

News & Reviews

February 3, 2021

Town of Pittsford - a Clean Energy Community

See listings below for Upcoming Activities, Town Board Meetings & Community Meetings

BLACK HISTORY MONTH PROGRAMS AND RESOURCES

Pittsford is observing Black History Month with a virtual movie night through our **Pittsford Community Library**, which is also presenting several Black History Month displays and ongoing features highlighting resources and events relevant to Black History Month.

Wednesday, **February 10 at 6:30pm** is the date and time for **Black History Month Movie Night** with "42." The movie tells the story of two men—the great Jackie Robinson and legendary Brooklyn Dodgers General Manager Branch Rickey— whose brave stand against prejudice changed the world by changing the game of baseball. On the day of the



program, a Zoom link will be sent to those who registered. Visit www.townofpittsford.org/home-library for the link to register. The program is free and open to the public; the movie is rated PG-13.

You'll find several **Black History Month displays** throughout the Library, each featuring different content (popular and new fiction and nonfiction, local history, movies and music, art, and children's materials). A display in the children's area features famous Black figures in American history who made a difference. And be sure to check the **Library eNewsletter and social media** channels throughout the month of February (and beyond!) **for resources and events** relevant to Black History Month. The Library also has **limited copies of the "IN THIS MOMENT" chapbook** series available, which features Black leaders, artists, activists, and thinkers from the Rochester area.

The Town will continue beyond February to offer through the Library materials, events and educational content that promotes and amplifies Black voices and perspectives.

Pittsford Central School District students and staff members will honor Black History Month throughout February 2021 by participating in curriculum-connected activities and events as a way of sharing, celebrating and understanding Black heritage and culture. Find more information here.

Black History Month grew from a single week in February celebrating Black history as envisioned in 1926 by **distinguished American black author and historian Dr. Carter G. Woodson**, known as the "father of Black history." Dr. Woodson's message was that Black Americans should be proud of their heritage and that other Americans should also understand this heritage. In 1976 President Ford declared the entire month of February to honor Black history. He encouraged citizens to "seize the opportunity to honor the too often neglected accomplishments of Black Americans in every area of endeavor throughout our history."

Dr. Woodson founded of the **Association for the Study of African American Life and History** (ASALH) in 1915. ASALH's mission is to promote, research, preserve, interpret and disseminate knowledge about information about Black life, history and culture to the global community. **ASALH** is presenting a **2021 Black History Month Virtual Festival, which includes several free virtual events throughout the month.** Find more information at https://asalh.org/festival/.

Message from Supervisor Bill Smith:

KEEPING SENIORS SAFE AND CONNECTED

In one way or another, the pandemic has isolated each of us. This can be especially true for our seniors. Checking on an older neighbor, especially one who lives alone, or can't get out, or has health problems, is more important now than ever. Your gesture, large or small, can help keep our seniors safe and connected. Call, or stop by for a "window visit." If you can, offer to shovel a walk or driveway, or have your kids build a snowman outside their window. Small acts of kindness can make a big difference.

If you know of a senior or someone with special health needs who might need some help, please let them know about the following resources, or help them to connect:

Our **Pittsford Recreation Department** continues to offer a variety of programs for seniors. In particular, our staff conducts regular check-ins with seniors who sign up for our programs and services. Contact them at 248-6235.

The Town offers two convenient **pickup lunch programs** for seniors at our Spiegel Community Center. A **"Grab and Go" meal** is offered on Wednesdays and Fridays. Once a month we offer a **Home-Cooked Curbside Lunch** by Chef Julie. Call our Senior Programs office at 248-6235 for more information and to reserve a meal.

Current programs for seniors include an **online Balance Class** held the first three Mondays of each month and **Pittsford Highlands Chorus rehearsals** (all are welcome to participate) every Monday via Zoom. Right now we're planning for some in-person health and fitness programs for seniors at the Community Center as well. Visit our Seniors webpage at www.townofpittsford.org/home-senior, check our eNewsletter or call (585) 248-6235 for updated Seniors program information.

