 5	Mystery Week
Week 6	Bugs & Butterflies
Week 7	Amazing Artists
Week 8	Lost in Space

NO PROGRAM ON JULY 4TH!





Register Online At: www.townofpittsford.org

SUMMER FUN DAY CAMP 2024

SUMMER FUN! Day Camp

Ages 5-13

SUMMER FUN DAY CAMP THEME WEEKS

Week 1	Passport to Fun
Week 2	Lights, Camera, Action
Week 3	Space is the Place
Week 4	Winter in July
Week 5	Get Your Game On
Week 6	Summer Safari
Week 7	Disco Dayz
Week 8	Splish Splash

Summer Fun Field Trips

Please note that your child must be registered for the program the week the field trip is being offered.

Trips are for participants at both the Thornell Road Elementary School and Pittsford Community Center sites.

Ages 5-7

Reg. No.	Dates	Location	<u>Fee</u>
310104-01	June 26	STRONG Museum of Play	\$31
310104-03	July 2	Regal Eastview: Inside Out 2	\$24
310104-05	July 10	Planetarium	\$16
310104-07	July 17	Village Sports: Ice Skating	\$17
310104-09	July 25	Red Wings Camp Day	\$22
310104-10	July 31	Seneca Park Zoo	\$28
310104-12	August 7	AMF Fairview Lanes	\$22
310104-14	August 14	Bounce Hopper	\$18

Ages 8-13

Reg. No.	Dates	Location	Fee
310104-02	June 27	Minnehan's Fun Center	\$38
310104-04	July 3	Regal Eastview: Inside Out 2	\$24
310104-06	July 11	Challenger Learning Center	\$37
310104-08	July 18	Tim Hortons Iceplex	\$16
310104-09	July 25	Red Wings Camp Day	\$22
310104-11	August 1	Seneca Park Zoo	\$28
310104-13	August 8	Horizon Fun FX	\$40
310104-15	August 15	Seabreeze	\$43

JULY 5 DAY CAMP &

AFTER CARE OFFERED AT

COMMUNITY CENTER SITE ONLY.

REGISTRATION REQUIRED.

Summer Fun offers eight weeks of fun day programming for children ages 5-13 (5 year olds can participate in the Summer Fun program if they have completed kindergarten. 5 year olds who have not completed kindergarten may register for Summer Fun Juniors program on the previous page).

Programming includes outdoor playtime, indoor activities, arts & crafts, special events, theme days, and field trips (additional fee and registration apply). Your child won't want to miss out on all the fun to be had this summer!

Our After Care program is for parents who would like their child to stay at a Summer Fun site until 5:30pm. After Care will run daily from 3:30-5:30pm at both Summer Fun locations. Please note the additional fee and registration codes. For questions or more information about Summer Fun please contact Amanda at 248-6283 or via email at apoulin@townofpittsford.org.

Summer Fun Day Camp is certified by the NYS Department of Health. Participants must provide current immunization records. A copy of these records must be delivered on or before your child's first day of Summer Fun.

Pittsford Recreation will not accept records from previous years. Electronic copies will be accepted.

Thornell Road Elementary • Ages 5-13

Reg. No.	Dates	Time	Fee
310101-01	Jun 24-28	8:30AM-3:30PM	\$142
310101-09	Jun 24-28	3:30-5:30PM	\$48
310101-02	Jul 1-3 No camp 7/4 & 7/5	8:30AM-3:30PM	\$85
310101-10	Jul 1-3 No camp 7/4 & 7/5	3:30-5:30PM	\$29
310101-03	Jul 8-12	8:30AM-3:30PM	\$142
310101-11	Jul 8-12	3:30-5:30PM	\$48
310101-04	Jul 15-19	8:30AM-3:30PM	\$142
310101-12	Jul 15-19	3:30-5:30PM	\$48
310101-05	Jul 22-26	8:30AM-3:30PM	\$142
310101-13	Jul 22-26	3:30-5:30PM	\$48
310101-06	Jul 29-Aug 2	8:30AM-3:30PM	\$142
310101-14	Jul 29-Aug 2	3:30-5:30PM	\$48
310101-07	Aug 5-9	8:30AM-3:30PM	\$142
310101-15	Aug 5-9	3:30-5:30PM	\$48
310101-08	Aug 12-16	8:30AM-3:30PM	\$142
310101-16	Aug 12-16	3:30-5:30PM	\$48

Pittsford Community Center • Ages 5-13

	•		
Reg. No.	Dates	Time	Fee
310102-01	Jun 24-28	8:30AM-3:30PM	\$142
310102-09	Jun 24-28	3:30-5:30PM	\$48
310102-02	Jul 1-3	8:30AM-3:30PM	\$85
310102-10	Jul 1-3	3:30-5:30PM	\$29
310102-17	Jul 5	8:30AM-3:30PM	\$29
310102-18	Jul 5	3:30-5:30PM	\$10
310102-03	Jul 8-12	8:30AM-3:30PM	\$142
310102-11	Jul 8-12	3:30-5:30PM	\$48
310102-04	Jul 15-19	8:30AM-3:30PM	\$142
310102-12	Jul 15-19	3:30-5:30PM	\$48
310102-05	Jul 22-26	8:30AM-3:30PM	\$142
310102-13	Jul 22-26	3:30-5:30PM	\$48
310102-06	Jul 29-Aug 2	8:30AM-3:30PM	\$142
310102-14	Jul 29-Aug 2	3:30-5:30PM	\$48
310102-07	Aug 5-9	8:30AM-3:30PM	\$142
310102-15	Aug 5-9	3:30-5:30PM	\$48
310102-08	Aug 12-16	8:30AM-3:30PM	\$142
310102-16	Aug 12-16	3:30-5:30PM	\$48

PCC OPEN GYM PROGRAMS

Orop-in Gym Schedule

The seasonal open gym schedule is subject to change. Please call the Recreation Department at (585) 248-6280 with questions or to confirm gym times. The Pittsford Community Center Gymnasium will be available on a drop-in basis for open basketball and open volleyball. Some basketballs and volleyballs are available. Instruction/supervision will not be provided. Children under 13 must be supervised by an adult at all times during open basketball. Children ages 12-16 must be accompanied by an adult to participate in open volleyball. Proof of residency and registration is required before participating in open gym programs.

Open Basketball (Mar 24 - Jun 15)

Open Volleyball (Mar 27 - Jun 12)

No open basketball Mar 29 & 31, Apr 8 & 26, May 27, Jun 1, 7 & 8

•			
MONDAY	Drop-In Pickleball	12:00-2:00PM	Adult (18 & Up)
	Open Basketball	2:30-3:30PM	Teen (13-17)
TUESDAY	Parent & Tot Open Gym	10:45AM-12:15PM	Ages 2-5
	Open Basketball	2:30-3:30PM	Teen (13-17)
	Open Basketball	7:30-9:00PM	Youth/Family (12 & Under)
WEDNESDAY	Drop-In Pickleball	12:00-2:00PM	Adult (18 & Up)
	Open Basketball	2:30-3:30PM	Teen (13-17)
	Open Volleyball	7:00-9:00PM	Adult (18 & Up)
THURSDAY	Open Basketball	1:00-2:00PM	Adult (18 & Up)
	Open Basketball	2:30-3:30PM	Teen (13-17)
FRIDAY	Parent & Tot Open Gym	10:45AM-12:15PM	Ages 2-5
	Drop-In Pickleball	1:30-3:30PM	Adult (18 & Up)
	Open Basketball	6:00-7:00PM	Youth/Family (12 & Under)
	Open Basketball	7:00-8:00PM	Adult (18 & Up)
SATURDAY	Open Basketball	12:00-1:30PM	Youth/Family (12 & Under)
	Open Basketball	2:00-4:00PM	Teen (13-17)
	Open Basketball	4:30-6:30PM	Adult (18 & Up)
SUNDAY	Drop-In Badminton Open Basketball	12:30-2:30PM 3:00-4:00PM	Adult (18 & Up) Youth/Family (12 & Under)

Drop-in Badminton

Reg. No.	Day	Date	Time	Fee
231284-01	Sun	Mar 24-Jun 9	12:30-2:30PM	\$2
Ages 18 & up				PCC Gym

Drop-in to play badminton! Badminton is a racquet sport played using racquets to hit a shuttle across a net. Although it may be played with larger teams, the most common forms of the game are "singles" and "doubles." This program is a great way to meet new people and play a game that is right for a variety of skill levels. No instruction or supervision is provided for this drop-in program. Fee is per person, per visit. For any questions, contact Kate at 248-6281.

No program Mar 31

Drop-in Pickleball

Reg. No.	Day	Date	Time	Fee
231283-01	Mon	Mar 25-Jun 10	12:00-2:00PM	\$2
231283-02	Wed	Mar 27-Jun 12	12:00-2:00PM	\$2
231283-03	Fri	Apr 12-Jun 14	1:30-3:30PM	\$2
Ages 18 & up		•		PCC Gym

Drop-in to play this exciting game that everyone is talking about! Pickleball is a blend of tennis, badminton and ping pong and is a great way to meet new people and play a game that is right for a variety of skill levels. No instruction or supervision is provided for this drop-in program. Fee is per person, per visit. For more information please contact Kate Disbrow at 248-6281 or KDisbrow@townofpittsford.org.

No program Apr 1-8, Apr 26 & May 27

Parent & Tot Open Gym

Reg. No.	Day	Date	Time	Fee
211207-01	Tue & Fri	Mar 26-Jun 14	10:45AM-12:15PM	No Fee
Ages 2-5				PCC Gym

Pittsford Recreation invites parents and their little ones to share an open gym time at the Pittsford Recreation Department. We will provide the equipment and you provide the fun! This drop-in program is designed to give children time to socialize and use their gross motor skills. This is an open gym for parents and/or caregivers to play with their children in a stimulating environment. Children are encouraged to bring their favorite toy and explore at their own pace and desire. Parent or caregiver must be present during the entire playtime. Instruction/supervision is not provided. Registration is required.

No program Mar 29, Apr 2, 5 & 26

Pittsford Wreckers Training Club

Activity	Day	Date	Time	Location
Unified Yoga	Tue	Apr 9-May 14	5:00-5:45PM	PCC Rm 113
Basketball	Thu	Mar 21-May 2	6:00-7:00PM	PCC Gym
Track & Field	Thu	May 9-Jun 13	6:00-7:00PM	PCC Gym

The Pittsford Wreckers Special Olympics Training Club offers a variety of programs on a seasonal basis. Volunteers are needed for all Pittsford Wreckers activities. All participants (athletes, volunteers, and unified partners) must complete the necessary paperwork and/or trainings required by Special Olympics New York prior to participation. For more information, or if you are interested in participating, please contact Kate Disbrow at 248-6281 or KDisbrow@townofpittsford.org.



Panther Pals

HOURS: MONDAY-FRIDAY, 9:00AM-12:00PM



PANTHER PALS SCHEDULE

PROGRAM CODE-211318

Group A: Mon, Wed

9:00AM-12:00PM \$65/week

Group B:

& Fri

Tue & Thu 9:00AM-12:00PM

\$45/week

Panther Pals is a preschool aged program for ages 2-5 years. Children will enjoy discovery, play, music, arts, crafts and learning. Weekly themes as well as STEM, geography, letter and number activities allow for children to grow and learn all while having fun. The daily schedule includes fine and gross motor skill activities, outdoor time, gym time, crafts, circle and reading time. Special guests will be brought in each month to connect with our themes.

For questions or more information about Panther Pals please contact Amanda at 248-6283 or via email at apoulin@townofpittsford.org. Register at www.townofpittsford.org.

No program Mar 29 & May 27 • The spring session of Panther Pals will end on Friday, June 14th.

The program is not offered in the summer and will resume in the fall!

Preschool

Preschool Adventures: Baskets and Bunnies

Sherry Murray, Instructor

Reg. No.	Day	Date	Time	Fee
211314-01	Mon	Mar 25	10:00-11:00AM	\$18
211314-02	Tue	Mar 26	10:00-11:00AM	\$18
Ages 2-6 with	an adult			PCC Rm 4

Let's celebrate the season together! We will experiment with different ways to color eggs, and create a cute basket to carry them home in. Everyone will make their own bunny snack, listen to a story and have a hopping good time!

Preschool Adventures: All About Me

Sherry Murray, Instructor

Reg. No.	Day	Date	Time	Fee
211314-03	Tue	Apr 9	10:00-11:00AM	\$16
Ages 2-6 with	an adult	•		PCC Rm 4

We will read, I'm Gonna Like Me!, trace and decorate our bodies on paper, and make a family tree. Everyone will talk about what makes each of us unique while exploring together.

Preschool Adventures: Celebrate Spring

Sherry Murray, Instructor

Reg. No.	Day	Date	Time	Fee
211314-04	Mon	Apr 15	10:00-11:00AM	\$16
211314-05	Tue	Apr 16	10:00-11:00AM	\$16
Ages 2-6 with	an adult	•		PCC Rm 4

Let's celebrate the change of seasons by learning about the colors in the rainbow. We will make our own sculptures, windsock, and butterfly. Then we will snack on painted toast and homemade butter. Children and their adult will participate in listening to a story, using our imaginations, and having fun.









Like us on Facebook, X and Instagram!

Preschool Adventures: There's No Place Like Space Sherry Murray, Instructor

Reg. No.	Day	Date	Time	Fee
211314-06	Mon	Apr 22	10:00-11:00AM	\$16
211314-07	Tue	Apr 23	10:00-11:00AM	\$16
Ages 2-6 with	n an adult	•		PCC Rm 4

Let's blast off to the moon! We will make rockets, a helmet, and explore space together.

Preschool Adventures: Water Science

Sherry Murray, Instructor

Reg. No.	Day	Date	Time	Fee
211314-08	Mon	Apr 29	10:00-11:00AM	\$16
211314-09	Tue	Apr 30	10:00-11:00AM	\$16
Ages 2-6 with	PCC Rm 4			

We will read, What Floats in a Moat, and experiment with the way different objects react to water. Everyone will make a boat, lava lamp, and chalk prints.

Preschool Adventures: Are You My Mother?

Sherry Murray, Instructor

Reg. No.	Day	Date	Time	Fee
211314-10	Mon	May 6	10:00-11:00AM	\$16
211314-11	Tue	May 7	10:00-11:00AM	\$16
Ages 2-6 with	n an adult	•		PCC Rm 4

Children love P.D. Eastman's classic story about the little lost bird. In this class, we will make our own cute bird's nests and decorate paper eggs. We will play games and sing some songs!

Preschool Adventures: Bugs

Sherry Murray, Instructor

Reg. No.	Day	Date	Time	Fee
211314-12	Mon	May 13	10:00-11:00AM	\$16
211314-13	Tue	May 14	10:00-11:00AM	\$16
Ages 2-6 with	n an adult	•		PCC Rm 4

Come explore the wonderful world of insects! We will learn about the different parts of these tiny creatures and go on an indoor bug hunt. We will create some eight-legged art projects, make and eat a healthy "bug" snack, listen to a story and explore large and small motor activities together.

Preschool Adventures

Sherry Murray, Instructor

Reg. No.	Day	Date	Time	Fee
211314-14	Mon	May 20-Jun 10	10:00-11:00AM	\$46
211314-15	Tue	May 21-Jun 11	10:00-11:00AM	\$46
Ages 2-6 with	an adult	-		PCC Rm 4

Preschool Adventures is a unique class that is designed as a non-stressful way for children to be introduced to the preschool experience. Each week is centered on a theme. The class begins with a story to introduce the children to that day's lesson. Often, we have finger-plays or a song at this time as well. Then the child and their adult will rotate through 4-5 tables which contain age-appropriate crafts and activities. Everything is open ended and creative, as well as relates back to the day's theme. We close with a large motor activity and the goodbye song. Students will be able to practice listening to a teacher, following directions, and using classroom materials in a fun environment with their parent present. Please wear sneakers and smock or old clothes.

Please visit the instructor's website for more information:

www.preschooladventuresroc.weebly.com

No class May 27 & 28

S.T.E.A.M. Powered Play

Progressive Early Learning, Instructor

Reg. No.	Day	Date	Time	Fee
210433-01	Fri	Apr 26-May 17	10:30-11:30AM	\$60
210433-02	Thu	May 23-Jun 13	10:30-11:30AM	\$60
Ages 15 Mont	PCC Rm 216			

This class provides a fun, meaningful and relevant playful learning experience for young children. We provide materials and activities that lay the foundation for *S.T.E.A.M. learning. *(S)cience, (T)echnology, (E)ngineering, (A)rts, (M)ath. Children will learn concepts and practice skills through hands-on exploration and play, such as creative problem solving, critical thinking, self-regulation, pre-math and science, sensory experience, construction and more. We provide experiences with blocks and loose parts, process-oriented art, sensory and science, dramatic/pretend play, and language and literacy, and more.

Sensory and Science

Progressive Early Learning, Instructor

Reg. No.	Day	Date	Time	Fee
210434-01	Thu	Mar 28- Apr 18	10:30-11:30AM	\$60
210434-02	Fri	May 24-Jun 14	10:30-11:30AM	\$60
Ages 15 Mont	PCC Rm 216			

This sensory and science class will thrill your young children. They get to explore a variety of materials with their senses. They will explore slimy things, ooey gooey things, wet and dry things, rough and smooth things and more! They will experience chemistry and physics as they play and explore the natural materials provided. Things will go fizzle and pop, things will go fast and slow, things will roll and fly! Children will learn concepts such as absorption, displacement, measurement, cause and effect, sensory and tactile awareness, solid, liquid, suspension, drainage, conservation, volume, mass, saturation, and estimation. The learning goes on and on.

Art and Sensory Play

Progressive Early Learning, Instructor

Keg. No.	υay	Date	lime	<u>ree</u>
210436-01	Fri	Apr 12-19	10:30-11:15AM	\$30
210436-02	Thu	Apr 25-May 16	10:30-11:15AM	\$60
Ages 18 Mont	PCC Rm 4			

This process-oriented art and sensory class is so much fun for young children. Not only do they make beautiful works of art, but they will explore *S.T.E.A.M. (*(S)cience, (T)echnology, (E)ngineering, (A)rts, (M)ath) concepts through the process. They will make art by using catapults, bouncing, and throwing, rolling and shaking, gluing and pasting, blowing and pulling, whacking and smacking, sticking and stacking, and more! They get to explore a variety of materials with their senses. They will explore slimy things, ooey gooey things, wet and dry things, rough and smooth things and more! It will be so much fun, so please dress for the mess.

Music & Theatre

Mandarin, Music, and Me

Tiffany Khamphoune, Instructor

Reg. No.	Day	Date	Time	Fee
211301-01	Tue	May 7-21	9:30-10:10AM	\$54
Ages 0-3 year	s with adu	lt		PCC Rm 215

A 40-minute Mandarin & Music class designed for babies and toddlers, from birth up to age 3 years. Each week we will explore a different topic to learn new vocabulary through songs, fingerplays, and games. Come join us to sing along and move around in an Madarin-immersion environment that is fun and friendly to families of all backgrounds and languages.