Lifespan – provides information, guidance, services and advocacy for older adults and caregivers. Call (585) 244-8400. More information at www.lifespan-roch.org.

NY Connects – provides information about long term services and supports, such as home care, transportation and meals. Learn more at www.nyconnects.ny.gov/aboutus or call (585) 325-2800.

211 – a comprehensive source for local social services information. Local experts make finding help easier through teams of compassionate, highly trained specialists available 24 hours a day, seven days a week who help those in need access the best local resources and services to address any need. Dial 211.

ElderSource – comprehensive source for information, advice, advocacy and support for seniors. Contact Care Manager Lisa Wholley at (585) 325-2800.

Monroe County Office for the Aging – support, services, information and volunteer opportunities for seniors. To learn more call (585) 753-6280 or visit online www.monroecounty.gov/aging.

Pittsford Food Cupboard – offering delivery service in February and March to seniors in the 14534 zip code area. Call (585) 264-9860 or find information at www.pittsfordfoodcupboard.net.

Meals on Wheels – offers home delivered nutritious meals to seniors. Call (585) 787-8397 or visit www.urmc.rochester.edu/home-care/meals-on-wheels.aspx.

AARP – advocates for employment security, health care and retirement planning for seniors, as well as other programs. More information at aarp.org or 1-888-687-2277.

Pittsford's a caring community, full of people who care for others and are willing to help. Working together, we can ease the burden of the pandemic for us all.

To all – stay safe. Be well. Wear your mask.

Bill Smith, Pittsford Town Supervisor

PITTSFORD ROTARY FOOD DRIVE THIS SATURDAY, 2/6

Donations will go to Pittsford Food Cupboard & Children Awaiting Parents Dinner in a Bag program

The <u>Rotary Club of Pittsford</u>, in collaboration with the Town of Pittsford, will conduct a <u>drive-through canned and packaged food drive</u> to benefit the <u>Pittsford Food Cupboard</u> and <u>Children Awaiting Parents</u> (CAP) this Saturday, February 6 from 9:00am to noon at Spiegel Pittsford Community Center. **Donations for CAP will stock their food closet; they are in need of pasta, sauce and canned fruits or vegetables for their "Dinner in a Bag" program.**

Rotarians and Town staff will be collecting canned and other packaged foods, snow or shine. Click this link for a <u>list of current Food Cupboard needs</u>.

Volunteers working will be taking COVID-19 precautionary measures, including wearing face coverings and gloves and maintaining safe distances. The Pittsford Food Cupboard is among the many organizations that benefit from Pittsford Rotary's mission of service to our community and beyond. Please help our Rotarians help those in need if you can. The Spiegel Pittsford Community Center is located at 35 Lincoln Avenue in the Village of Pittsford.



FEBRUARY IS AMERICAN HEART MONTH – WEAR RED DAY IS THIS FRIDAY (2/5)!

American Heart month is dedicated to raising awareness about heart disease. Heart disease is the leading cause of death for men and women in the United States. This **Friday, February 5 is**"National Wear Red Day," which was first observed in 2004 to bring attention to the fact that heart disease is the number

one killer of women – one in three women die from it each year – and to raise awareness for women's health issues. You can show your support in the fight against heart disease this Friday – wear red, and encourage everyone you know to wear red, raise their voices, know their cardiovascular risk, and take action to live longer, healthier lives! Heart disease and stroke kill one in three women, yet 80 percent of cardiac events can be prevented with education and lifestyle changes. To save lives and raise awareness of this serious issue, the American Heart Association launched Go Red For Women – held the first Friday each February – and the red dress has become the iconic symbol of the battle against

heart disease and stroke in women. For more information visit: www.GoRedForWomen.org.

TIPS FOR PREVENTING HEART DISEASE

Choose a Healthy Eating Plan

The foods you eat can decrease your risk of heart disease and stroke. Choose foods low in saturated fat, trans fat, and sodium. As part of a healthy diet, eat plenty of fruits and vegetables, fiber-rich whole grains, fish, nuts, legumes, and seeds, and try eating some meals without meat. Select low or fat-free dairy products and skinless poultry. Limit sugar sweetened beverages and red meat. If you choose to eat meat, select the leanest cuts available.

• Make Exercise a Daily Habit

Getting some regular, daily exercise can reduce your risk of heart disease. Physical activity can help you control your weight and reduce your chance of developing other conditions that may put a stain on your heart, such as high blood pressure, high cholesterol, and diabetes.

Manage Stress

Some people cope with stress in unhealthy ways such as overeating, drinking, or smoking. Find alternative ways to manage stress such as using humor as a coping method, taking time for hobbies, talking about your problems with family, friends, or a counseling professional, and participating in regular physical activities, relaxation exercises, or meditation.

Get Regular Health Screening

High blood pressure and high cholesterol can damage your heart and blood vessels. But without testing for them, you probably would not know whether you had these conditions. It is important to test your blood pressure and cholesterol, and test for diabetes to see whether you need to take action. Regular testing is highly recommended if you have a family history of heart disease.

Don't Smoke or Expose Yourself to Second Hand Smoke

This year, be informed, be healthy and Go Red For Women!

A SNOW COVERED CAR CAN BE DANGEROUS TO YOU AND OTHERS — PLEASE CLEAN PROPERLY BEFORE YOU DRIVE

On a cold morning after a heavy snowfall or as you get ready to head home after a snowy day, it may be tempting to skip cleaning off your vehicle before you get on the road. However this can be quite dangerous to you and to others, and at a minimum could cause you to be ticketed by the police.



As it blows off, snow left on the roof of your vehicle can cause a blinding affect to those behind you on the road. Rooftop snow that has thawed and frozen presents risks as well. When you accelerate, the resulting ice and snow can slide off and cause damage or unsafe driving conditions to a vehicle behind you or, as you brake to slow down or stop, frozen snow can slide down your windshield and completely block your view. You could be ticketed for any damage your actions cause to another vehicle or, worse yet, for causing an accident. You may also be ticketed if snow is obstructing your headlights, taillights or license plate or obstructing the view out of your vehicle windows.

To keep the road safe for yourself and others this winter, please be sure to clear the snow off your vehicle properly before you drive.



A REMINDER – STAY SAFE: WEAR A MASK, KEEP YOUR DISTANCE, WASH YOUR HANDS!

The cold weather means less opportunity for outdoor activities and services, bringing more people indoors. It's therefore more important than ever to take the simple steps to keep yourself, and others, safe. Town Supervisor Bill Smith, School Superintendent

Mike Pero, School Board President Amy Thomas and Village Mayor Bob Corby remind you to wear a mask when you are among others outside of your immediate family, maintain a safe physical distance and wash your hands frequently – especially after being out in public. See their COVID-19 safety video message here.

The health of our community – our people, our businesses, our services and amenities – affects us all and is our shared responsibility. We're all in this together. Please stay well, be safe and show your Pittsford Pride – wear your mask!

FOOD CUPBOARD DELIVERY TO SENIORS IN 14534 ZIP CODE Sign up in advance, next delivery date is 2/12

The Pittsford Food Cupboard is offering delivery of groceries and supplies to senior citizens age 65 or older that reside in the Pittsford (14534) Zip Code area. There are no income requirements to participate. Seniors interested in receiving home delivery must sign up for the program in person at the Pittsford Food Cupboard offices. The Food Cupboard will offer fresh produce, wholesome breads, frozen meat and dairy items in addition to non-perishable canned goods. Deliveries will be available on the second and fourth Friday of each month, through March, between 11:00am and 2:00pm. For more information, call (585) 264-9860 and ask for Claire or visit www.pittsfordfoodcupboard.net.