Broadway Babies - The Wizard of Oz Musical Workshop



Bravo! Creative Arts: Edward Rocha, Instructor

Reg. No.	Day	Date	Time	Fee
210518-01	Fri	May 3- Jun 7	4:30-5:15PM	\$50
		•	Perinton Community	Center 208B
	Sat	May 4- Jun 8	10:00-10:45AM	
Ages 3-5		•		PCC Rm 113

A Musical Theatre course for your young beginner that will expand skills by learning songs, dances, and storytelling. Students will be introduced to vocal exercises and songs, basic dance skills, and creative play using props and costumes. Perfect for children who love theatre or have a desire to see what it's all about! The program will end in a presentation where your child will shine! It's a great show for friends and family to celebrate what the cast members have learned throughout the production process!

Performance will be held at the Perinton Community Center. Sunday 6/9: Performance at 2:00PM



Broadway Babies - Treasure Trunk Theatre

Bravo! Creative Arts: Edward Rocha, Instructor



Reg. No.	Day	Date	Time	Fee
210519-01	Wed	Apr 24-May 15	5:00-5:30PM	\$30
Ages 3-5			Perinton Community	Center 208B

Our treasure trunk provides the dramatic focus for each class; it conceals something mysterious and exciting! We open the trunk to discover the spark that inspires that day's interactive adventure. Each day's adventure also ties into the session-long story that we create while simultaneously playing all the characters. We will learn how to band together as an ensemble using voice, body and imagination to overcome a myriad of dramatic challenges.

Broadway Babies - Story Drama!

Bravo! Creative Arts: Edward Rocha, Instructor



Reg. No.	Day	Date	Time	<u>Fee</u>
210520-01	Wed	Apr 24-May 15	5:45-6:15PM	\$30
Ages 3-5			Perinton Commu	nity Center 208B

In this class, we take selected children's books* and use them as the base for a dramatic exploration. Students will create new characters and dramatic situations in which we work together to overcome all sorts of challenges, while using the stories as inspiration. Props and costumes will be used to further enhance our sensory experience of the story. Come experience some great stories with us this Spring! *NOTE: New stories are used each session.



Athletics & Wellness

Wiggles, Giggles, and Jiggles

Lisa Magliato, Instructor

Reg. No.	Day	Date	Time	Fee
240398-01	Thu	Mar 28-Apr 25	10:00-11:00AM	\$79
240398-02	Thu	May 2-30	10:00-11:00AM	\$79
Ages 2-4 (with	n caregiver)	-		PCC Gym

Fun movement activities, music, games, stories, scooters, ribbon dancing and more that promote the development of gross motor skills, following directions, decision making, self-confidence and social interaction for both child and caregiver. A great preschool and Kindergarten readiness class. Wear sneakers and bring water. Note: Babies in front packs or car seats are welcome to attend.

Lil Athletes

Lisa Magliato, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
241298-01	Thu	Mar 28-Apr 25	11:15AM-12:00PM	\$79
241298-02	Thu	May 2-30	11:15AM-12:00PM	\$79
Ages 3-5		-		PCC Gym

Lil Athletes is a fun and positive introduction to sports of all sorts (tennis, soccer, basketball, hockey golf and more). All games and activities promote the development of gross motor skills and encourage peer interaction in a safe and non-competitive environment. This is not a parent participation class, but parents are welcome to watch from the window above the gym. Please bring water and wear sneakers. Come join the team!

Soccer Shots for Youth

Soccer Shots Staff, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
211254-01	Sat	Apr 20 - Jun 15	9:30 -10:00AM	\$145
Age 2 (paren	t must par	ticipate with child)*		
211254-02	Sat	Apr 20 - Jun 15	9:15-10:00AM	\$145
211254-03	Sat	Apr 20 - Jun 15	10:05-10:50AM	\$145
211254-04	Sat	Apr 20 - Jun 15	11:00-11:45AM	\$145
211254-05	Sat	Apr 20 - Jun 15	11:50AM-12:35PM	\$145
Ages 3-4				
211254-06	Sat	Apr 20 - Jun 15	10:05-10:50AM	\$145
211254-07	Sat	Apr 20 - Jun 15	11:00-11:45AM	\$145
Ages 5-7			Hopkins Park	Rectangle #1

Soccer Shots is a national program teaching children the beautiful game of soccer. Using creative and imaginative games, sessions focus on basic soccer skills like dribbling, passing, and shooting. Our Soccer Shots coaches are energetic and enthusiastic, are great teachers, and love working with children. We not only teach soccer skills -- we develop balance, coordination and agility. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport. *The 2 year program requires one parent to participate with their child.*

April 20 & April 27 classes will be held at Thornell Farm Park (480 Mendon Rd.) in Pittsford.

May through June classes will be held at Hopkins Park (5 Barker Rd at Mendon Center Rd.) in Pittsford.



Little Ninja Class

James Creighton & Pete Reminicky, Instructors

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
210351-01	Tue	Mar 26-Jun 11	6:30-7:15PM	\$149
210351-02	Wed	Mar 27-Jun 12	5:30-6:15PM	\$149
210351-03	Wed	Mar 27-Jun 12	6:30-7:15PM	\$149
210351-04	Tue & Wed			\$229
Ages 4-6 (with parent/guardian)				PCC Rm 217 & 218

This program is designed for children ages 4-6 and offers a fantastic introduction to martial arts in a fun and engaging manner. Specifically tailored to their developmental needs, this program focuses on building fundamental physical skills, coordination, and social interaction. Through age-appropriate activities and games, Little Ninjas learn essential martial arts techniques, basic self-defense, and self-discipline while developing balance, agility, and motor skills. The program also emphasizes valuable life skills such as respect, focus, and cooperation, helping young children build confidence, discipline, and a positive mindset. With its nurturing and supportive environment, the Little Ninja martial arts program provides a strong foundation for children, fostering their physical, mental, and emotional growth while instilling a love for martial arts at an early age. For more information visit www.creightonmartialarts.com.

No class Apr 2-3

Semi-Private Gymnastics

Mary Slaughter, Instructor

Reg. No.	Day	Date	Time	Fee
211296-01 Ages 3-7	Tue	Mar 26-Apr 30	3:50-4:25PM	\$79
211296-02	Tue	Mar 26-Apr 30	4:25-5:00PM	\$79
Ages 4-10 211296-03	Tue	Mar 26-Apr 30	5:00-5:35PM	\$79
Ages 4-10 211296-04	Tue	May 14-Jun 4	3:50-4:25PM	\$79
Ages 3-7		•		•
211296-05 Ages 4-10	Tue	May 14-Jun 4	4:25-5:00PM	\$79
211296-06 Ages 4-10	Tue	May 14-Jun 4	5:00-5:35PM	\$79 PCC Rm 217

Climbing the walls? Try gymnastics! Join Coach Mary, safety-certified, former Head Coach, for fundamentals at every developmental level plus many cross-over skills good for all sports! Get strong while upside down in handstands, using the trampoline-vault and flipping over the barrel mat! New challenges are offered each session! Small group offers lessons for your skill level!

No class Apr 2 & 9

Sporty Tots

Mary Slaughter, Instructor

Reg. No.	Day	Date	Time	Fee
211294-01	Tue	Mar 26-Apr 30	6:30-7:00PM	\$69
Ages 20 mont	PCC Gym			

Something for every tot to learn when they get their hands-on a tee-ball, lacrosse stick or a soccer ball! Play and learn to catch, kick, throw and score! You will hit a homerun with these sports fundamentals and adapted drills for the littlest athletes! Join the team where it's never too early for sportsmanship and teamwork!

No class Apr 2 & 9

Sporty Trainers

Mary Slaughter, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
211293-01	Tue	May 14-Jun 4	6:30-7:00PM	\$69
Ages 20 Mon	ths-4 years	s with an adult		PCC Gym

Jump in and play with friends in this outdoor class! We will be outside (weather permitting), for soccer, T-Ball, soccer skills and more with so many games to try! You will be ready for summer and have fun learning skills with Coach Mary and friends! Hop to it!



Parent & Tot Open Gym

Reg. No.	Day	Date	Time	Fee
211207-01	Tue & Fri	Mar 26-Jun 14	10:45AM-12:15PM	No Fee
Ages 2-5				PCC Gym

Pittsford Recreation invites parents and their little ones to share an open gym time at the Pittsford Recreation Department. We will provide the equipment and you provide the fun! This drop-in program is designed to give children time to socialize and use their gross motor skills. This is an open gym for parents and/or caregivers to play with their children in a stimulating environment. Children are encouraged to bring their favorite toy and explore at their own pace and desire. Parent or caregiver must be present during the entire playtime. Instruction/supervision is not provided. Registration is required.

No program Mar 29, Apr 2, 5 & 26

OH, NO!

WHY DID WE HAVE TO CANCEL THAT CLASS?

Sometimes courses are cancelled because people wait too long to register.

Please register early to avoid disappointment!

PRESCHOOL/YOUTH & TEEN

Youth Soccer - Summer

Recreation Staff, Instructor

Jul 9-Aug 13

Reg. No.	Day	Date	Time	Fee
311229-01	Tue	Grades K-1	6:30-7:15PM	\$55
311229-02	Tue	Grades 2-3	7:30-8:30PM	\$55
311229-03	Tue	Grades 4-6	7:30-8:30PM	\$55
			Great Embankment	Park Fields

The emphasis of this program is sportsmanship, friendship, and fun. Micro soccer (small-sided play on scaled down field areas) will be the format utilized to maximize each player's involvement in play and opportunity for "ball touch." Games introduced are designed to be challenging and skill building, and will help to build your child's confidence with a soccer ball without them even realizing it's happening. Players must provide a water bottle, shin guards and a size 3 or 4 practice ball. Registration deadline is June 21.

Volunteer coaches are necessary for the success of this program. No experience necessary. Volunteers will be sent a packet with lesson plans and all pertinent program operational information prior to the start of the season. If you are interested in coaching, please contact Kate at 248-6281.

Great Embankment Park is located at 631 Marsh Rd. in Pittsford.

Jance

Teeny Tiny Tap and Ballet *Jordan Wisset, Instructor*

Reg. No.	<u>Day</u>	<u> Date</u>	<u>Time</u>	<u>Fee</u>
210410-01	Sat	Apr 13- Jun 15	8:30-9:15AM	\$110
Ages 2-3				PCC Rm 218

Have fun while learning the basic steps in tap and ballet personality songs and cute routines. Hair should be pulled back in a bun or ponytail. Tap and ballet shoes are required. Friends and family are invited to attend the last class of the session for a special performance!

Tiny Tap and Ballet

Jordan Wisset, Instructor

Reg. No.	Day	<u> Date</u>	Time	<u>Fee</u>
210424-01	Sat	Apr 13- Jun 15	9:15-10:00AM	\$110
Ages 4-6		-		PCC Rm 218

This class gives preschoolers an introduction to the world of tap and ballet. Have fun while learning basic steps, personality songs and cute routines. Hair should be pulled back in a bun or ponytail. Tap and ballet shoes are required. Friends and family are invited to attend the last class of the session for a special performance!

Dance Camp

Katie Elizabeth, Instructor

FULL DAY CAMP

Reg. No.	Day	Date	Time	<u>Fee</u>
210450-01	Mon-Wed	Apr 1-3	9:00AM-3:00PM	\$140
HALF DAY	CAMP			
Reg. No.	Day	Date	Time	Fee
210450-02	Mon-Wed	Apr 1-3	9:00AM-12:00PM	\$90
210450-03	Mon-Wed	Apr 1-3	12:00-3:00PM	\$90
Ages 4-8		-	PCC Rm 2	16 & 206

A 3-day dance camp offering all styles of dance including ballet, jazz, tap, contemporary, salsa, hip hop and much more. The children will have the chance to dance, make crafts and perform in a dance show on the last day. Suitable for all abilities beginner-advanced.

Irish Dance with Dunleavy: Intro to Irish Dance

Amy Coppola TCRG, Instructor Reg. No. Day Time Fee Mar 28- Jun 13 4:15-5:00PM \$180 210432-01 Thu Ages 4-8 **PCC Rm 216**

Intro to Irish Dance- This class is perfect for anyone who wants to give Irish dance a try! In this fun class we will learn the fundamentals of Irish dance while focusing on the Skips and the Light Jig. Please wear socks, shorts and a T-shirt and pull long hair back into a ponytail or bun.

All classes beyond Intro to Irish Dance are by teacher approval only. Dancers must wear the Dunleavy uniform and Irish dance shoes to every class. No class Apr 4



Youth & Teen

Adventure & Nature Camp

Recreation Staff, Instructor

Reg. No.	Day	Date	Time	Fee
311015-01	Mon-Thu	Aug 19 - 22	8:30AM-3:30PM	\$330
Ages 10-14		-		PCC Rm 19

Spend the last week of summer on an exciting daily adventure! We will visit a ropes course, go rock climbing, kayak, and go to a water park! A complete itinerary of the week's events and adventures will be sent out to all registrants before the start of camp. Campers should bring a snack, water bottle and lunch to camp every day. Come experience the outdoors in a challenging, safe, and exciting way. For questions about Adventure Camp please contact Amanda at 248-6283 or via email at apoulin@townofpittsford.org.

For guestions or more information about Adventure & Nature Camp please contact Amanda Poulin at 248-6283 or via e-mail at apoulin@townofpittsford.org.

The After School Program

Recreation Staff

Reg. No.	Day	Date	Time	<u>Fee</u>
211401-01	Mon-Fri	Mar 25-Jun 21	3:00-6:00PM	\$945
Ages 5-13				PCC

Are you in need of a recreational after school program for your child to attend once the school day has ended? The After School Program provides a quality, fun and safe recreational environment for your child, ages 5-13. Participants will be placed into groups according to age and/or grade level. Activities include arts and crafts, free play, quiet time, and playtime in our gym or outside on our playground. A daily snack is provided. The program is closed on school breaks and holidays, however it is open on school scheduled half days. Break Camps and Break Camp Days are available for children to attend on school breaks and holidays (registration and additional fees are required). Please contact Kathleen Laskey at 248-6289 for more information regarding the program.

Program is closed March 29, April 1-8, April 26, May 27, June 19

Spring Break Camp - In a Total Solar Eclipse! Recreation Staff

Reg. No.	Day	Date	Time	Fee
211403-01	Mon-Fri	Apr 1-5	8:30AM-5:30PM	\$220
Ages 5-13		•		PCC

Looking for something fun and exciting for your child to do over Spring Break? Join the Town of Pittsford Recreation Department for a week full of fun and all things solar eclipse. Includes a field trip to the Genesee Valley Country Museum for their solar eclipse celebration! *Please send your child with a non-perishable lunch and an afternoon snack every day.* Please have your child dressed for outdoor weather. Register early as this program does fill quickly. For questions or more information please contact Amanda Poulin at 585-6283 or via email at apoulin@townofpittsford.org.

Earth Day Celebration - Free Event!

Reg. No.	Day	Date	Time	Fee
210213-01	Mon	Apr 22	5:00-7:00PM	FREE
All Ages		-		PCC Pavilion

Looking for something fun and exciting to do for Earth Day? Join the Town of Pittsford Recreation Department for a free event to help celebrate Earth Day! Everyone will have the opportunity to enjoy a Story Stroll, visit vendor booths, make Earth Day themed crafts & indulge in Kona Ice, and more! Please register each participant that will be participating in this event; children must be accompanied by a responsible adult. For questions or more information please contact Amanda Poulin at 585-6283 or via email at apoulin@townofpittsford.org.



School Recess Day - Jump into Spring!

Recreation Staff

Reg. No.	<u>Day</u>	<u> Date</u>	Time	<u>Fee</u>
211401-02	Fri	Apr 26	8:30AM-5:30PM	\$44
Ages 5-13		-		PCC

Looking for something fun and exciting for your child to do on Superintendent's Conference Day? Join the Town of Pittsford Recreation Department for a day full of spring fun (and a surprise special guest)! **Please send your child with a non-perishable lunch and an afternoon snack every day.** Please have your child dressed for outdoor weather. For questions or more information please contact Amanda Poulin at 585-6283 or via email at apoulin@townofpittsford.org.

Arts & Crafts

American Girl Doll Adventures

Sherry Murray, Instructor

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Reg. No.	Day	Date	Time	Fee
211315-01	Thu	Apr 25	6:00-7:15PM	\$22
		•		
INTERIO	R DESIG	3N		
Reg. No.	Day	Date	Time	Fee
211315-02	Thu	May 23	6:00-7:15PM	\$22

LET'S PLANT A GARDEN

Reg. No.	Day	Date	Time	Fee
211315-03	Thu	Jun 13	6:00-7:15PM	\$22
Ages 6-13 wit	th an adult			PCC Rm 204

Spa Day: Your doll can relax in her room with a tub, vanity, and stool.

Interior Design: We will create a custom 3-sided room for our dolls to enjoy. **Let's Plant a Garden:** We will make a "plantable" garden with vegetables and flowers.

Parent and Child Clay Class!

Marybeth Fitzsimmons, Instructor

Reg. No.	Day	Date	Time	Fee
240225-01	Fri	Apr 12 & 19	6:45-8:00PM	\$62
240225-02	Sat	May 11 & 18	10:00-11:15AM	\$62
Ages 5 & up		-		PCC Rm 19

Come make a project out of clay using hand building techniques such as pinching, coiling and slab rolling!

Work as a team and design your ideas on paper and then build it together. The next week after it has been fired, paint various colors and a clear glaze on your work. Projects will be fired and returned within a week to the center. Ages 5 years and up are welcome!



Creative Painting and Drawing

Yushan Socola, Instructor

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
220238-01	Thu	May 23-Jun 13	5:30-6:15PM	\$100
Ages 7-12				PCC Rm 19

Welcome to our art class adventure! Explore the world of painting and drawing using exciting techniques and a mix of materials like oil pastel, watercolor, acrylic, clay, and ink. Dive into printmaking and the secrets of color theory. Each class will be a unique project, inspiring creativity while building color and composition skills. Get ready to have fun and express yourself through art - all materials included! Teacher: Mrs. Socola, a NY certified art teacher.

April Recess Art Camp

Yushan Socola, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
220252-01	Thu	Apr 1 – 5	9:00-11:00AM	\$185
Ages 5-12		•		PCC Rm 4

Welcome to our delightful camp, where creativity goes beyond! From stamped and printed ice cream cones to DIYpop art soup cans, jumbo tie-dye popsicles, layer cake sculptures, Wayne Thiebaud inspired donut painting and drawing, to crafting giant mixed media pizza slices - it's time to get your hands messy and whip up some artistic sweets! Join us for a week filled with flavor and fun.