The Pittsford Food Cupboard, located at 3800 Monroe Avenue, Suite 26, is open Tuesdays and Fridays from 9:30am – 1:30pm and the first and third Saturday of each month from 9:30 – 11:30am.

REMINDERS

TOWN AND COUNTY 2021 PROPERTY TAX PAYMENTS DUE BY 2/10

The interest-free Town and County 2021 property tax payment deadline is February 10; first installments or full payments of your Town and County property taxes are due at this time. Please be sure to read all of the instructions and information written on the back of your bill carefully. Payments will be accepted only by mail or mail slot at Pittsford Town Hall (11 South Main Street); mail slots are located at the back door or to the right of the front door. Payment stub (see page 2 of bill) must accompany payment. Please include a phone number on your check, if possible.

First installment payments and full payments also can be made at Canandaigua National Bank (18 State Street, Pittsford), through Wednesday, February 10 only. Payments can be made online via the Town's website, (which links to the Monroe County website) by February 10 using Visa or MasterCard only; please note there is a 2.75% service charge for online payments. Click here to pay online.

It is also **strongly** advised that you do NOT pay by electronic check, as these payments do not receive a U.S. postmark and may arrive late.

Please also note: If you are paying your tax bill with an online bill pay (electronic banking) system through your bank, please be aware that your bank still generates and mails a paper check to the Town and it may take as long as two weeks or more to reach the Town offices. This type of mail does not receive a USPS postmark. Therefore, the Town can only consider your payment received on the date it is physically received in our office.

THEMED HALLWAY BOOK SALES UNDERWAY AT THE LIBRARY New theme begins each Thursday — Collectibles & Adult/Juvenile begins tomorrow, Cooking and Romance next week

The Friends of the Pittsford Library features a bookshelf of rotating book categories during its ongoing hallway sale. This bookshelf will be stocked each Thursday and feature a different theme each week. Collectible books also will be offered occasionally. Stop by and peruse – you may find just what you're looking for and your purchase will support the Pittsford Community Library's programs and services!

The Pittsford Community Library is located 24 State Street. Please note face coverings and appropriate physical distancing are required in the Library. For current Library hours, visit the Library web page at www.townofpittsford.org/home-library.

SEASONAL PARKING RESTRICTIONS IN EFFECT THROUGH APRIL 1, 2021

In order to facilitate snow removal, Town of Pittsford seasonal parking restrictions are currently in effect through April 1, 2021. Parking of any vehicle on public roads - including state highways and on the shoulder of all roads - is prohibited each year from November 15 through April 1 in all areas within the Town and outside of the Village. During this time, please don't park on or along public roads outside of the Village. Please note violators may be ticketed or towed.

When the snow flies, we need roadsides clear of vehicles so our plows can get through. This is especially true in neighborhoods, where the streets are narrower. Vehicles parked along the roadside can hinder plows accessing your neighborhood. Please help us keep our streets safe and accessible!

ASL INTERPRETER ALWAYS AVAILABLE AT TOWN BOARD MEETINGS

The Town of Pittsford has an American Sign Language interpreter available at every Pittsford Town Board meeting, to interpret for those who need this service. Those who can't attend a Town Board meeting in person but are planning to watch the meeting's live stream can confirm their need for the interpreter by emailing comments@townofpittsford.org. Requests can be made in advance or can be emailed through the first ten minutes of the meeting. An on-demand Town Board meeting video with closed captioning will be available within 48 hours of the meeting; visit www.townofpittsford.org/home-channel12 and use the On-Demand links to view previously recorded meetings.

UPCOMING COMMUNITY ACTIVITIES IN PITTSFORD

- <u>Pittsford Rotary Food Drive</u>, Saturday, 2/6, 9:00am 12noon, Spiegel Pittsford Community Center, 35 Lincoln Avenue; canned and other packaged goods needed for Children Awaiting Parents (pasta, sauce, canned fruits & vegetables) and Pittsford Food Cupboard (see list of Food Cupboard needs here)
- Supervisor Saturday with Bill Smith join the conversation with Town Supervisor Bill Smith at this casual open house, topics of discussion based upon attendee interest; Saturday, 2/13, 9:00 10:00am, Fisher Meeting Room (first floor), Pittsford Community Library, 24 State Street. Please note participants will be expected to wear a face covering and follow appropriate health and physical distancing guidelines.

TOWN OF PITTSFORD BOARD MEETINGS

• **Planning Board**, Monday, 2/8, 7:00pm, ONLINE ACCESS via Zoom video conferencing; information for accessing and viewing the meeting can be found on page 2 of the meeting agenda; the meeting agenda is posted at least two days prior to the meeting on the Town website here: www.townofpittsford.org/home-minutes

COMMUNITY MEETINGS CALENDAR

- <u>Village Board Budget Meeting</u>, Wednesday, 2/3, 4:00pm, virtual meeting through videoconferencing; more information and participation registration details will be listed on the Village website <u>here</u> as the meeting date approaches
- <u>Board of Education Budget Work Session</u> (6:00pm) and meeting (7:00pm), Monday, 2/8, Barker Road Middle School McCluski Board Room, 75 Barker Road
- <u>Village Board of Trustees</u> meeting, Tuesday, 2/9, 6:30pm, virtual meeting through videoconferencing; more information and participation registration details will be listed on the Village website <u>here</u> as the meeting date approaches
- Supervisor Saturday with Bill Smith join the conversation with Town Supervisor Bill Smith at this casual open house, topics of discussion based upon attendee interest; Saturday, 2/13, 9:00 10:00am, Fisher Meeting Room (first floor), Pittsford Community Library, 24 State Street. Please note participants will be expected to wear a face covering and follow appropriate health and physical distancing guidelines.

- American Legion Rayson-Miller Post 899 TUESDAY MORNING BREAKFAST MEETINGS
 CANCELED UNTIL FURTHER NOTICE due to COVID-19 coronavirus social distancing
 requirements. Eligible veterans welcome to join the Post; for membership information visit
 the Rayson-Miller Post website
- <u>Pittsford Rotary Club</u>, <u>WEEKLY IN-PERSON MEETINGS CANCELED UNTIL FURTHER</u>
 NOTICE due to COVID-19 coronavirus social distancing requirements; check the Pittsford
 Rotary Facebook page for virtual meeting information.
- <u>Pittsford Art Group</u> is conducting monthly meetings for members via Zoom and typically displays artwork at the Pittsford Town Hall, Village Hall, The Friendly Home, Star Physical Therapy and the First Presbyterian Church of Pittsford. For further information or to become a member, please visit <u>www.pittsfordartgroup.com</u> or contact PAG president <u>Margie Mitchell</u>

Town Facility Access

Spiegel Pittsford Community Center - building is open 8:00am - 5:00pm Monday through Friday and open during program hours evenings and weekends. Senior "Grab N Go" meals will continue every Wednesday and Friday; pickup is at the bus loop behind the Community Center. Registration for low-risk activities and virtual programs begins in advance of each session. See Program Info & Registration link at www.townofpittsford.org/home-recreation. Programs will continue to open as we receive further guidance.

Pittsford Community Library - the Library is now open for limited hours and services; enter from the parking lot entrance. The Library also has many online resources, programs and activities for all ages to enjoy. For current Library hours, services, resources, and other updates, visit the Library's update page at www.bit.ly/pclupdates. For virtual children's programming check the Library's Facebook page www.facebook.com/PittsfordLibrary/. The Book Drop return area is open; please only deposit returned books; for information on book sale donations visit www.pittsfordlibraryfriends.com. Regular due dates for all materials have resumed; check your receipt or your Library account for exact due dates. Low contact pickup of Library materials is available for Monroe County Library System cardholders.