Solar Eclipse Inspired Painting Class

Yushan Socola, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
220253-01	Sat	Apr 6	2:00-3:00PM	\$38
Ages 7-12		·		PCC Rm 19

The solar eclipse is such a rare and amazing sight. Students will watch a video of the eclipse and discuss their reaction to the eclipse that just took place. Then, we will look at Mexican artists' work for inspiration of the sun and moon. Teacher will demonstrate basic drawing techniques utilizing the eclipse theme and how to use warm and cool color to create their artwork on a stretched canvas.

Colored Pencil

Stacey Maroney, Instructor

BEGINNERS: Reg. No. Day

220245-01	Tue	Mar 26-May 7	10:00AM-12:00PM	\$150
INTERME	DIATE:			
Reg. No.	Day	Date	Time	Fee
220245-02	Tue	May 14-Jun 18	12:30-2:30PM	\$150
Ages 16 & up		•		PCC Rm 207

Time

Fee

Date

Beginners: Learn the basics of colored pencil art in this 6-week course. Many people are surprised by the realism that can be achieved with this childhood favorite medium, and the best part is: there are no messy paintbrushes to clean after the class! Local color pencil artist, Stacey Maroney, will guide you through the basics of line, shading, color theory, blending and much more. Each week will focus on a different subject and different technique. Suitable for absolute beginners.

Intermediate: This 6-week course is for those who have some experience in using colored pencils, or those who have completed the beginners course. We will build on our skills, drawing subjects from life and from photographs, focusing on different elements such as light, shade and reflection. Classes will be modified to suit the attendees' interests and abilities. All materials provided. No Class Apr 2

Kids Art - Learning Technical Skills

Stacey Maroney, Instructor

Reg. No.	Day	Date	Time	Fee
220248-01	Thu	Apr 11-Jun 13	5:00-6:00PM	\$195
Ages 6 & up		-		PCC Rm 207

Every child is unique, and their art should be too! This art course aims to encourage children to develop their own creativity in a way that is unique to them. For kids with an interest in art that wish to learn some more technical skills. Teacher and artist, Stacey Maroney, provides the inspiration, the technique and the materials and your child does the rest!

Kids Art - Illustrators Course

Stacev Maronev, Instructor

	,,	••		
Reg. No.	Day	Date	Time	Fee
220247-01	Wed	Apr 10-Jun 12	5:00-6:00PM	\$195
Ages 6 & up		·		PCC Rm 207

A 10-week course for those kids interested in art and creativity. Each week we will study the work of a well-known illustrator and their technique and experiment with the technique by applying it to our own work of art. Some of the mediums we will work with include collage, painting, markers, and photography.

Music & Theatre

Private Piano Lessons

Beth Werner, Instructor

Reg. No.	Day	Date	Time	Fee
240501-01	Wed	Apr 17- Jun 5	3:00-3:30PM	\$180
240501-02	Wed	Apr 17- Jun 5	3:30-4:00PM	\$180
240501-03	Wed	Apr 17- Jun 5	4:00-4:30PM	\$180
240501-04	Wed	Apr 17- Jun 5	4:30-5:00PM	\$180
240501-05	Wed	Apr 17- Jun 5	5:00-5:30PM	\$180
240501-06	Wed	Apr 17- Jun 5	5:30-6:00PM	\$180
240501-07	Wed	Apr 17- Jun 5	6:00-6:30PM	\$180
240501-08	Wed	Apr 17- Jun 5	6:30-7:00PM	\$180
240501-09	Wed	Apr 17- Jun 5	7:00-7:30PM	\$180
240501-10	Wed	Apr 17- Jun 5	7:30-8:00PM	\$180
Ages 5 & up		-		PCC Rm 208

An experienced and fun teacher will instruct on how to begin enjoying playing the piano. You will learn the basics of piano and music theory. Each student will progress as far as they are able during the 8-week session.

'Accidental' Social Skills Comedy Improv

Carol Roberts, Instructor



	Reg. No.	Day	Date	Time	Fee
	210525-01	Sat	Apr 13	11:00AM-12:00PM	No Fee
	210525-02	Sat	Apr 20-May 18	11:00AM-12:00PM	\$175
Ages 10-18-plus				PCC Rm 113	

Have fun, make friends and enhance social skills without trying while playing easy theatre games like those seen on TV's *Whose Line is it Anyway?* Class has a relaxed, supportive atmosphere. Participation is encouraged, never forced.

We welcome young people with: High Functioning Autism, ADD/ADHD, Anxiety, Depression, Bipolar, Tourette's and any other social communication challenges.

These easy theatre games and scenes utilize suggestions supplied by fellow players. The results are at best hilarious, at worst interesting. No experience is required.

First class is a "try it class" - no obligation to continue! Registration is required.

Instructor Carol Roberts, MA is a comedy improviser and former stand-up comic who has performed with Robin Williams, Paula Poundstone and Ellen DeGeneres. She is also a former Executive Functioning Coach at RIT's Spectrum Program. Questions? Interested? Call her at (585) 259-2621.

The Wizard of Oz, Youth Edition

Bravo! Creative Arts: Edward Rocha, Instructor

Reg. No.	Day	Date	Time	Fee
210515-01	Sat	Apr 13- Jun 8	11:00AM-12:30PM	\$200
		•	PCC Rm 2	15 & 216
	Fri	Apr 26- Jun 7	5:00-6:00PM	
Ages 5-13		-	Perinton Communi	ity Center

The Wizard of Oz: Youth Edition is a one-hour adaptation of The Wizard of Oz, specially tailored for elementary and middle school-aged actors and is an exciting and rewarding experience.

Production week & performances will be held at the Penfield Community Center. Production Week: 6/10-6/13 5:00PM-7:00PM

Friday 6/14: Performance at 7:00PM

Saturday 6/15: Performances at 12:00PM & 3:00PM

You're A Good Man, Charlie Brown

Bravo! Creative Arts: Edward Rocha, Instructor

Reg. No.	Day	Date	Time Fee
210516-01			\$200
	Sat	Apr 13- Jun 8	3:00-5:00PM
		•	PCC Rm 215 & 216
	Sun	Apr 14- Jun 9	3:00-5:00PM
Ages 10-18		-	Penfield Community Center

Happiness is great musical theatre! With charm, wit, and heart, *You're A Good Man, Charlie Brown* explores life through the eyes of Charlie Brown and his friends in the Peanuts gang. This revue of songs and vignettes is based on the beloved Charles Schulz comic strip.

Production week & performances will be held at the Penfield Community Center.

Production Week: 6/10-6/13 6:30PM-8:30PM

Saturday 6/15: Performances 6:00PM Sunday 6/16 Performance at 2:00PM

Spring Break Theatre Camp: Disney's Descendants

Bravo! Creative Arts: Edward Rocha, Instructor

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
210517-01	Mon-Fri	Apr 1-5	9:00AM-3:30PM	\$200
Extended Day		-		
210517-02	Mon-Fri	Apr 1-5	8:00AM-5:00PM	\$280
Ages 5-14		-	Perinton Community Cente	r 208B

Campers will enjoy learning songs and dances from Disney's *Descendants*. Camp week will end Friday at 3:30PM in a presentation where your child will shine! It's a great show for friends and family to celebrate what the Campers have learned throughout the week. Campers will need a packed lunch, filled water bottle and 2 snacks each day. Campers should wear comfortable clothing and shoes that permit movement for dancing.

Theatre Games

Bravo! Creative Arts: Edward Rocha, Instructor



Reg. No.	Day	Date	Time	Fee
210521-01	Wed	Apr 24-May 15	6:30-7:30PM	\$40
Ages 7-10			Perinton Commu	nity Center 208B

Looking for something to do? Come join us for a class that will be packed with fun and excitement. Theatre games help students enhance skills in voice, movement and in thinking on their feet. These games are exercises designed to teach a skill that can be used on stage (and in real life too!). Students in this class will have fun learning theatre skills while laughing and creating. Besides all of the valuable benefits, theatre games are also a ton of fun.

Production week & performances will be held at the Penfield Community Center.

Production Week: 6/10-6/13: 5:00-7:00PM

Friday 6/14: Performance at 7:00PM

Saturday 6/15 Performances at 12:00PM & 3:00PM

Improv I

Bravo! Creative Arts: Edward Rocha, Instructor



Reg. No.	Day	Date	Time	Fee
210522-01	Wed	Apr 24-May 15	7:30-8:30PM	\$75
Ages 9-13			Perinton Commu	nity Center 208B

This class provides a fun and supportive environment for students to learn the basics of improvisational acting, storytelling, and stagecraft. Help your child unlock their creative voice, learn to work collaboratively with others, and build new friendships.

With an emphasis on positivity, students learn the skills of public speaking, accepting, and celebrating mistakes, making bold choices, and trusting their instinct, being a team player, thinking quicker on their feet, active listening, and more! The class culminates in an open class for friends and family to attend.

No experience required. This class can be taken multiple times.

Performance will be held at the Perinton Community Center.

Sunday 6/9: Performance at 2:00PM

Improv 2

Bravo! Creative Arts: Edward Rocha, Instructor



Reg. No.	Day	Date	Time	Fee
210523-01	Fri	Apr 26-May 24	7:00-9:00PM	\$100
Ages 13-18			Perinton Communit	y Center 208B

The Teen Improv and Sketch Comedy class explores improvisation games, techniques, and concepts in a fun, supportive environment. This class encourages students to become more spontaneous, creative, playful, and imaginative, all while developing valuable theatre and interpersonal skills. The class culminates in an open class for friends and family to attend.

No experience required. This class can be taken multiple times.

Performance will be held at the Perinton Community Center on the last day of the session.

Summer Theater Camps

Bravo! Creative Arts: Edward Rocha, Instructor

Taylor Swift: The Eras Camp (Taylor's Version)

Ages 5-13

Reg. No.	Day	Date	Time	Fee
310515-01	Mon-Fri	Jun 24-28	8:30AM-4:00PM	\$200
310515-02	Mon-Fri	Jun 24-28	9:00AM-3:30PM	\$150
Ages 5-8				
310515-03	Mon-Fri	Jun 24-28	9:00-11:30AM	\$100
*Perform	ances 6/28 a	t 5:00 & 7:00PM	at the Perinton Commur	nity Center

SERIOUSLY SILLY, Improv for Kids!

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	*Performance	7/3 at 5:00	PM at the Perinton Commur	nity Center
Ages 5-8 310515-06	Mon-Wed	Jul 1-3	9:00-11:30AM	\$60
310515-04 310515-05	Mon-Wed Mon-Wed	Jul 1-3 Jul 1-3	8:30AM-4:00PM 9:00AM-3:30PM	\$120 \$90

Disney's Beauty and the Beast

Ages 5-13

Ages 5-15				
310515-07	Mon-Fri	Jul 8-19	8:30AM-4:00PM	\$400
310515-08	Mon-Fri	Jul 8-19	9:00AM-3:30PM	\$300
Ages 5-8				
310515-09	Mon-Fri	Jul 8-19	9:00-11:30AM	\$200
*Perform	ances 7/19 a	t 5:00 & 7:00PI	M at the Perinton Commu	nity Center

Imagine a Dragon

Ages 5-13

310515-10	Mon-Fri	Jul 22- Aug 2	8:30AM-4:00PM	\$400
310515-11	Mon-Fri	Jul 22- Aug 2	9:00AM-3:30PM	\$300
Ages 5-8				
310515-12	Mon-Fri	Jul 22- Aug 2	9:00-11:30AM	\$200
*Perforn	nances 8/2 a	t 5:00 & 7:00PM a	t the Perinton Commu	nity Center

Peter Pan

Ages 5-13

*Perform	ances 8/16 a	t 5:00 & 7:00PN	1 at the Perinton Commur	nity Center
310515-15	Mon-Fri	Aug 5 -16	9:00-11:30AM	\$200
Ages 5-8				
310515-14	Mon-Fri	Aug 5 -16	9:00AM-3:30PM	\$300
310515-13	Mon-Fri	Aug 5 -16	8:30AM-4:00PM	\$400
Ages 3-13				

Disney's Finding Nemo JR.

Ages 5-13

*Performa	ances 8/30 a	t 5:00 & 7:00PM	at the Perinton Commun	nity Center
310515-18	Mon-Fri	Aug 19 -30	9:00-11:30AM	\$200
Ages 5-8				
310515-17	Mon-Fri	Aug 19 -30	9:00AM-3:30PM	\$300
310515-16	Mon-Fri	Aug 19 -30	8:30AM-4:00PM	\$400
Ages 3-13				

This program provides focused acting, singing, movement/dance and technical theatre training all within the rehearsal process. Perfect for children who love theatre or have a desire to see what it's all about! Campers will also be focusing on creating sets, props, and costumes.

- *Campers staying the full day will need a packed lunch, filled water bottle and 2 snacks each day.
- *Campers staying for a half day will need a water bottle and 1 snack each day.
- *Campers should wear comfortable clothing and shoes that permit movement and dancing.

Camp 1: TAYLOR SWIFT: THE ERAS CAMP (TAYLOR'S VERSION)

This camp is an encore of sorts for Taylor Swift and her fans who want to perform her music. We'll learn and rehearse iconic songs that span all her 'eras' with a focus on fresh takes and a surprising performance. Students are assigned songs and parts that are tailored to them based on their age, experience, and ability to learn new skills and concepts. Students will work through their parts every day, refining the skills and concepts that those songs introduce! This camp will have an audition workshop Wednesday, June 19th from 5:00-7:00PM.

Camp 2: SERIOUSLY SILLY, Improv for Kids!

Students start to explore improv while playing fun and fast improvisational games. Learn to think creatively, work collaboratively, take risks, make strong choices, and leave the audience laughing! This session will end in a sharing of some of our favorite games and scenes.

Camp 3: Disney's Beauty and the Beast

The classic story tells of Belle, a young woman in a provincial town, and the Beast, who is really a young prince trapped under the spell of an enchantress. If the Beast can learn to love and be loved, the curse will end and he will be transformed to his former self. But time is running out. If the Beast does not learn his lesson soon, he and his household will be doomed for all eternity. This camp will have an audition workshop Wednesday, July 3rd from 5:00-7:00PM.

Camp 4: Imagine a Dragon

The dragon is back in town! Well... not really. That's the story a ragtag band of innkeepers make up, desperate to draw questing heroes to the struggling Dancing Dragon Inn. Soon the inn is full of unexpected guests, from an army of princesses out to prove their bravery, to a group of overwhelmed heroes trying to hold onto their fame. But what happens if they all discover the innkeepers' dragon story is made up? Could there be more than one way to save the day? An epic folk-rock score brings magic to this funny, heartfelt fantasy musical. This camp will have an audition workshop and Wednesday, July 17th from 5:00-7:00PM.

Camp 5: Peter Pan

In Neverland, children stay young forever, pixie dust lets you fly, and directions like "second star to the right, and straight on 'til morning!" will help you on your journey. In this musical adaptation of J.M. Barrie's *Peter Pan*, mischievous Peter leads Wendy, Michael, and John to this magical land where he flies rings around the villainous Captain Hook and forever thwarts adulthood. But when Captain Hook and his band of pirates capture Wendy and her brothers, it's up to Peter to save the day. Fortunately, he has his Tinker Bell and the Lost Boys to back him up, and the old pirate has a crippling fear of the crocodile that took his hand. With numerous roles everyone who signs up will receive a part in the show! This camp will have an audition workshop Wednesday, July 31st from 5:00-7:00PM.

Camp 6: Disney's Finding Nemo JR.

Disney's Finding Nemo JR. is a musical adaptation of the beloved 2003 Pixar movie Finding Nemo, with new music by award-winning songwriting team Kristen Anderson-Lopez and Robert Lopez. Marlin, an anxious and over-protective clownfish, lives in the Great Barrier Reef with his kid, Nemo, who longs to explore the world beyond their anemone home. But when Nemo is captured and taken to Sydney, Marlin faces his fears and sets off on an epic adventure across the ocean. With the help of lovable characters such as optimistic Dory, laid-back sea turtle Crush, and the supportive Tank Gang, Marlin and Nemo both overcome challenges on their journey to find each other and themselves. This camp will have an audition workshop Wednesday, August 14th from 5:00-7:00PM.

Location: Center Park West Amphitheatre

Performance Location: Perinton Community Center

Education

Mealtime Manners I

Susan Vernick, Etiquette Chics, Instructor

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
211417-01	Fri	Apr 12	6:00-7:00PM	\$32
Ages 7-13		•		PCC Rm 107

Our original Mealtime Manners class has been structured to keep fun and learning abounding while learning etiquette and manners. We will have interactive games & activities with lots of learning & fun with prizes to hand out! Our popular napkin folding (napkin origami) is one of our class highlights. We serve food to practice mealtime manners with various precut fresh prepackaged from a local grocery store.



Spring Etiquette Event

Etiquette Chics, Instructors

Reg. No.	Day	Date	Time	<u>Fee</u>
211418-01	Fri	May 17	5:00-6:30PM	\$60
Ages 7-13		_		PCC Rm 107

Join us for a brand-new etiquette event that covers a variety of etiquette and manners in a fun, interactive, hands-on approach that is a signature of our classes! This class springboards from our Mealtime Manners I and II classes (but you do not have to have taken them to enjoy this class.) We will serve a three-course meal: fruit salad, pizza, and dessert. We will cover in-depth topics such as place settings, mealtime manners, conversation skills, body language, posture, and more. An exciting, new napkin fold will be introduced. Halfway through we will take a break and get up and play "Mrs. Manner Says" (or read from a selection of manners and etiquette books.) There are numerous giveaways, and all leave with a favor and a folder full of valuable information!

Babysitters Training

EPIC Trainings, Instructor

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
211405-01	Fri	Apr 26	11:00-4:00PM	\$72
211405-02	Sat	Jun 15	11:00-4:00PM	\$72
Ages 11-15				PCC Rm 204

Taught through classroom discussion, instructor-led lecture, and supplemented by an interactive video presentation; this 5-hour class for boys/girls ages 11-15 teaches participants the roles and responsibilities of a babysitter including skills in: accident prevention, first aid and abdominal thrusts for choking victims.

Each student will receive a workbook and a certification card upon completion. Students are asked to bring a SASE (self addressed stamped envelope) to class along with a bagged lunch.

Home Alone Safety

EPIC Trainings, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
211406-01	Fri	Apr 26	9:00AM-10:30AM	\$42
211406-02	Sat	Jun 15	9:00AM-10:30AM	\$42
Ages 7-12				PCC Rm 204

This 2-hour class designed to teach children ages 8-12, who are home alone, the importance of behaving responsibly. Topics include but are not limited to: basic first aid tips, what to do when a stranger comes to the door, answering the telephone, internet safety and how to react during a variety of miscellaneous emergencies such as power outages and fires. Knowing when your child is ready to stay home alone is a difficult decision; preparation can make the transition much easier for you & your child.

First Aid for Kids

EPIC Trainings, Instructor

Reg. No.	Day	Date	Time	Fee
211416-01	Sat	May 11	10:00-11:30AM	\$29
Ages 8-14		-		PCC Rm 204

This course teaches 8-14 year olds the skills and techniques necessary to respond to a variety of first aid related emergencies including: bleeding control, choking, burns, care for sprains and breaks and treatment for heat and cold emergencies. To help participants better understand common medical conditions that their friends may suffer from, we will also cover the following: food allergies, diabetes, seizures and asthma. This course helps meet requirements for many boy/girl scout badges.



Kid's Fun Spanish Class

Lourdes de la Colina-Scofield, Instructor

Reg. No.	Day	Date	Time	Fee
210903-01	Mon	Mar 25-May 6	4:00-4:50 PM	\$120
210903-02	Mon	May 13-Jun 10	4:00-4:50 PM	\$120
Ages 6-11		•		PCC Rm 206

Young kids can learn a new language very easily and learning a new language, like Spanish, at any age, helps create stronger brains as well as gain new linguistic skills. Studies show that learning new language skills builds bigger, smarter, and stronger brains.

These classes are taught by an experienced native Spanish speaker and professional in a very fun way in which kids will enjoy different activities with different themes every week! Kids will learn new vocabulary and parts of speech and the last day we will have a review and a "Fun Hispanic Fiesta!"

Note to parents: Please plan on picking up your children no later than 4:40pm. Thanks!

No class Apr 1 & 8

SAT/ACT Boot Camp

Chariot Learning, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
210904-01	Tue-Thu	Apr 9 - 11	3:30-5:30PM	\$199
Ages 15-18		-		PCC Rm 204

Build a powerful foundation for SAT and ACT success in just 6 hours! Taught by Chariot Learning – Upstate New York's most well-known and respected test prep organization. This SAT/ACT Boot Camp provides a thorough review of the essential reading, writing, math, and test taking skills and strategies for the most current versions of both exams. Pack your calculator and come ready to learn!

Learn more about Chariot Learning at www.chariotlearning.com

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Mary Cannon, Board Certified Coach & Instructor

Rock that Resume

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
220967-01	Tue	Apr 16	5:00-6:00PM	\$50
Job Search	Strateg	ies		
Reg. No.	Day	Date	Time	Fee
220967-02	Tue	Apr 23	5:00-6:00PM	\$50
Ages 16 & up		-		PCC Rm 208

Rock that Resume: Discuss updated resume advice, based on years of insight from within the industry, to ensure your resume represents your professional accomplishments. Tap into Cannon Career Coaching resource templates and craft bullets to ensure your resume lands on the top of the pile. "Thank you for drawing out and crafting my stories!" (H. Dey) We will focus on the main topics, but also open to all other questions regarding discovery of strengths, cover letters, LinkedIn, and the rapidly changing world of work.

Job Search Strategies: Clients will be introduced to a variety of job search strategies. Discover the tactics that provide the highest return on investment to move forward in your search. Work smarter. "A little insight goes a long way and now it is all coming together." (I. Hoevers) We will focus on the main topics, but also open to all other questions regarding discovery of strengths, cover letters, LinkedIn, and the rapidly changing world of work.

College 101: Planning & Paying

Paul Celuch, College Assistance Plus Instructor

Reg. No.	Day	Date	Time	Fee
221708-01	Thu	Apr 18	6:30-7:30PM	\$10
Ages 14 & up		-		PCC Rm 204

In this educational presentation, parents will learn valuable tips about the college search, scholarships, the financial process, and New York's Free-Tuition Program for public and private colleges. Most importantly, there will be a discussion on what parents can do to help their children minimize overwhelming student loan debt. For parents of high school students in grades 9-12. Students are welcome.

Dance

Pittsford Ballet Pre-Ballet

Karen Hanson, Instructor

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
210401-01	Fri	Apr 12- Jun 7	4:30-5:15PM	\$96
Ages 5-6				
210401-02	Fri	Apr 12- Jun 7	5:30-6:15PM	\$96
Ages 6-7		·		PCC Rm 218

Based on Royal Academy Syllabus. Introduction to simple ballet movements, moving with music and imaginative mime. Registrant must provide a plain black or light blue leotard, pink tights and pink ballet slippers and hair pinned up securely. No skirts please.

No class Apr 26

Pittsford Ballet School

Karen Hanson, Instructor Mar 25-Jun 8

Reg. No.	Day	Time	Fee
240402-01	Sat Beg. Only	1 hr class	\$130
240402-02	1 class/week	1.5 hr class	\$140
240402-03	2 classes/week	1.5 hr class	\$275
240402-04	3 classes/week	1.5 hr class	\$405
240402-05	4 classes/week	1.5 hr class	\$530
240402-06	5 classes/week	1.5 hr class	\$650
240402-07	1 class/week-pointe	.5 hr class	\$40
240402-08	2 classes/week-pointe	.5 hr class	\$80
240402-09	3 classes/week-pointe	.5 hr class	\$120
240402-10	single class	1.5 hr class	\$16
240402-11	single pointe class	.5 hr class	\$6

YOUTH (ages 8 - 18)

Day	Level	Time	Ages
Mon	Advanced Beginner	4:30-6:00PM	9 & Up
Mon	Intermediate/Advanced	8:00-9:30PM	14 & Up
Tue	Intermediate	4:00-5:30PM	11 & Up
Tue	Pointe	5:30-6:00PM	12 & Up
Thu	Intermediate	4:30-6:00PM	11 & Up
Thu	Pointe	6:00-6:30PM	12 & Up
Sat	Beginners	10:15-11:15AM	8 & Up
Sat	Advanced Beginner	11:30AM-1:00PM	9 & Up
Sat	Intermediate/Advanced	1:15-2:45PM	13 & Up
Sat	Pointe	2:45-3:15PM	12 & Up
			PCC Rm 218

Registrants must provide plain black leotards, pink tights, pink ballet slippers, and have hair pinned up securely.

- --Advanced Beginner: minimum 1 year of training
- --Intermediate: minimum 3 years of training
- --Advanced: minimum 5 years of training

Recommend youth Adv/Beg enroll in 2 classes/week (unless provisions are made with the instructor.) Pointe May be taken with permission of instructor.

No class Apr 1-8 & May 27

OH, NO!

WHY DID WE HAVE TO CANCEL THAT CLASS?

Sometimes courses are cancelled because people wait too long to register.

Please register early to avoid disappointment!

Dance Camp

Katie Elizabeth, Instructor

FULL DAY	Y CAMP			
Reg. No.	Day	Date	Time	Fee
210450-01	Mon-Wed	Apr 1-3	9:00AM-3:00PM	\$140
HALF DA	Y CAMP			
Reg. No.	Day	Date	Time	Fee
210450-02	Mon-Wed	Apr 1-3	9:00AM-12:00PM	\$90
210450-03	Mon-Wed	Apr 1-3	12:00-3:00PM	\$90
Ages 4-8		•	PCC Rm 2	16 & 206

A 3-day dance camp offering all styles of dance including ballet, jazz, tap, contemporary , salsa, hip hop and much more. The children will have the chance to dance, make crafts and perform in a dance show on the last day. Suitable for all abilities beginner-advanced.

Irish Dance with Dunleavy

Amy Coppola TCRG, Instructor

INTRO TO IRISH DANCE

II VII CO		AITCL		
Reg. No.	Day	Date	Time	<u>Fee</u>
210432-01	Thu	Mar 28- Jun 13	4:15-5:00PM	\$180
Ages 4-8				
BEGINNEI	D 1			
210432-02	Tue	Mar 26- Jun 11	4:15-5:00PM	\$180
ADVANCE	D REGIN	NNER- SOFT	T SHOF	
				¢100
210432-03	Tue	Mar 26- Jun 11	5:00-6:00PW	\$180
ADVANCE	D BEGIN	NNER- HARI	O SHOE	
110432-04	Mon	Mar 25- Jun 10	4:15-5:00PM	\$140
NOVICE/F	DIZE\A/IN	INIED		
			/	***
210432-05	Mon	Mar 25- Jun 10		\$360
	Thu	Mar 28- Jun 13	5:00-6:00PM	
CHAMPIO	NSHIP			
210432-06	Mon	Mar 25- Jun 10	6:00-7:30PM	\$650
	Tue	Mar 26- Jun 11		,,,,
	Fri	Apr 12-Jun 14		
Ages 4-14	***	Apr 12-3011 14	0.00-7.30F W	PCC Rm 216
AUE2 4-14				FUU NIII / 10

Intro to Irish Dance- This class is perfect for anyone who wants to give Irish dance a try! In this fun class we will learn the fundamentals of Irish dance while focusing on the Skips and the Light Jig. Please wear socks, shorts and a t-shirt and pull long hair back into a ponytail or bun.

All classes beyond Intro to Irish Dance are by teacher approval only. Dancers must wear the Dunleavy uniform and Irish dance shoes to every class.

No class Mar 29, Apr 1-8, & May 27





Supporting Youth. Strengthening Families.

For over 50 years, Pittsford Youth Services has been the respected leader in providing social work services and counseling to the **youth and families** of Pittsford. PYS was founded in 1969 by a group of local churches and was legally incorporated in 1987 as a nonprofit human services agency. We are committed to enhancing the quality of life of our youth, whether they are burdened by academic, social or emotional issues, thereby helping them to become successful, contributing citizens of our community. The support PYS offers to youth and their families directly impacts a child's overall health and likelihood of success in school and in life.

Our Mission

Pittsford Youth Services, Inc. (PYS) is dedicated to providing youth and their families with confidential, professional and affordable social work services in the schools and Pittsford community. PYS strives to enhance social and emotional well-being through counseling, advocacy, educational programs and informational services.

Our Vision

Pittsford Youth Services will seek to build a community where every child feels valued and empowered. To that end, PYS will be the respected leader and provider of professional social work services for Pittsford youth and their families.

PYS is proud to be the provider of professional social work services for the Pittsford schools, St. Louis School and at our offices in the Village of Pittsford. All PYS social work staff are New York State Licensed Master's Level Social Workers (LMSW) or Licensed Clinical Social Wokers (LCSW).

Eligibility: Any youth, ages 5-21 and their families, who live, work, attend school or worship in the town of Pittsford.

Cost: Services in the schools for youth are free. Additional counseling services are available at our offices on 4 South Main Street in the Phoenix Building in the Village at a cost of \$60/hr. A sliding scale is utilized in working with families who may have limited resources, and services are never denied based upon inability to pay.

Contact: Anyone can make a referral to PYS or request services. Parents may contact their child's teacher, school counselor or the PYS office directly to arrange services. Appointments at the PYS office are available during the day, some evenings and as arranged directly with the social worker.

PYS Services

- Individual and family counseling
- · Home visits
- Referrals to outside agencies
- Social-emotional groups
- · Grief and loss counseling
- Support of Special Education Services
- Parent education programs
- Skill-based groups
- Drug and alcohol education/ information programming

For more information or to learn how you can help, call 585.248.6299 or visit our website: www.pittsfordyouthservices.org

Athletics & Wellness

Running Club Spring

Mary Slaughter, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
241299-01	Tue	May 14- Jun 4	5:45-6:30PM	\$79
Ages 5-10		•		PCC Gym

Indoors and Outdoors we run for fun and try out new Track and Field events! From Sprints to distance runs, we will try to improve on our best time, every time! Gain confidence and coordination by trying long-jumps, hurdles, Javelin toss, and shot-put too! Improved running techniques are great for all sports so join NYSCA Coach Mary and friends for Springtime fun!

Running Club Ninjas

Mary Slaughter, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
211297-01	Tue	Mar 26-Apr 30	5:45-6:30PM	\$79
Ages 5-10		•		PCC Gym

Fast-paced fun! Run, jump, and tumble your way through warrior-type obstacles! Get a chance to try building your own course too! Build upper and lower body strength for stealth movement and cool tricks! Try these safe but fun challenges with Gymnastics with safety-certified, Coach Mary and girls and boys just like you!

No class Apr 2 & 9

Semi-Private Gymnastics

Mary Slaughter, Instructor

Reg. No.	Day	Date	Time	Fee
211296-01	Tue	Mar 26-Apr 30	3:50-4:25PM	\$79
Ages 3-7		•		
211296-02	Tue	Mar 26-Apr 30	4:25-5:00PM	\$79
Ages 4-10		•		
211296-03	Tue	Mar 26-Apr 30	5:00-5:35PM	\$79
Ages 4-10		•		
211296-04	Tue	May 14-Jun 4	3:50-4:25PM	\$79
Ages 3-7		•		
211296-05	Tue	May 14-Jun 4	4:25-5:00PM	\$79
Ages 4-10		•		
211296-06	Tue	May 14-Jun 4	5:00-5:35PM	\$79
Ages 4-10		-		PCC Rm 217

Climbing the walls? Try gymnastics! Join Coach Mary, safety-certified, former Head Coach, for fundamentals at every developmental level plus many cross-over skills good for all sports! Get strong while upside down in handstands, using the trampoline-vault and flipping over the barrel mat! New challenges are offered each session! Small group offers lessons for your skill level!

No class Apr 2 & 9



FIT Kids: Fencers in Training (PRE)

Rochester Fencing Club Staff, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
241203-01	Wed	May 1 - 22	4:00-4:45PM	\$52
241203-02	Wed	May 29-Jun 19	4:00-4:45PM	\$52
Ages 4-7		-	Roches	ster Fencing Club

Come play pirate and other fun games in this safe introduction to the sport of fencing. Start with warm ups, obstacle courses, and skill building activities to develop focus, agility, balance, and eye-hand coordination. Children experience the thrill of swordplay in the context of a structured class and build self-confidence using specialized plastic foils, chest plates, and masks. Geared for the short attention span of little ones. Sneakers required.

Due to USA Fencing regulations, we must register all participants with USA Fencing. Registrations completed in this session will last until August 2024. Please bring \$10 to your first class if you need to be registered with USA Fencing. Please contact us at info@rocfencing.com if you have questions.

Rochester Fencing Club is located at 3335 Brighton-Henrietta Town Line Rd. in Henrietta.

Indoor Junior Tennis

Jeff Wagstaff, USTA Instructor

Reg. No.	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Fee</u>
211211-01	Wed	Mar 27-May 1	4:00-6:00PM	\$250
211211-02	Sun	Mar 31-May 5	2:00-4:00PM	\$250
Ages 8-18			Mendon	Racquet Club

This concentrated tennis program for beginner/advanced players is committed to the development of junior tennis. Classes are designed so that each player receives individual attention, based on his or her natural style. Each student is encouraged to reach his/her greatest potential by experiencing competitive drills designed to teach students to react instinctively to the ball. Class size is 4 students to 1 tennis professional ratio. For student placement or more information contact Jeff Wagstaff at 334-8897.

The Mendon Racquet Club (624-2310) is located at 80 Topspin Dr. in Pittsford.

Junior Group Tennis Lessons

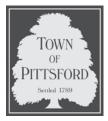
Jason Speirs, Instructor

Reg. No.	Day	Date	Time	Fee
241211-01	Sat	Mar 30-Apr 20	9:00-10:00AM	\$68
241211-02	Sun	Mar 31-Apr 21	3:00-4:00PM	\$68
241211-03	Mon	Apr 1-22	4:00-5:00PM	\$68
241211-04	Tue	Apr 2-23	5:00-6:00PM	\$68
Ages 5-8		•	Harley School	Wellness Center
241211-05	Mon	Apr 29-May 20	4:00-5:00PM	\$68
241211-06	Wed	May 1-29	4:00-5:00PM	\$85
Ages 5-8		•	Th	ornell Farm Park
241211-07	Tue	Apr 30-May 28	4:00-5:00PM	\$85
241211-08	Thu	May 2-30	4:00-5:00PM	\$85
Ages 9-10		-	Th	ornell Farm Park

With convenient times and locations, Empire Tennis has several options for junior & adult players. Headquartered out of the Harley School, Empire Tennis Academy strives to help you improve your game, gain confidence, stay fit, and foster long lasting friendships and bonds with other fellow players.

Jason Speirs, Director of Empire Tennis Academy, will coordinate the program and his staff will be teaching it. This tennis program is for Entry Level players only: those who have either never played before or have very minimal experience.

Groups are separated by age and the goal of the program will be to teach basic strokes and use drills and games that will show tennis can be a lot of fun to play. Come join us and have fun while you learn the sport of tennis!





Like us on Facebook, X and Instagram!

Soccer Shots for Youth

Soccer Shots Staff, Instructor

Reg. No.	Day	Date	Time	Fee
211254-06	Sat	Apr 20 - Jun 15	10:05-10:50AM	\$145
211254-07	Sat	Apr 20 - Jun 15	11:00-11:45AM	\$145
Ages 5-7		•	Hopkins Park	Rectangle #1

Soccer Shots is a national program teaching children the beautiful game of soccer. Using creative and imaginative games, sessions focus on basic soccer skills like dribbling, passing, and shooting. Our Soccer Shots coaches are energetic and enthusiastic, are great teachers, and love working with children. We not only teach soccer skills -- we develop balance, coordination and agility. We also highlight a positive character trait each session such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport. *The 2 year program requires one parent to participate with their child.*

April 20 & April 27 classes will be held at Thornell Farm Park (480 Mendon Rd.) in Pittsford.

May through June classes will be held at Hopkins Park (5 Barker Rd. at Mendon Center Rd.) in Pittsford.

Edge11 Elementary Soccer Academy

Edge11 Soccer Staff, Instructor

Reg. No.	<u>Day</u>	Date	<u>Time</u>	<u>Fee</u>
211272-01	Sun	Mar 24-May 5	4:00-5:00PM	\$105
Ages 8-12		•		PCC Gym
211272-02	Thu	May 9-Jun 13	6:00-7:00PM	\$105
Ages 8-12		-	Tho	rnell Farm Park

The Edge11 Elementary Soccer Academy is designed to promote every player's technique and individual skill. In a progressive manner, participants will learn the coordination and basic motor patterns used to solve soccerspecific situations. Choosing the most effective solutions to these situations requires a high degree of ball mastery and wide range of motor skills in competitive levels of soccer. Edge11 Elementary Soccer Academy will teach these skills through a variety of catered, progressive and purposeful soccer activities. Our goal is for ALL players to master a variety of technical skills and consistently perform them in an adaptive and flexible manner.

Thornell Farm Park is located at 480 Mendon Rd. in Pittsford.

No class Mar 31

Martial Arts for Youth-Introductory

James Creighton & Pete Reminicky, Instructors

Children's White Belt Class

Reg. No.	Day	Date	Time	Fee
210327-01	Tue	Mar 26-Jun 11	6:30-7:15PM	\$149
210327-02	Wed	Mar 27-Jun 12	6:30-7:15PM	\$149
210327-03	Tue & Wed			\$229
Ages 7-12				PCC Rm 218

This program is an ideal starting point for children who are new to martial arts. Specifically designed for beginners, this program provides a safe and supportive environment where kids can learn and grow. Through a carefully structured curriculum, children develop essential martial arts skills, including basic techniques, stances, and forms, while also enhancing their physical fitness, coordination, and flexibility. The program places a strong emphasis on character development, teaching values such as respect, discipline, and perseverance. As children progress through the program, they earn different belt ranks, fostering a sense of achievement and motivation. The Kids White Belt martial arts program not only equips children with self-defense skills but also instills valuable life lessons and helps them build confidence, focus, and a strong work ethic, setting them on a path of personal growth and success. For more information visit www.CreightonMartialArts.com for details.

No class Apr 2-3

Martial Arts for Youth-Intermediate

James Creighton & Pete Reminicky, Instructors

Children's Yellow & Orange Belt Class

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
210327-04	Tue	Mar 26-Jun 11	7:15-8:00PM	\$149
210327-05	Wed	Mar 27-Jun 12	7:15-8:00PM	\$149
210327-06	Tue & Wed			\$229
Ages 7-12			I	PCC Rm 217 & 218

COLORED BELTS ONLY. This program serves as an exciting continuation of the White Belt program, allowing children to build upon the foundation they have established. This program introduces more advanced techniques, forms, and self-defense strategies, helping kids refine their martial arts skills and deepen their understanding of the discipline. As children progress through the ranks, they develop increased physical strength, agility, and coordination while gaining a deeper sense of discipline, focus, and respect. The Yellow and Orange Belt program challenges children to set and achieve goals, fostering a sense of accomplishment and boosting their self-confidence. With each step forward, children learn valuable life skills such as perseverance, resilience, and teamwork, setting them on a path of continued growth within the martial arts. For more information visit www.CreightonMartialArts.com

No class Apr 2-3



Martial Arts for Youth-Advanced

Children's Green Belt & Above Class

Reg. No.	Day	Date	Time	<u>Fee</u>
210327-07	Tue	Mar 26-Jun 11	8:00-8:45PM	\$149
210327-08	Wed	Mar 27-Jun 12	8:00-8:45PM	\$149
210327-09	Tue & Wed			\$229
Ages 8-17			F	CC Rm 217 & 218

This program is an exciting continuation of the journey that begins in the Yellow and Orange Belt class. Building upon the foundation established in the earlier program, this advanced level curriculum takes young martial artists to new heights of skill. Students further develop their technique, form, and self-defense abilities, diving deeper into the intricacies of martial arts. The program introduces more complex combinations, advanced sparring techniques, and specialized training drills to challenge and refine their capabilities. Alongside physical growth, children continue to cultivate important life skills such as discipline, focus, and resilience. With each belt rank achieved, students gain a greater sense of accomplishment and self-confidence, propelling them towards even higher levels of achievement in martial arts. The Kids Green Belt and Above Advanced Martial Arts program is a rewarding and transformative experience that sets young practitioners on a path of continuous growth, excellence, and personal development. No class Apr 2-3

Semi-Private Basketball Instruction

Glenn Anderson, Instructor

Reg. No.	Day	Date	Time	Fee
	Thu	Apr 18-Jun 13	7:30-8:30PM	
211213-01	Individual Player			\$350
211213-02	2-3 Players			\$300
211213-03	Small Group (4-6 Players)			\$200
Ages 12-18				PCC Gym

Looking to refine your skills or enhance existing basketball skills before the scholastic season begins? This program will provide middle school and high school players with semi-private training sessions catered to their specific skill set and goals. Participants will collaborate with the instructor to refine their ball handling, form shooting, offensive skill development, agility, and footwork. Players should bring their own ball if possible. The fees reflected above are per person rates.

Youth Basketball

Glenn Anderson, Instructor

Reg. No.	Day	Date	Time	Fee
211214-01	Mon	Apr 29-May 20	6:00-7:00PM	\$100
Ages 8-10		, ,		PCC Gym
211214-02	Mon	Apr 29-May 20	7:15-8:15PM	\$100
Ages 11-13				PCC Gym

This program will teach participants fundamental basketball skills led by current President of the Pennsylvania Basketball Coaches Association, Gold Certified USA Basketball Coach and former Assistant Coach at Pittsford Mendon High School, Glenn Anderson. Participants will focus on ball handling, form shooting, offensive skill development, agility, and footwork. No prior experience is required. Players should bring their own ball if possible.

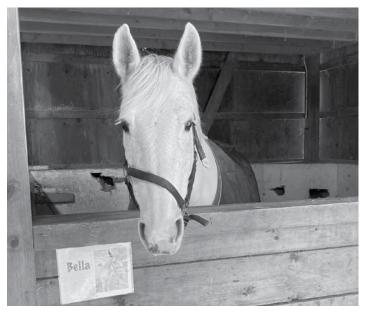








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A Horse's Friend: Horsemanship

A Horse's Friend, Instructor

Reg. No.	Day	Date	Time	Fee
211287-01	Sat	Mar 30-May 4	9:00AM-1:00PM	\$300
211287-02	Sat	May 11-Jun 22	9:00AM-1:00PM	\$300
Ages 7-14		•	AH	orse's Friend

A Horse's Friend's Horsemanship program introduces children to the world of horses. Participants will learn how to completely care for the horses, while learning that safety is always the most important thing. The program teaches participants how to clean stalls, feed, groom, walk, and ride horses. This is a Western Program. Participants will be taught the parts of Western tack, including the proper way to tack a horse. Children should bring a water bottle and lunch each day.

A Horse's Friend is located at 6565 East River Rd., Rush, NY 14543.

No class May 25

Junior Golf Camp

Erik Yaekel, PGA Director of Golf Instruction

Reg. No.	Day	Date	Time	Fee
211215-01	Sat	May 11-Jun 1	9:30-10:30AM	\$139
Ages 6-10		•		
211215-02	Sat	May 11-Jun 1	10:30-11:30AM	\$139
Ages 10-13		•		
211215-03	Sat	May 11-Jun 1	11:30AM-12:30PM	\$139
Ages 13-16		-	Eagle Vale (Golf Club

The 9:30am-10:30am classes are designed for young, beginning golfers. We utilize multiple stations of activity where we are able to integrate agility, balance, throwing and catching, alongside standard golf fundamentals to keep the kids enthused, interested and focused. The later classes (10:30am & 11:30am) will still have multiple stations and focus on fundamentals, but will have different, age-appropriate games and drills for the kids. Your child will receive an Eagle Vale Driving Range Pass on the last day. The pass is good for 6 FREE small buckets of balls on our driving range. The goal is to have kids fall in love with the game of golf, but also be able to excel in other sports and activities in which they want to explore. Please call (585) 377-5200 or visit www.eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd. in Fairport.

Junior Volleyball

Feng Zhang, Instructor

Reg. No.	Day	Date	Time	Fee
211253-01	Wed	Apr 10-May 8	5:30-6:30PM	\$100
211253-02	Wed	May 15-Jun 12	5:30-6:30PM	\$100
Ages 9-12		•		PCC Gym

This program introduces kids to the basic techniques of volleyball. Techniques taught and practiced will include passing, serving, setting, and spiking. Junior volleyball aims to provide an opportunity for kids to learn the rules of volleyball, improve teamwork, and refine their volleyball skills.

FJ1 NFL Flag Football League

Felix Joyner, Instructor

Boys				
211295-01	Sat	May 4-Jun 15	3:00-4:00PM	\$100
Girls				***
211295-02 Ages 5-6	Sat	May 4-Jun 15	4:00-5:00PM Thornell Far	\$100 m Park
Boys			momentan	III aik
211295-03	Sat	May 4-Jun 15	3:00-4:00PM	\$100
Girls		,		
211295-04	Sat	May 4-Jun 15	4:00-5:00PM	\$100
Ages 7-8		•	Thornell Far	m Park
Boys				
211295-05	Sat	May 4-Jun 15	3:00-4:00PM	\$100
Girls				
211295-06	Sat	May 4-Jun 15	4:00-5:00PM Thornell Far	\$100
Ages 9-10			momen ran	II Falk
Boys 211295-07	Sat	May 4-Jun 15	3:00-4:00PM	\$100
Girls	Jut	may 4 Jun 13	3.00 4.001 W	\$100
211295-08	Sat	May 4-Jun 15	4:00-5:00PM	\$100
Ages 11-13		•	Thornell Far	

This flag football league is geared towards all experience levels and is meant to build a strong foundation of learning through the game of football. Participants will learn the game of football, specifically focusing on movements, skills and safety. Flags are available for use. Each week, participants will receive in-game experience. Games will be one hour long, with two 20-minute halves and a 20-minute practice prior to the start of the game. The focus will be on preparing kids for the contact leagues through teaching game basics, safety, and football fundamentals. The skills learned in this league should prepare participants for the next level as they experience

real game situations. Fee includes NFL jersey and NFL certified flags. Game times (by age group) will be sent out to participants by instructor once teams are created. With specific program inquires, please contact Felix Joyner at: felix@fj1sports.com.

Thornell Farm Park is located at 480 Mendon Rd. in Pittsford.

No class May 25



Did you know...

Pittsford Community Center rooms are available for community group meetings. Reservations must be made by a Pittsford resident 48 hours in advance at www.townofpittsford.org, click on the "Facility Reservations" link to complete the reservation process.



Contact Cassie at 248-6288 with questions.

FJ1 NFL Flag Football: Teen League

Felix Joyner, Instructor

Reg. No.	Day	Date	Time	Fee
211298-01	Sat	May 4-Jun 15	5:15-7:15PM	\$100
Ages 14-17		•	Thorne	ell Farm Park

The FJ1 NFLTeen Flag Football League participants will be broken up by age group. Game scores and records will be kept throughout the season and a culminating championship game will be played at the end of the season. Lots of fun will be had while competing and getting better at the game of flag football. Players will also be eligible to make the FJ1 NFL regional flag tournament where the winner of that tournament gets a chance to play at the NFL Pro Bowl weekend. As flag football is becoming increasingly popular around the world, the FJ1 NFL Teen Flag Football League provides the first steps to playing at elite levels, if desired, or simply as a recreational sport to enjoy with friends.

Thornell Farm Park is located at 480 Mendon Rd. in Pittsford.

No class May 25

Youth Soccer - Summer

Recreation Staff, Instructor				Jul 9-Aug 13
Reg. No.	Day	Age	Time	Fee
311229-01	Tue	Grades K-1	6:30-7:15PM	\$55
311229-02	Tue	Grades 2-3	7:30-8:30PM	\$55
311229-03	Tue	Grades 4-6	7:30-8:30PM	\$55
			Great Embankn	nent Park Fields

The emphasis of this program is sportsmanship, friendship, and fun. Micro soccer (small-sided play on scaled down field areas) will be the format utilized to maximize each player's involvement in play and opportunity for "ball touch." Games introduced are designed to be challenging and skill building, and will help to build your child's confidence with a soccer ball without them even realizing it's happening. Players must provide a water bottle, shin guards and a size 3 or 4 practice ball. Registration deadline is June 21.

Volunteer coaches are necessary for the success of this program. No experience necessary. Volunteers will be sent a packet with lesson plans and all pertinent program operational information prior to the start of the season. If you are interested in coaching, please contact Kate at 248-6281.

Great Embankment Park is located at 631 Marsh Rd. in Pittsford.

Baton Twirling Lessons

Jessica Pereyra - City Twirlers, Instructor

Reg. No.	Day	Date	Time	Fee
210376-01	Wed	Apr 10-Jun 12	3:15-4:10PM	\$125
Ages 4-17				PCC 215

Baton Twirling is a sport combined with artistic expression, where athletes twirl a baton while dancing to music. Athletes will learn the basic compulsory techniques of baton twirling and develop additional skills as they progress through varying degrees of difficulty and complexity with tricks and dance movements. Jessica Pereyra has taught baton twirling to children of all ages for over 28 years. Come check out this new opportunity and amazing sport of baton twirling!

YOUTH & TEEN/ADULT PROGRAMS

Family Yoga

Jessica Pereyra, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
210306-01	Wed	Apr 10-Jun 12	4:15-5:10PM	\$125
Ages 2 & up		·		PCC 215

Family Yoga promotes learning the practice of yoga in fun and creative ways. Each class will begin with an opening circle followed by sun salutations, lots of music and movement. Family Yoga will include poses, games, breath work and meditation. Children will learn to focus, be calm, and stay positive while building strength, improving motor skills, and creating self-awareness. Participants will need to bring a yoga mat and should wear comfortable athletic clothing to each class. No prior yoga experience is necessary. Fee is per family.

Creative Dance & Movement

Grupo Cultural Latinos En Rochester, GCLER, Instructors

Reg. No.	Day	Date	Time	Fee
210332-01	Fri	Apr 12-Jun 14	4:15-5:10PM	\$110
Ages 5-15		-		PCC Rm 215

Students will learn dance movements choreographed to various genres of Latin music and learn Spanish along the way. The choreography will include the use of various props such as batons, Latin musical instruments, scarves, and more! Participants will have the opportunity to showcase their talents at a final performance along with other collaborating artists. Class fee includes all props, costumes, and equipment. Scholarships may be available by GCLER upon request. To inquire about obtaining a program scholarship, please contact Carlos at CChediak@townofpittsford.org prior to registration.



Beginners Boxing Camp

Bee Relentless Boxing, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
241281-01	Mon & Wed	Mar 25-May 1	6:45-7:30PM	\$120
241281-02	Mon & Wed	May 6-Jun12	6:45-7:30PM	\$120
Ages 12 & up		-	Bee Relen	tless Boxing

The beginners boxing program will help you learn the fundamentals of boxing while building self-confidence and strength. We focus on form first before we focus on going all out. From the toes, to the head, and to the hands; we make sure your form is the best we can make it. The class is a full 45 minutes, consisting of 15 minutes of boxing, 15 minutes of HIIT (High Intensity Interval Training), and 15 minutes of boxing to finish. In this class we also cover proper form and movement of all exercises during our 15 minutes of HIIT.

Bee Relentless Boxing is located at 565 Blossom Rd. Suite E, Rochester, NY 14610

Youth Conditioning

585 Fitness - Personal Trainer, Instructor

Reg. No.	<u>Day</u>	<u> Date</u>	Time	<u>Fee</u>
211273-01	Mon	Apr 15-May 13	6:15-7:00PM	\$100
211273-02	Mon	May 20-Jun 24	6:15-7:00PM	\$100
Ages 8-12		•		585 Fitness

This conditioning program will allow children to work on slow and fast twitch muscle fibers to increase cardiovascular endurance. Weight bearing exercises will be incorporated to increase lean body mass. Youth conditioning is beneficial for all student athletes. Exercise modifications will be made, as necessary, by 585 Fitness' certified personal trainers.

585 Fitness is located at 50 Office Park Way, Pittsford.

No class May 27

Summer Running Kickoff Camp David Rappleyea, Instructor Reg. No. Day **Date** Time 4:00-6:00PM 310359-01 Mon-Fri Jun 24-28 \$150 Sat Jun 29 8:00-10:00AM Ages 12-18 **Mendon Ponds Park East**

This summer running camp is designed for kids in Grades 7-12 who are interested in cross country running. Activities will include, but are not limited to: guest speakers, clinics, group runs, games, snacks, and T-shirts for all registered athletes. Running camp instruction is provided by the head coach of Pittsford Sutherland JV/Varsity Cross Country and Track & Field, Coach David Rappleyea.

Please note: This program will meet Monday, June 24 to Friday, June 28 from 4-6pm and from 8-10am on Saturday, June 29 at Mendon Ponds Park East. In the event of inclement weather, participants will meet at the Spiegel Community Center and use the canal path for scheduled runs.

Adult Programs

Guided Hikes on Pittsford Trails

Date

Recreation Staff, Instructor

Day

Royal Coach Trails

Reg. No.

241021-01	Sat	Apr 6	8:30AM	No Fee
Irondequoi	t Creek Tr	ails		
Reg. No.	Day	Date	Time	Fee
241021-02	Sat	May 4	8:30AM	No Fee
Thornell Fa	rm Park Tı	rails		

Reg. No.	Day	Date	Time	Fee
241021-03	Sat	Jun 15	8:30AM	No Fee

Use the Town's Trail Maps to explore the trails and walkways of Pittsford! These guided hikes provide an opportunity to meet members of the community while getting some exercise. Discover the greenprint of the Royal Coach Trails (Apr 6), the Daffodil Meadow of the Irondequoit Creek Trails (May 4), and the outdoor athletic facilities of the Thornell Farm Park Trails (Jun 15). Participants will be contacted with a meeting place and extra information prior to the hike date and will be provided with a trail map at the outset of the hike. Maps are available for free ahead of time at: http://townofpittsford.org/trails_and_walkways. For questions or more information please contact Amanda Poulin at 585-6283 or via email at apoulin@townofpittsford.org.

Registration is required.



Mendon Ponds Park Walking Tours Jack Butler, Docent

TOUR #1: "HIDDEN IN PLAIN SIGHT"

Reg. No.	Day	Date	Time	Fee
221026-01	Wed	Apr 10	9:00AM	No Fee
221026-02	Sat	May 4	9:00AM	No Fee
221026-03	Wed	Jun 5	9:00AM	No Fee
Meet at Youth	n Camping	Area Sign – Hopl	cins Point Rd.	

TOUR #2: "MERO-WHAT?"

Reg. No.	Day	Date	Time	<u>Fee</u>	
221026-04	Thu	Apr 11	1:00PM	No Fee	
221026-05	Sat	May 4	1:00PM	No Fee	
221026-06	Wed	Jun 5	1:00PM	No Fee	
Meet at Lower Devil's Bathtub Parking Lot - Pond Rd.					

TOUR #3: "IC!"

Reg. No.	Day	Date	Time	Fee
221026-07	Availab	le on request		No Fee
Meet at curve	e in Canfiel	d Rd. before Pit	ts-Mendon Ctr Rd.	
(East of X-Co	untry skiind	a area. Dirt parl	(ing area.)	

TOUR #4: "THE MYSTERY OF DOUGLAS ROAD"

Reg. No.	Day	Date	Time	Fee
221026-08	Sat	Apr 13	1:00PM	No Fee
221026-09	Sun	May 5	1:00PM	No Fee
221026-10	Tue	Jun 4	1:00PM	No Fee
Meet at parking area across from Round Pond				

Mendon Ponds Park is one of the country's most unique parks and it is right in our backyard! Herman LeRoy Fairchild, Professor Emeritus in the Geology Department at the University of Rochester, first advocated in 1926 for the "Mendon Kames" area to be developed into a state or county park. Two years later, Monroe County began the first of what would become many land purchases to ultimately create the glacial topographic wonder that is known today as Mendon Ponds Park. The Fairchild Walking Tours will cover the history of the park, its glacial formation and geological features such as kettles, kames and eskers. Join us to explore this geological wonder! Small groups will be formed. "Hidden in Plain Sight" is relatively flat. "Mero-What?", "IC!" and "The Mystery of Douglas Road" includes steep, rocky inclines. Must be in good physical health. 2 hrs. / 2-mile Tours. Age 16 & up. Registration is required. Private Tours by appointment at www. FairchildWalkingTours.com

Voices From the Past: Cemetery Walking Tour

Lori Leitgeb - Historic Pittsford, Instructors

		· · · · · · · · · · · · · · · · · · ·		
Reg. No.	Day	Date	Time	Fee
240925-01	Sun	May 19	12:30PM	\$8
240925-02	Sun	May 19	12:45PM	\$8
240925-03	Sun	May 19	1:00PM	\$8
240925-04	Sun	May 19	1:15PM	\$8
240925-05	Sun	May 19	1:30PM	\$8
240925-06	Sun	May 19	1:45PM	\$8
240925-07	Sun	May 19	2:00PM	\$8
240925-08	Sun	May 19	2:15PM	\$8
240925-09	Sun	May 19	2:30PM	\$8
240925-10	Sun	May 19	2:45PM	\$8
240925-11	Sun	May 19	3:00PM	\$8
All Ages		•	Pioneer Bu	rying Ground

NEW

Back by popular demand, Historic Pittsford presents Voices from the Past: Cemetery Walking Tour! Ever wonder who the first Town Supervisor was? Or what Pittsford was called before it was named Pittsford? Join residents and youth actors who will bring some of our local history alive! Walking tours are 35 minutes long, family-friendly, and in celebration of Historic Preservation Month. The walking tour path is not wheelchair accessible. ASL available on select tours. Registration is required. Children ages 5 & under are permitted to join for no fee. Walking Tours will be held rain or shine, so please dress accordingly.

Groups will meet at Mile Post School (210 Pittsford Mendon Rd.). No parking is available at Mile Post School. Parking is available at the United Church of Pittsford (123 S. Main St.). A shuttle will be provided from the United Church of Pittsford to Mile Post School, as needed.

Cemetery Tour

Vicki Masters Profitt, Instructor

Reg. No.	Day	Date	Time	Fee
240924-01	Sat	May 25	10:00AM-12:00PM	No Fee
All Ages			Pittsford	Cemetery

Do you ever wonder about the eternal residents of Pittsford Cemetery? Join Town & Village Historian Vicki Profitt to hear about Pittsford's early business owners. Learn about the maltsters and the publisher. Discover the men who started the powder mill and the pickle factory, and the merchants who supplied our community with household goods and farming implements. Meet at the cemetery flagpole. Please wear comfortable shoes and be prepared for rain.

Pittsford Cemetery is located in the Village of Pittsford with entrances on Washington Rd. opposite Golf Avenue. Registration is required.



Arts & Crafts

Vintage, Antique or Repro?

Price Prazar, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
220936-01	Mon	Apr 15-Jun 10	7:00-8:30PM	\$100
Ages 18 and u	ıp	·		PCC Rm 204

Can you differentiate between machine-made vs. handmade, plated vs. solid metal, potter vs. porcelain, hand painted vs. transfer? Is it "real or repro?" What it's worth and where and how to sell it. This and more. Learn from a long-time appraiser and collector with hands-on examples from the instructor and the class participants.

No Class May 27

Mindfulness for Moms

Stacev Maronev, Instructor



,				
Reg. No.	Day	Date	Time	Fee
220250-01	Wed	Mar 27-Apr 17	10:00-11:30AM	\$100
Parents with	pre-walkers	·		PCC Rm 207

Finding time for creative mindfulness as a new mom can be hard. Set aside an hour a week for yourself and bub to join in with a group of other moms who just get "it." Finally, an art class that you can bring bub along to without feeling guilty if they start crying or need a feed. We will have space set aside so please bring a mat or blanket for bub to lay/sit/crawl on. We will have coffee, a sweet treat and participate in a creative task in our journals. You don't have to be an artist to join in. We will focus more on the process and, no doubt, the conversation. All materials provided.

No class Apr 3

Fabulous Furnishings

Peggi Heissenberger, Instructor

Reg. No.	Day	Date	Time	Fee
220201-01	Wed	Apr 10-May 1	6:30-8:30PM	\$70
Ages 16 & up				PCC Rm 18

This class will give you several ideas on how to customize many types of furnishings. Learn beautiful, classic styles or fun, funky, fancy styles to paint that old piece you have been storing in the basement or garage. Participants are required to purchase the supplies needed to complete their project. No previous experience is required to participate, and all skill levels are welcome.

Painting a Watercolor Still Life

Kathy Armstrong, Instructor

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
220233-01	Wed	Apr 10-May 1	9:00-11:30AM	\$100
Ages 18 & up				PCC Rm 19

This 4-week class, taught by Pittsford Fine Art gallery member Kathy Armstrong, will focus on composing and painting a still life. We'll learn to paint various textures such as fabric, metal, glass and ceramic and how to handle backgrounds. The class will be taught a little differently for this session, and all will paint the same basic still life so that we can work through the painting process together. All levels of experience are welcome. Students must bring their own supplies. A materials list can be found on kathyarmstrongfineart.com/classes.

Painting a Floral Watercolor

Kathy Armstrong, Instructor

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
220249-01	Wed	May 22-Jun 12	9:00-11:30AM	\$100
Ages 18 & up		•		PCC Rm 19

This 4-week class, taught by Pittsford Fine Art gallery member Kathy Armstrong, will focus on composing a floral painting. The class will be taught a little differently for this session, and everyone will paint from the same reference photo so that we can work through the painting process together. We'll work on all sorts of more organic subjects within the painting. All levels of experience are welcome. Students must bring their own supplies. A materials list can be found on kathyarmstrongfineart.com/classes.



Making Custom Crafted Soap

Beth Byrne, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
220202-01	Wed	Apr 10	6:30 - 8:00PM	\$35
Ages 14 and	up	•		PCC Rm 19

Make natural soap easily by using a cold-processed soap base. Learn the fundamentals of soap: what it is, a brief history and how it is made, then create your own personalized batch. Just add color, scent, and herbs. If you are leery of working with sodium hydroxide, but want real soap, this class is for you.

Soapmaking Basics

Beth Byrne, Instructor

Reg. No.	Day	Date	Time	Fee
220204-01	Thu	May 30 & Jun 6	6:30 - 8:30PM	\$95
Ages 18 and u	ıp qı	•		PCC Rm 19

Learn to make real soap using the most popular method today: cold process. This is a two-class course. Learn theory and safety precautions in the first class and get a list of safety items to bring to the second class. In the second class, make an actual batch of soap to take home!

Shower Scrub

Beth Byrne, Instructor

Reg. No.	Day	Date	Time	Fee
220205-01	Thu	Apr 25	6:30 - 8:00PM	\$25
Ages 10 and	up	•		PCC Rm 19

Shower scrubs are a great way to exfoliate and smooth the skin. Learn to make your own! You will choose colors and additives to make a jar to take home.

Bath Fizzies

Beth Byrne, Instructor

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
220206-01	Thu	Jun 6	6:30 - 8:00PM	\$24
Ages 12 and	up			PCC Rm 19

Bath Fizzies are among the most popular bath treats today. Learn how to make them yourself and take several home for your own luxurious bath.

Pampered Feet

Beth Byrne, Instructor

Reg. No.	Day	Date	Time	Fee
220208-01	Mon	May 6	6:30 - 8:30PM	\$35
Ages 16 and	up	-		PCC Rm 19

It's time for a little pampering and getting those winter-weary feet ready for summer. Make foot scrub and soak in class, then use them to clean, soak and exfoliate. Finish with a relaxing massage. Please bring a hand towel or bath towel. This is a fun and relaxing class you don't want to miss!

Fun Folds Note Cards

Pat Miller, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
220230-01	Sat	Apr 20	9:30AM -12:30 PM	\$40
Ages 14 and u	ıp	-	PCC	Rm 207

More fun than a barrel of Monkeys! Fun fold note cards in Spring colors to chase away that last bit of winter. Bring a smile to mom, grandma, or a favorite friend. An assortment of sentiments will be on hand to customize your cheery handcrafted greetings. Beginners welcome! Please bring your favorite crafting glue and paper snips (smaller sized scissors with a pointed tip). There will be some basics for sale at class. Questions? Please email instructor: pat.miller@frontiernet.net.

One Sheet Wonder Cards

Pat Miller, Instructor

Reg. No.	Day	Date	Time	Fee
220231-01	Sat	May 18	9:30AM -12:30 PM	\$30
Ages 14 and I	ир	-	PCC	Rm 207

Always wanted to learn card making? Love to make cards and have quite the stash of paper? This class will show you how to make multiple cards from a single 12 x 12 sheet of Designer paper. Your class kit will include a cutting guide, cardstock, envelopes, and all the bling. You get to choose your designer paper from my stash! Choose a sentiment and fill your card box with handmade greetings for every occasion.

Beginners welcome! Please bring your favorite crafting glue and paper snips (smaller sized scissors with a pointed tip). There will be some basics for sale at class. Questions? Please email instructor: pat.miller@frontiernet.net.

All Occasion Note Cards

Pat Miller, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
220232-01	Sat	Jun 15	9:30AM-12:30PM	\$40
Ages 14 and u	ıp		PCC	Rm 207

Come enjoy some happy crafting time! Everything you need to handcraft some beautiful all occasion cards. Your class kit will include Designer Paper, Embellishments, and ribbon, all color coordinated for a professional look. Most everything is cut, scored, punched, or die-cut. You have the fun! There will be several sentiments to choose from so you can have a variety of handmade cards on hand for any occasion. Beginners welcome! Please bring your paper snips (small, sharp-pointed scissors) and your favorite crafting glue. Questions? Feel free to contact the instructor- call or text: 585-200-0196 or email at pat.miller@frontiernet.net



Cards & Games

Mah Jongg for Beginners and Beyond

Carol Schott, Instructor

Reg. No.	Day	Date	Time	Fee
220806-01	Tue	Apr 9-May 14	10:00AM-12:00PM	\$90
Ages 18 & up				PCC Rm 113

This class will be based on the skill level of the class participants. You will learn some strategy of play as well as understanding of the game. Bring your Official 2023 National Mah Jongg League playing card. Cards can be purchased online at: www.nationalmahjonggleague.org.

Click on THE STORE tab and select line #1 or #2 for either the standard or large print card.

Questions about the class or materials, please contact the instructor at 585-348-8522.

Dance

Pittsford Ballet School

Karen Hanson, Instructor Mar 25-Jun 8

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
240402-01	Sat	Beg. Only	1 hr class	\$130
240402-02	1 class/wee	k	1.5 hr class	\$140
240402-03	2 classes/w	eek	1.5 hr class	\$275
240402-04	3 classes/w	eek	1.5 hr class	\$405
240402-05	4 classes/w	eek	1.5 hr class	\$530
240402-06	5 classes/w	eek	1.5 hr class	\$650
240402-07	1 class/wee	k-pointe	.5 hr class	\$40
240402-08	2 classes/w	eek-pointe	.5 hr class	\$80
240402-09	3 classes/w	eek-pointe	.5 hr class	\$120
240402-10	single class		1.5 hr class	\$16
240402-11	single poin	te class	.5 hr class	\$6

ADULTS

Mon Tue	Intermediate/Advanced Advanced Beginner	8:00-9:30PM 10:00-11:30AM	Ages 14 & Up Ages 14 & Up
Fri	Intermediate	10:00-11:30AM	Ages 14 & Up
			PCC Rm 218

Registrants must provide plain black leotards, pink tights, pink ballet slippers, and have hair pinned up securely.

- --Advanced Beginner: minimum 1 year of training
- --Intermediate: minimum 3 years of training
- --Advanced: minimum 5 years of training

Recommend youth Adv/Beg enroll in 2 classes/week (unless provisions are made with the instructor.) Pointe may be taken with permission of instructor.

No class Apr 1-8 & May 27

Belly Dance

Deborah Robinson, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
240406-01	Tue	Apr 23-Jun 4	7:00-8:00PM	\$70
Ages 14 & up		•		PCC Rm 215

Join us and get in on the fun! Belly Dance will have you moving like you never thought you could. While learning this beautiful dance form, you will strengthen and tone your core, and improve your balance, posture, and coordination and just plain feel good moving! No previous dance experience is required. This is an open level class, for beginners and more experienced dancers. Grab a friend or make a new one and have fun while achieving a great work out.

Music & Theatre

PRIVATE PIANO LESSONS

Information on page 17.

'Accidental' Social Skills Comedy Improv Carol Roberts, Instructor



Reg. No.	Day	Date	Time	Fee
210525-01	Sat	Apr 13	11:00AM-12:00PM	No Fee
210525-02	Sat	Apr 20-May 18	11:00AM-12:00PM	\$175
Ages 10-18-p	lus		P	CC Rm 113

Have fun, make friends and enhance social skills without trying while playing easy theatre games like those seen on TV's *Whose Line is it Anyway?* Class has a relaxed, supportive atmosphere. Participation is encouraged, never forced.

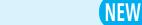
We welcome young people with: High Functioning Autism, ADD/ADHD, Anxiety, Depression, Bipolar, Tourette's and any other social communication challenges.

These easy theatre games and scenes utilize suggestions supplied by fellow players. The results are at best hilarious, at worst interesting. No experience is required.

First class is a "try it class" - no obligation to continue! Registration is required.

Instructor Carol Roberts, MA is a comedy improviser and former stand-up comic who has performed with Robin Williams, Paula Poundstone and Ellen Degeneris. She is also a former Executive Functioning Coach at RIT's Spectrum Program. Questions? Interested? Call her at (585) 259-2621.

Stand-up Comedy



Carol Roberts, Instructor

Reg. No.	Day	Date	Time	Fee
220501-01	Tue	Apr 9-May 14	6:30-7:30PM	\$150
Ages 18 & up				PCC Rm 107

Learn writing techniques and perform routines weekly for class and receive constructive feedback. Final class is a show (optional) for family and friends. Former San Francisco Cable Car Entertainer of the Year winner instructor Carol Roberts has performed with Robin Williams, Paula Poundstone, and Ellen DeGeneres. The curious and skeptical are welcome. No experience required. Come prepared to laugh.









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Education

Introduction to Book Publishing

Tricia Dell'Anno, Instructor

Reg. No.	Day	<u>Date</u>	<u> Time</u>	<u>Fee</u>
220244-01	Mon	Apr 22	6:00-7:00PM	\$20
220244-02	Mon	May 20	10:00-11:00AM	\$20
Ages 18 & up		-		PCC Rm 207

Do you have a story to tell? Have you dreamed of writing and publishing your own book? If so, join Tricia Dell'Anno, author of the children's books, No Dog in my Yard and A Dog in my Yard. Tricia, an award-winning, best-selling author, is eager to share her personal journey, invaluable lessons learned, and expert tips to guide you toward your dream of publishing a book. In this engaging and interactive workshop, you'll explore your goals to becoming a published author and learn the steps involved in self-publishing or pursuing traditional publishing routes. Whether you aspire to take charge of the entire process or explore the more conventional path, this workshop will equip you with the essential knowledge and insights to navigate the world of publishing.

Workshop Format: This workshop will be a combination of an informative PowerPoint presentation, interactive discussions, hands-on exercise, and a Q&A session.

Target Audience: This workshop is designed for participants of all experience levels, from beginners to those with some prior publishing knowledge.

Walkin' in Memoirs

Frances Tepper, Instructor

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
220243-01	Wed	Apr 10	6:00-8:00PM	\$15
220243-02	Wed	Apr 17	6:00-8:00PM	\$15
220243-03	Wed	Apr 24	6:00-8:00PM	\$15
Ages 18 & up				PCC Rm 207

Do you have a story to tell but are wondering if anybody would ever be interested in reading it? The answer is sure. . . if you tell it right! We'll explore grabbing your reader's interest and keeping it, using serious discourse when necessary, humor whenever possible, honesty, humility, and even some self-deprecation that will keep the reader on your side and rooting for you. In a memoir, you want your reader to feel as if they are having a conversation with you over a cup of coffee or a glass of wine. You want your reader to get to know you, not only by the stories you write but also by the way you write your stories. In "Walkin' in Memoirs," we'll explore tone, voice, humor, and keeping your stories fresh, using examples from my book, Fair Lady: Memoirs of a County Fair Manager. Then we'll do some writing prompts to get you started. Participants should bring pen and paper.

American Red Cross CPR/AED

EPIC Trainings, Instructor

Reg. No.	Day	Date	Time	Fee
220965-01	Sat	Jun 1	9:00AM-12:00PM	\$68
Ages 18 & up			PCC F	Rm 204

This course teaches how to respond to breathing and cardiac emergencies in adults, children and infants. Both traditional and breathless CPR is taught. Tips provided on heart disease prevention, scene control, patient assessment, CPR integration, AED application and protocol adherence.

This course meets the latest 2010 CPR and ECC Guidelines (3.5 hours). 2 Certification Cards included.



American Red Cross First Aid

EPIC Trainings, Instructor

Reg. No.	Day	Date	Time	Fee
220966-01	Sat	Jun 1	12:30-2:30PM	\$58
Ages 18 & up				PCC Rm 204

Learn to identify and care for bleeding and sudden illness such as: Stroke, Burns and Broken Bones and preventing disease transmission.

This course meets the latest 2010 CPR and ECC Guidelines (3 hours). 2 Certification Cards included.

Women and Financial Risk

Foundation for Women's Financial Education, Instructor

Reg. No.	Day	Date	Time	<u>Fee</u>
221705-01	Sat	Apr 20	10:00-12:00PM	\$15
Women Ages	18 & up			PCC Rm 207

April is Financial Literacy Month – an opportunity to assess your financial risks. Understand the various ways your Personal Identifiable Information can be protected in our digital environment. We will also review Credit Reports, how to interpret them, and ways to protect your credit or to repair it if your identity is stolen. This single-day seminar is offered by the Foundation for Women's Financial Education, a 501c3 organization.



Learn Spanish: Enhance Your Brain

Lourdes de la Colina-Scofield, Instructor

Reg. No.	Day	Date	Time	Fee
BASICS I 210952-01 210952-02	Mon Mon	Mar 25-May 6 May 13-Jun 10	10:00-10:55AM 10:00-10:55AM	\$139 \$139
BASICS II 210952-03 210952-04	Mon Mon	Mar 25-May 6 May 13-Jun10	11:00-11:55PM 11:00-11:55PM	\$145 \$145
BASICS III 210952-05 210952-06 Ages 18 & up	Mon Mon	Mar 25-May 6 May 13-Jun10	12:00-12:55PM 12:00-12:55PM	\$145 \$145 PCC Rm 206

No class Apr 1 & 8

Basics I: Enhance your brain! No matter your age, learning a new language, like Spanish, is an important opportunity to enhance your life. Studies show that learning a new language and having new linguistic skills builds bigger, smarter and stronger brains. Spanish also gives you access to culture, people, and resources. Classes are taught by an experienced native Spanish-speaking teacher in a very kind environment. If you are a complete beginner, or have learned some very basic Spanish before, this class is for you! You will learn new vocabulary along with an introduction to basic Spanish and parts of speech.

Basics II: Enhance your brain! Make it stronger! In this slightly more advanced program, you will learn new basic Spanish, with new vocabulary, parts of speech, grammar, and present tense conjugation. Completion of the Basics I program is recommended.

Basics III: Keep enhancing your brain with a native Spanish speaker! This program allows you to build on your basic knowledge of the language, more grammar, and learn Spanish verb tenses. Completion of Learn Spanish: Basics II is required. Keep acquiring new linguistic skills!



Gardening for Life

Mary Moore, Instructor

Reg. No.	Day	Date	Time	Fee
211029-01	Tue	Apr 23	6:00-8:00PM	\$10
Ages 16 & up		•		PCC Room 204

A native plant gardener is no ordinary gardener. We plant with the purpose of hosting and feeding bees, butterflies, moths, and birds. This 2-hour class will provide you with the best practices to grow native plants successfully. The goal is to establish a corridor through Pittsford for pollinators by "connecting" to the habitats the Town of Pittsford has planted. No gardening experience is required – participants just need a commitment to experiment with native plants in an established or new garden. The fee includes a native plant for each gardener to take home. A Pittsford Pollinator Pathway Challenge class.

Pre-Licensing 5 Hour Course

Jon DelVecchio, Street Skills LLC Driving School Instructor

Reg. No.	Day	Date	Time	Fee
220919-01	Wed	Apr 10	3:30-8:30PM	\$50
220919-02	Wed	May 1	3:30-8:30PM	\$50
220919-03	Wed	May 29	3:30-8:30PM	\$50
220919-04	Sat	Jun 15	9:00AM-2:00PM	\$50
Ages 16 & up			Online	Program

This is the state mandated 5-hour pre-licensing course. Students in the course must possess a valid NYS learner's permit to attend. Students will receive their MV-278 certificate required for scheduling a NYS DMV road test. In addition to the basics, students will leave with the knowledge of skills and habits for a lifetime of safe driving. Send the following information ASAP to streetskillsmoto@gmail.com or text to (585) 340-7058:

- -Course date
- -Student full name
- -Student phone number
- -Student email address (check spam folders for messages)
- -Name and email address of person paying for the course (if different)
- -Clear photo of permit
- -Where they found out about the course

Athletics & Wellness

Martial Arts for Adults

James Creighton & Pete Reminicky, Instructors

Reg. No.	Day	Date	Time	Fee
220327-01	Tue	Mar 26-Jun 11	8:00-8:45PM	\$149
220327-02	Wed	Mar 27-Jun 12	8:00-8:45PM	\$149
220327-03	Tue & Wed			\$229
Ages 18 & up			F	PCC Rm 217 & 218

The adult program is for anyone who wants to learn how to defend themselves and gain confidence in a positive and enthusiastic training atmosphere. We focus our training on developing each individual to their own personal best, by enriching their lives with all of the unique benefits that the martial arts have to offer. We teach a self-defense oriented martial arts class emphasizing the interaction of the striking arts with the jujitsu arts. Our program is year-round and allows each student to advance up the ranks to black belt. For more information visit www.CreightonMartialArts.com

No class Apr 2-3



Martial Arts for Women

Tracy Maggio, Instructor

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
240303-01		1 class/week		\$50
240303-02		Unlimited class	/week	\$80
240303-03		Instructors		\$25
	Mon	Mar 25-Jun 10	6:00-7:30PM	PCC Rm 217
	Wed	Mar 27-Jun 12	6:00-7:30PM	PCC Rm 215
	Sat	Mar 30-Jun 15	9:30-11:00AM	PCC Rm 215

Ages 13 & up

BEGINNER-ADVANCED. Learn martial arts in a class for women only. Have fun, gain confidence, and get fit in a friendly and supportive atmosphere. Black belt instructors, committed to empowering women, teach a curriculum based on the art of Isshinryu Karate Do, including kata, kicks, hand techniques and weapons. This is an ongoing dojo (martial arts school) in which you, as others have, can progress to black belt. You can attend this class as an introduction to karate and self-defense. Students are grouped or taught individually based on their instructional needs. Instruction is based on research about how women successfully defend themselves. No previous martial arts experience, or great fitness, is required to join. Beginners welcome at all classes.

No class May 25 & 27

Debbie McVean Aerobics

	-	4 1		***
Reg. No.	Day	Date	Time	Fee
Debble Micveall, Histructor				IVIAI 25-JUII 15

Reg. No.	Day	Date	Time	<u>Fee</u>
220304-01		1 class		\$10
220304-02		ANY 12 classes		\$55
220304-03		ANY 24 classes		\$75
220304-04		ANY 36 classes		\$95
220304-05		Unlimited clas	ses	\$125
	Mon, Tu	e, Wed, Fri, & Sat	9:00-10:10AM	

Mon, Tue, Wed, Fri, & Sat 9:00-10:10AM
Ages 14 & up PCC Gym

Take that first step towards achieving your cardiovascular and weight-bearing goals! Come join us for a challenging, yet easy-to-follow workout. Great fun! Great music! The 70-minute total body energizing class includes 40 minutes of high-low aerobics followed by 30 minutes of floorwork focused on toning the upper body, legs, hips, thighs, and abdominals. Participants should bring their own two 2-4 lb. handweights and exercise mats. Instructor holds a Physical Education degree and has over 30 years of fitness instruction experience. Childcare is available through Pittsford Recreation's Panther Pals program at an additional cost. For more information about Panther Pals please call (585) 248-6295. Drop by before any class and talk to Debbie about participating in a free class!

No class Mar 29-30, Apr 27, May 25 & 27

OH, NO!

WHY DID WE HAVE TO CANCEL THAT CLASS?

Sometimes courses are cancelled because people wait too long to register.

Please register early to avoid disappointment!

Pilates

Eva Pazral, RYT500, Instructor

Reg. No.	Day	Date	Time	Fee
240350-01	Mon	May 20- Jun 17	5:30-6:30PM	\$25
240350-02	Tue	May 21- Jun 18	12:00-1:00PM	\$30
Ages 14 & up		-		PCC Rm 215

A great head-to-toe workout, improving not only your body but also your mind. Pilates works multiple muscle groups simultaneously through smooth, continuous motion, with particular concentration on strengthening central body core (abdominal region), increasing flexibility and balance, breath control, proper joint movement, and providing correct spine alignment to improve posture. Participants need to bring their own exercise or yoga mat.

No class May 27

Yoga

Eva Pazral, RYT500, Instructor

Reg. No.	Day	Date	Time	Fee
240365-01	Mon	May 20 - Jun 17	6:40-7:40PM	\$25
Ages 14 & up		•		PCC Rm 218
240365-02	Wed	May 22 - Jun 12	12:00-1:00PM	\$25
Ages 14 & up		•		PCC Rm 216

A 60-minute class of traditional Vinyasa Flow style stretches and relaxation methods, which help to balance and integrate the body, mind, and spirit. Cultivate breathing and mindful movement in this dynamic yoga practice and develop strength, alignment, and endurance through the appropriate sequencing of poses. This is a great exercise for beginners as well as for those who practice yoga regularly. Participants need to bring their own yoga mat.

No class May 27

Did you know...

Pittsford Community Center rooms are available for community group meetings.
Reservations must be made by a Pittsford resident 48 hours in advance.
Complete the reservation process at www.townofpittsford.org.





Therapeutic Yoga

Kaitlyn Vittozzi, C-IAYT Yoga Therapist, Instructor

Reg. No.	Day	Date	Time	Fee
240378-01	Tue	Apr 9 - 30	6:00-7:00PM	\$80
240378-02	Tue	May 7- Jun 4	6:00-7:00PM	\$80
Ages 18 & up		•		PCC Rm 113

An empowered body is a strong body. This mindful movement yoga series is designed to align body with mind. Clients will learn postures with a focus on body-awareness, strength, and safe movement to create a sense of flow and connection in their daily lives off the mat. Postures can be adapted to all abilities and skill levels and will be tailored to each student's goals/ needs. Yoga therapy helps you tap into your body's wisdom to de-stress and prioritize your life. No prior yoga experience is required. Please bring your own yoga mat or reach out to the instructor in advance if you will need to rent one.

No class May 28

Cyclic Yoga for Beginners

Maryam Barmakirad, Instructor

Reg. No.	Day	Date	Time	Fee
220335-01	Sat	Apr 6-Jun 15	9:30-10:45PM	\$70
Ages 20 & up		·		PCC Rm 216

Cyclic Yoga for Beginners is the entry level designed to release the body from tension, while joints and tendons will gain the required flexibility to move on to the next levels. Cyclic Yoga is the art of sequencing yoga asanas or pranayama and mudra techniques to maximize its benefits and energize the body and mind. Participants will experience a more significant level of psychological and physical well-being. Practitioners report profound relaxation, increased flexibility, and light-hearted feeling after each session. Cyclic yoga was developed by an Indian Yogini, Maya Machawe, in cooperation with an Iranian psychologist, Saed Ahmadi. This style of yoga was internationally registered in 2016.

No class May 25









Like us on Facebook, X and Instagram!

Cyclic Yoga for Osteoarthritis

Maryam Barmakirad, Instructor



KNEE

Reg. No.	Day	Date	Time	Fee
220336-01	Sat	Apr 6-27	11:00AM-12:00PM	\$40
SPINE &	NECK			
220336-02	Sat	May 4-Jun 15	11:00AM-12:00PM	\$60
Ages 20 & up		•	PCC	Rm 216

Cyclic Yoga is the art of sequencing yoga asanas or pranayama and mudra techniques to maximize its benefits and energize the body and mind. Cyclic Yoga for Osteoarthritis aims to enhance muscle strength, decrease pain and stress, improve balance and stability, and increase joint range of motion. Please bring your own yoga mat and block.

No class May 25

Tai Chi Yang Style: 108 Form

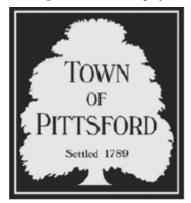
Alan Packard, Instructor



Tai Chi Yang 108 is taught by a Fifth Degree Kung Fu Black Belt with 50 years' experience. Students will learn a series of slow gentle wholly natural movements that are the Tai Chi form. Tai Chi's benefits are well known and many, including improved posture, greater strength, and flexibility, as well as imbuing a significant sense of physical competency, spiritual tranquility, and good health. This authentic original style comes to us via a Chinese research physicist and Tai Chi Master who was my teacher.

And as a special bonus, since Tai Chi is actually a form of Kung Fu, this course will include instruction of a short but excellent Kung Fu form which will make learning Tai Chi much easier and faster. You will learn the roots and feel of this great art, with all its power, grace, and fluidity, all designed to further your core learning experience. You'll love it!

Receive updates on Town of Pittsford happenings



For the most current town updates and information, sign up to receive the Town of Pittsford's weekly eNews by submitting your contact information online at www.townofpittsford.org/enews

Meditation & Mindfulness

Lori Lefkowitz, Instructor

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
220329-01	Tue	Apr 9-May 7	1:00-2:00PM	\$100
Ages 20 & up		•		PCC Rm 216

These classes will focus on the power of meditation and mindfulness. We will explore mindfulness strategies and different meditations to learn to connect with our bodies and breath. We will also incorporate movement into classes. Each week participants will focus on a different topic, such as: Introduction to Mindfulness; Being Right Where You Are; Our Storytelling Minds; and Cultivating Kindness. Additional topics to be covered may include compassion and pain. Participants should wear comfortable clothing. Chairs will be available.

High Intensity Interval Training (HIIT)

585 Fitness - Personal Trainer, Instructor

Reg. No.	Day	Date	Time	Fee
221284-01	Wed	Apr 17-May 15	6:15-7:00PM	\$100
221284-02	Wed	May 22 - Jun 19	6:15-7:00PM	\$100
Ages 16 & up		•		585 Fitness

HIIT classes are high energy, high intensity workouts improving your cardio, strength, and core. 585 Fitness trainers will push you in giving your all at each exercise. You will leave feeling accomplished and ready to receive the rest of your day. Available for all fitness levels. Trainers will demonstrate modifications (if needed) for every exercise.

585 Fitness is located at 50 Office Park Way, Pittsford.

Beginners Boxing Camp

Bee Relentless Boxing, Instructor

Reg. No.	Day	Date	Time	Fee
241281-01	Mon & Wed	Mar 25-May 1	6:45-7:30P	M \$120
241281-02	Mon & Wed	May 6-Jun12	6:45-7:30PN	Л \$120
Ages 12 & up		•	ı	Bee Relentless Boxing

The beginners boxing program will help you learn the fundamentals of boxing while building self-confidence and strength. We focus on form first before we focus on going all out. From the toes, to the head, and to the hands; we make sure your form is the best we can make it. The class is a full 45 minutes, consisting of 15 minutes of boxing, 15 minutes of HIIT (High Intensity Interval Training), and 15 minutes of boxing to finish. In this class we also cover proper form and movement of all exercises during our 15 minutes of HIIT.

Bee Relentless Boxing is located at 565 Blossom Rd. Suite E, Rochester, NY 14610.



A Horse's Friend: Adult Horsemanship Program

A Horse's Friend, Instructor

Reg. No.	Day	Date	Time	Fee
241276-01	Wed	Mar 27-May 1	5:30PM-7:30PM	\$300
Ages 18 & up			AI	Horse's Friend

A Horse's Friend's Adult Horsemanship program is open to adults of all ages with or without prior horse experience. Participants must have a strong desire to learn and have a good time! Activities include caring for horses, grooming and tacking, communicating with horses, and group riding instruction and practice.

A Horse's Friend is located at 6565 East River Rd., Rush, NY 14543.

Adult Beginner Golf - Intro To Golf

Erik Yaekel, PGA Director of Golf Instruction

Reg. No.	Day	Date	Time	Fee
221219-01	Tue	Apr 16-May 7	5:00-6:00P	M \$149
221219-02	Wed	Apr 17-May 8	5:00-6:00P	M \$149
221219-03	Thu	Apr 18-May 9	5:00-6:00P	M \$149
221219-04	Tue	May 14-Jun 4	5:00-6:00P	M \$149
221219-05	Wed	May 15-Jun 5	5:00-6:00P	M \$149
221219-06	Thu	May 16-Jun 6	5:00-6:00P	M \$149
Ages 18 & up		•		Eagle Vale Golf Club

This course is designed for the true beginner golfer. Our PGA professional instructors will gently guide you through the fundamentals of golf in an entertaining 4-week course. Simple, easy to follow fundamentals of grip, posture and aim will be a starting point with the swing shape and style introduced at the proper time. The short game, rules and etiquette will be touched on to round out the curriculum. You will receive a free range pass at the end of the last class. Please call (585) 377-5200 or visit www.eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd. in Fairport.

Adult Advanced Golf

Erik Yaekel, PGA Director of Golf Instruction

Reg. No.	Day	Date	Time	Fee
221220-01	Tue	Apr 16-May 7	6:00-7:00P	M \$149
221220-02	Wed	Apr 17-May 8	6:00-7:00P	M \$149
221220-03	Thu	Apr 18-May 9	6:00-7:00P	M \$149
221220-04	Tue	May 14-Jun 4	6:00-7:00P	M \$149
221220-05	Wed	May 15-Jun 5	6:00-7:00P	M \$149
221220-06	Thu	May 16-Jun 6	6:00-7:00P	M \$149
Ages 18 & up		-	E	agle Vale Golf Club

Anatural progression from The "Adult Beginner Golf." This course expands on what you've already learned in the previous course. More in-depth analysis of your golf swing will be the focus along with pre-swing fundamentals and pre-shot routines. Additional time will be spent on putting, short game, rules and proper etiquette. Short game instruction will include pitch shots, chip shots and bunker play. You will receive a free range pass at the end of the last class. Please call (585) 377-5200 or visit www.eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd. in Fairport.

Adult Short Game Clinic

Erik Yaekel, PGA Director of Golf Instruction

Reg. No.	Day	Date	Time	<u>Fee</u>
221288-01	Tue	Apr 16-May 7	7:00-8:00Pf	M \$169
221288-02	Wed	Apr 17-May 8	7:00-8:00PI	M \$169
221288-03	Thu	Apr 18-May 9	7:00-8:00PI	M \$169
221288-04	Tue	May 14-Jun 4	7:00-8:00PI	M \$169
221288-05	Wed	May 15-Jun 5	7:00-8:00PI	M \$169
221288-06	Thu	May 16-Jun 6	7:00-8:00PI	M \$169
Ages 18 & up			I	Eagle Vale Golf Club

Emphasis will be on putting, chipping, pitching and bunker play. This clinic is perfect for those players who hit the ball relatively well, but then struggle when they get near the green, often taking multiple strokes and/or putts. The short game is the most overlooked part of the game, with the most impact on your ability to lower your score. Much of this clinic will take place on the golf course, with our extensive short game area be used also. You will receive a free range pass at the end of the last class. Please call (585) 377-5200 or visit www.eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd. in Fairport.

Mens' Senior Golf Camp

Erik Yaekel, PGA Director of Golf Instruction

Reg. No.	Day	<u>Date</u>	<u>Time</u>	<u>Fee</u>
231289-01	Mon	Apr 22-May 13	2:00-3:00PM	\$149
231289-02	Mon	May 20-Jun 17	2:00-3:00PM	\$149
Ages 55 & up		-	Eag	gle Vale Golf Club

Lost a little distance lately? Not as flexible as you once were? Here's a program designed to improve your distance with drills and exercises aimed at increasing your strength and flexibility. Golfers will also work on their full swing, short game and course management skills. You will receive a free range pass at the end of the last class; your first practice time is on us! Please call (585) 377-5200 or visit www.eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point Rd. in Fairport.



Ladies' Senior Golf Camp

Erik Yaekel, PGA Director of Golf Instruction

Reg. No.	Day	Date	<u>Time</u>	<u>Fee</u>
231290-01	Mon	Apr 22-May 13	3:00-4:00PM	\$149
231290-02	Mon	May 20-Jun 17	3:00-4:00PM	\$149
Ages 55 & up		- -	Eag	gle Vale Golf Club

Enjoy the camaraderie of your fellow lady golfers in this small group setting. Learn the keys behind hitting your driver further, while freeing up your swing to get the maximum distance on all of your shots. All aspects of your golf game will be worked on, but we will still have the emphasis on hitting the ball further. You will receive a free range pass at the end of the last class; your first practice time is on us! Please call (585) 377-5200 or visit www.eaglevale.com for more information.

Eagle Vale Golf Club is located at 4344 Nine Mile Point R.d in Fairport.

Drop-in Pickleball

Reg. No.	Day	Date	Time	Fee
231283-01	Mon	Mar 25-Jun 10	12:00-2:00PM	\$2
231283-02	Wed	Mar 27-Jun 12	12:00-2:00PM	\$2
231283-03	Fri	Apr 12-Jun 14	1:30-3:30PM	\$2

Ages 18 & up PCC Gym

Drop-in to play this exciting game that everyone is talking about! Pickleball is a blend of tennis, badminton and ping pong and is a great way to meet new people and play a game that is right for a variety of skill levels. No instruction or supervision is provided for this drop-in program. Fee is per person, per visit. For any questions, contact Kate at 248-6281.

No program Apr 1-8, Apr 26 & May 27











Like us on Facebook, X and Instagram!

Wegmans Hit the Trail Passports available at the Pittsford Community Center!

Complete 6 trails to receive a Wegmans reusable bag. You may also enter your completed passport for a chance to win a \$250 Wegmans gift card!



Drop-in Badminton

Reg. No.	Day	Date	Time	Fee
231284-01	Sun	Mar 24 - Jun 9	12:30-2:30PM	\$2
Ages 18 & up				PCC Gym

Drop-in to play badminton! Badminton is a racquet sport played using racquets to hit a shuttle across a net. Although it may be played with larger teams, the most common forms of the game are "singles" and "doubles." This program is a great way to meet new people and play a game that is right for a variety of skill levels. No instruction or supervision is provided for this drop-in program. Fee is per person, per visit. For any questions, contact Kate at 248-6281.

No program Mar 31

Women's Soccer League

Recreation Staff, Instructor

Reg. No.	Day	Fee
A League & B League	Monday Nights	\$620
Ages 18 & up	, ,	Thornell Farm Park Rectangles

Any teams interested in playing in a women's soccer league this summer should have their team captain/representative attend an informational meeting, April 1 via Zoom. The meeting will include an overall discussion regarding rosters, scheduling, cost, and fields. If you are interested in attending the meeting and/or having a team in the league, please contact Kate at 248-6281 for more information. Team registration materials must be submitted by April 19.

OH, NO!

WHY DID WE HAVE TO CANCEL THAT CLASS?

Sometimes courses are cancelled because people wait too long to register.

Please register early to avoid disappointment!

-Spring 2024 PITTSFORD

SENIOR CITIZENS

35 Lincoln Ave. • Pittsford, NY 14534 (585) 248-6235

Jennifer Morrow, Senior Center Director Carlos Chediak, Senior Program Specialist

Senior Center Staff:

Mary Ann Burdett, Rachael George, Armand Miale, Paul Mosakowski, Ann Parker, Pat Rice, Jim Rice, Linda Steidle

START TO LEARN!

MAHJONG

WORKSHOP ON APRIL 12

12:00 Noon - 2:00PM

Reservations required!

MEMORIAL DAY PARADE

Monday, May 27, 2024

Parade steps off at 10:00AM

Be a part of the Memorial Day Parade and ride with us on the Pittsford Seniors Bus! Participants will meet at 35 Lincoln Ave at 9:00AM and will return after the Memorial Day Ceremony at the Pittsford Cemetery.

Reservations by May 22nd

Tech with Ginny

FREE ASSISTANCE WITH ELECTRONIC DEVICES.

Thursdays between 9:30AM and 12:00 Noon

Need help with your computer, laptop, iPhone or iPad? One-on-one help.

Call to book a half hour session.

PITTSFORD SENIOR CITIZENS are for retired residents or those 50 years of age and over. There are NO fees for membership. The Pittsford Senior Programming office is located at the Pittsford Community Center at 35 Lincoln Ave, and is open Monday through Friday, 8:30AM-4:00PM. We hope you will come and spend time with us either by joining one of our programs or just stopping in to meet your friends or make new ones. Our monthly calendar is available at the Pittsford Senior Programming office (Rm 118).

LUNCH CLUB 60 NUTRITION PROGRAM

The Nutrition Program offers an opportunity for adults age 60 and over to meet new people while sharing in a hot meal, partaking in social activities and educational programs.

This program provides nutritional screenings, assessment, education, and counseling to help participants meet their health and nutrition needs. We will provide transportation to and from the Pittsford Senior Center. Lunch is served at

provide transportation to and from the Pittsford Senior Center. Lunch is served at 12:00PM Mondays, Wednesdays & Fridays. Suggested contribution for this lunch is \$3.50 per person. Please call 248-6235 to make a lunch reservation and/or sign up for transportation.

AARP SMART DRIVER PROGRAM

Pittsford Community Center Room 204

This course is for drivers age 50 and older and consists of two 3-hour sessions held on consecutive Thursdays at the Pittsford Community Center. During this time participants will be updating driving knowledge and skills. Completion of the six classroom hours entitles participants to a discount on their auto insurance and reduction of points on their driving record. Classes will be held April 11 & 18, May 9 & 16, June 13 & 20. All classes will be from 9:00AM-12:00PM. \$25.00 for AARP members and \$30.00 for non-members, make check payable to AARP due on the first day of class. Please call 248-6235 to make a reservation.

CRAFT CLUB

Pittsford Community Center Room 107

Fridays 9:30-11:30AM April 19, May 17 & June 14

EUCHRE

Pittsford Community Center Room 113

Mondays 12:00-3:00PM

CARDS: OPEN PLAY

Pittsford Community Center Room 113

Tuesdays 12:30-3:30PM

CANASTA: OPEN PLAY

Pittsford Community Center Room 113

Thursdays 1:00-4:00PM

MAHJONG: OPEN PLAY

Pittsford Community Center Room 113

Fridays 1:00-4:00PM



SENIOR EXERCISE PROGRAMS

Classes are FREE to Pittsford Residents \mathcal{E} \$3.00 per class for non-residents. Any classes listed as FREE are free to all who attend.

YOGA FOR SENIORS - with Donna Kawczynski Pittsford Community Center Room 113

Mondays & Fridays from 9:00-9:50AM. Come explore this ancient form of body movement, breathing techniques, and relaxation known as yoga. Yoga combines flexibility, strength and mobility in a gentle, nurturing environment which promotes both mental and physical well-being.

Nia: MIND-BODY-SPIRIT FITNESS- with Rhonda Wright Pittsford Community Center Room 218

Class meets Mondays from 9:30-10:30AM. Nia is a whole-body approach to fitness that encompasses the dance arts, the martial arts, and the healing arts. Through expressive movement and music, Nia invites you to achieve physical, mental, and spiritual fitness and well-being. Nia will lubricate your joints, release your tension, enhance your balance, and tone your muscles with pleasure, mindful awareness and joyful spirit.

ARTHRITIS SENIOR FITNESS - with Pat Rose Pittsford Community Center Room 113

Classes meet Mondays and Wednesdays from 10:00-11:00AM. This low impact class seated or standing can help you with balance, joint flexibility, strengthening, and toning while you get up and go for the day. We supply balls, bands and weights while you are on your mission to health as well as the social aspect that we as seniors all need. We hope to see you soon.

Online BALANCE CLASS - with Dr. Ron Wood

Clover Physical Therapy, PC. Classes are held every first, second and third Monday of the month, 12:15-1:30PM. Exercises to help improve strength, mobility and/or balance, stay active and prevent falls. Call the Seniors Office for online link.

BALANCE CLASS - with Alyssa Ziolko Pittsford Community Center Room 215

Classes are held every first, second and fourth Tuesday of the month, 10:30-11:15AM. This class will help you become more confident in your movements, increase agility, improve coordination, and prevent a fall. Learn safe and effective exercises to improve posture, strength and balance.

ZUMBA GOLD

Tuesday with Erica Jacob | Thursday with Carlos Chediak Pittsford Community Center 218

Class meets Tuesdays & Thursdays from 9:00-9:45AM. Exercise that's fun, easy, and effective - no dance or exercise experience needed for this Latin inspired dance fitness program! Modified for the active older adult or beginner participant.

TAI CHI FOR ARTHRITIS & FALL PREVENTION - with Donna Evevsky

Pittsford Community Center Room 216

Class meets on Tuesdays & Thursdays from 1:00-2:00PM. The 73 Tai Chi (advanced group) will meet Thursdays from 2:00-2:30PM. Tai Chi, an art with great depth of knowledge and skill, is an effective exercise for health of mind and body that originated in ancient China. It can be easy to learn and soon delivers benefits. Sun Lu-tang (1861-1932) created a unique style of tai chi that combines two of the most powerful internal arts with tai chi. Emphasis is on Qigong exercise to cultivate vital life energy, making it especially effective for enhancing healing and relaxation. The form is characterized by agile steps with smooth and flowing movements that may improve mobility, range of motion, breathing and relaxation. The modified version is gentle and suitable for most people.

LINE DANCING - with Will Herzog Pittsford Community Center Room 218

Beginner Class meets Wednesdays from 9:30-10:30AM.

Advanced Class meets Wednesdays from 10:30-11:30AM. Fun, entertaining, and a great source of exercise!

FELDENKRAIS METHOD EXERCISE CLASS

with Fred Onufryk, MS, PT.

Pittsford Community Center Room 113

Second Wednesdays of each month at 11:15AM-12:00PM. Improves posture, coordination, flexibility, and suppleness. Moreover, Feldenkrais alleviates pain by minimizing physiological and psychological stress associated with restricted functions.

GET FIT AND STRESS LESS - with Donna Evevsky Pittsford Community Center Room 113

Wednesdays from 1:15-2:15PM. This class provides participants with two major components of cardio health: exercise and stress management. Engage your body with high intensity interval training, fun endurance routines like cardio kickboxing and use of traditional fitness equipment employing a mind/body fitness approach. The class ends with a stress management component to grow your holistic stress management toolbox. Class can be done seated or standing and is suitable for individuals of varying abilities.

SQUARE DANCING - with Jim Gotta

Pittsford Community Center Room 218

Fridays from 2:00-3:30PM. Don't just take our word, organizations such as the Mayo Clinic have indicated that square dancing provides low impact physical exercise as well as working on mental sharpness all while providing social interaction. Jim teaches the basics of square dancing, including a mixture of traditional and modern styles.



FREE!

SENIOR

Special Programs & Events

GOOD FOOD · GOOD COMPANY

Midnight at Mid-day Eclipse Party By Staff

Tuesday, April 2 - 12:00 Noon - \$8.00 Music by Joe Miltch Reservations by March 28

SUNSHINE SOIRÉE

By Chef Beverly
Tuesday, April 23 | 12:00 Noon - \$8.00
Program by Town Historian, Vicki Masters Profitt
"Celebrating Pittsford's Pioneering Women"
Reservations by April 18

ST. ANN'S COMMUNITY ADULT DAY SERVICES

Catered by Wegmans
Tuesday, May 7 | 12:00 Noon
Program by St. Ann Coordinator
Reservations by May 2

Lasagna a la Rachael By Chef Rachael

By Chef Rachael
Tuesday, May 21 | 12:00 Noon - \$8.00
Music by Mike Kornrich
Reservations by May 16

Spring Picnic (Kings Bend Park North Lodge)

By Staff
Tuesday, June 4 | 12:00 Noon - \$8.00
Bingo winner will get flowers!
Reservations by May 30

St. John's Senior Living By St. John's Chefs - Pavilion Series

Tuesday, June 18 - 12:00 Noon Program by St. John's Reservations by June 13

COOKING CLASSES

By Alyssa VanValkenburg RDN, 11:00AM | Thursday, May 9 - \$8.00 Cornell Cooperative Extension Space is Limited, Reservations Required

Movies for Seniors

10:30AM enjoy a complementary selection of coffee, breakfast pastries & popcorn!

Thursday, April 18

The Devil Wears Prada

Thursday, May 16

The Natural

Thursday, June 13

My Big Fat Greek Wedding

After Movie Lunch:
Pizza from Salvatore's in East Rochester.
Salad & Dessert by Staff. \$6.00

Reservations 3 days prior to the event.



PITTSFORD SENIOR Local Trips

SPRING 2024 OUTINGS

Reservations for all trips are on a first come, first served basis; residents will have first choice; non-residents will be added to a waitlist and will be notified one week prior to the trip if space is available. A \$1.00 bus fee will be due the day of the trip. Please call 30 days prior to the schedule trip day to make reservations 248-6235. All tours, admissions & lunches are paid for on your own.



APRIL 11

MAY 2

JUNE 15

Lamberton Conservatory

Genesee Brew House

Parkleigh Shopping

APRIL 25

MAY 23

JUNE 29

Warfield's Restaurant & Shop

Mackenzie-Childs Aurora

Skaneateles Shopping



Please call 248-6235 to schedule an appointment.

LISA WHOLLEY, Eldersource Care Manager (585) 325-2800

Lisa will be available at the Community Center to meet with seniors the second Tuesday of every month by appointment only.

We would like to extend our gratitude to Pittsford Florist who provides beautiful flower donations on a weekly basis.

New Location! 1433 Pittsford-Victor Rd., Victor, NY 14564 (585) 248-5860

PITTSFORD HIGHLANDS CHORUS

Choral Director, Rhonda Wright

Rehearsals will be held every Wednesday at 1:30PM at the Highlands at Pittsford, Building 100.

ALL ARE WELCOME - NO AUDITIONS

THE HIGHLANDS
AT PITTSFORD



ELDERBERRY EXPRESS

Pittsford Community Center | (585) 248-6237

Need to get out of the house? Call Elderberry Express!

Elderberry Express provides transportation to the senior citizens of Pittsford for the following:

- Pittsford Seniors' Meeting Tuesdays
- The individual's choice: any weekday-doctor, dentist, bank, friend, beauty salon, grocery, etc.
- 3 days' notice required

A donation per trip is appreciated but not required.

Volunteer Drivers Needed!

EVENTS AT PCL!

Find books, events, and more at the library! Stop by to learn about everything we have to offer in our collections and check out our online calendar to take a look at the wide variety of events that are always happening. There's something for everyone at PCL!

From our Children's Librarians. Vinise Bobrov and Sarah Ngo

Rince Na Tiarna Irish Dance Performance Sunday, March 17; 1:00-1:45pm

Fisher Meeting Room

Join us for a lively performance by students at Rince Na Tiarna Irish Dance School in Rochester! For all ages. No registration required.

Music and Movement with Miss Kate Wednesdays, March 6 & April 17; 9:30-10:30am

Fisher Meeting Room

Get ready to move and groove to some fun and interactive songs. Ms. Kate is a board-certified music therapist and uses live music, movement, and story-songs to foster early language, motor skills, literacy, and social-emotional development. Best for ages 1-4 with a caregiver but all ages welcome.

From our Teen Librarian, Laura Richardson

Practice Exam: Digital SAT

Saturday, March 2; 10:00am-2:00pm

Fisher Meeting Room

Feeling some apprehension about the new Digital SAT? Get comfortable with the new format by taking a free practice exam proctored by a test expert! Grades 9-12. To register and learn more, visit our library events calendar: bit.ly/pclcalendar

From our Events and Outreach Librarian, Robyn Avery

Friends of PCL Winter Book Sale

Thursday, March 21—4:00-8:00pm | Friday, March 22—10:00am-5:00pm | Saturday, March 23— 10:00am-4:00pm

Fisher Meeting Room

Find something for everyone! Featured will be:

- Hardcover and paperback books
- Games
- **DVDs**
- CDs

This sale is open to everyone! You do not need to be a member of the Friends to join. All proceeds support the Pittsford Community Library. Please bring bags, as they will be in short supply. Credit cards accepted.



Subscribe to our newsletter!

















THE WALL STREET Washington JOURNAL.

Post





PITTSFORD PARKS DEPARTMENT

34 East Street • Pittsford, NY 14534 • (585) 248-6495

Pittsford Trails & Walkways

Within the Pittsford Town limits, there are nearly 80 miles of recreational and public pathways, including over 42 miles of trails and access ways and over 37 miles of sidewalks. Our pathways provide walkers, hikers and cyclists interesting destinations, quiet seclusion, and an enjoyable means to get some fresh air and exercise. Please visit www.townofpittsford.org/trails_and_walkways for more information and interactive maps of 10 suggested routes utilizing several of our trails and sidewalks.



Wegmans Hit The Trail Passport!





Be rewarded for walking the beautiful trails of Pittsford! Pick up your passport at the Pittsford Community Center or the Pittsford Wegmans. The passports include eight trails throughout the Town of Pittsford. Simply hike the indicated trails, complete the trail rubbing for each trail, and return the passport to the Pittsford Community Center to enter a raffle to win a \$250 Wegmans Gift Card. Gift card drawing will be held in the fall. This program runs in conjunction with the Town of Pittsford and Wegmans.

Pittsford Playgrounds



PITTSFORD COMMUNITY CENTER

35 LINCOLN AVE

HOPKINS PARK

5 BARKER RD

THORNELL FARM PARK

480 PITTSFORD-MENDON RD

GREAT EMBANKMENT PARK

631 MARSH RD



King's Bend Park Lodges



Online Reservations:

Available at www.townofpittsford.org Click on "Facilities Reservations"

HOLD YOUR SPECIAL OCCASION AT KING'S BEND PARK

The park, designed for family and neighborhood use, features two enclosed lodges and restrooms. Open lawns, shaded areas, picnic facilities, walkways, playground facilities and park benches are located alongside the North and South ponds. Amenities for both lodges include electric fireplace, furnace, ceiling fans, picnic tables and benches, sinks, stoves, refrigerators and coat closets.

King's Bend Park Lodge Fees:

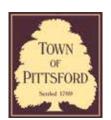
SOUTH LODGE

Accommodates 50 people
Residents \$150.00
Non-residents \$250.00

NORTH LODGE

Accommodates 99 people
Residents \$175.00
Non-residents \$275.00

For more information please visit www.townofpittsford.org or contact Cassie Schrom at 248-6288.



Town of Pittsford Recreation Department

35 Lincoln Ave. Pittsford, NY 14534 U. S. POSTAGE PAID Pittsford, NY Permit No. 33

PR SRT STD



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PITTSFORD COMMUNITY EVENTS

PITTSFORD ROTARY'S ANNUAL
KIDS' TROUT FISHING DERBY
Saturday, May 11

MEMORIAL DAY PARADE

Monday, May 27 at 10:00AM

PADDLE & POUR ART & MUSIC FESTIVAL Saturday, May 25 | NOON-10:00PM





SUMMER CONCERT SERIES

Turn to Page 6 for more info

FAMILY OUTDOOR MOVIE NIGHTS

Thursday, July 11 Thursday, July 25 Thursday, Aug 8 Thursday, Aug 22

Movies start at DARK

Tentative Mailing Date for Upcoming Brochure: Summer 2024 - Week of May 20