Town Hall is open to residents by appointment only; in-person meetings will be limited and allowed only when absolutely necessary. Calls should be made to the department related to the inquiry. Town Hall remains staffed to handle business online and by mail, phone, email and the "drop slot" to the right of the front door and at the back door of Town Hall.

Town Clerk: All services of the Town Clerk are available online, by mail, phone and email. If necessary, an appointment can be arranged. Contact at 248-6210 or ldillon@townofpittsford.org, mail materials to Pittsford Town Clerk's Office, 11 South Main Street, Pittsford NY 14534. Services info at www.townofpittsford.org/home-clerk.

Town Court: Pittsford Town Court sessions are being scheduled on a limited basis. Town Court staff are available via phone and email Monday - Friday from 9:00am - 5:00pm; call (585) 248-6238 or email at pdromgoole@townofpittsford.org. Visitors must follow appropriate health safety and social distancing requirements for Court appearances and Court Office visits.

All Town Playgrounds: residents may use Town playgrounds at their own risk, as it is not possible for the Town to keep equipment appropriately sanitized after every use. Those using Town playgrounds are expected to observe COVID-19 social distancing and hygiene protocols.

All Town Parks: Farm View Park and Hopkins Park are closed as of November 2020 and will remain closed through the spring of 2021. All other Town parks remain open; all courts are open, all athletic fields are open to groups of 25 individuals or less, and all trails and walkways are accessible. Those using Town parks are expected to observe COVID-19 social distancing and hygiene protocols.

Thornell Farm Park: the park is open and per State requirements, all grass and turf sports fields are open to group activities of 25 individuals or less; the tennis courts, trails, walkways and the playground are open to residents. COVID-19 social distancing and hygiene protocols are required.

King's Bend Park Lodges: the lodges are open for reservations; per State and Federal governments all COVID-19 safety guidelines must be followed while at the lodges. Lodge capacities will adhere to New York State COVID-19 guidelines. Please note COVID-19 social distancing and hygiene protocols are required.

The Mile Post School: the building is closed to the public until further notice, as the site is being used as a Public Works crew operation center.

Building Department: As of May 15, 2020 the Governor has begun the phased reopening of New York State. The Town of Pittsford and the surrounding Finger Lakes region have met the criteria set by the Governor to reopen. Construction is included in Phase 1 of the reopening plan. As construction moves forward, all COVID-19 safety guidelines set by the State and Federal governments must be followed while on the job site. To protect the community and limit the spread of COVID-19, the Town of Pittsford has altered accordingly its inspection and permitting procedures. See the Town of Pittsford COVID-19 Building Inspection Procedures for details; additional information can be found here: New York State Construction Guidelines. For more information contact Town of Pittsford Building Inspector Mark Lenzi at mlenzi@townofpittsford.org or call the Town Building Department at 585-248-6265.

Town Public Works - Highway, Sewer and Parks Departments: All operations continue. Crews in these departments are following hygiene and social distancing protocols in light of the COVID-19 threat.

Monroe County Services at Town facilities:

The County has suspended until further notice Passport Services at Town Hall and Mobile DMV service at Pittsford Town Court. Find updated information for Monroe County DMV here https://www2.monroecounty.gov/clerk-COVID-19.

Further information and updates can be found at www.townofpittsford.org/covid-19info.

COVID-19 Coronavirus Information Links

Further Town of Pittsford COVID-19 coronavirus information and updates can be found at www.townofpittsford.org/covid-19info.

Pittsford Central School District COVID-19 Coronavirus Updates

You can find information on COVID-19 coronavirus at the County Health Department's website: https://www2.monroecounty.gov/health-index.php.

Additional information about business closure requirements throughout Monroe County can be found on the County's Website: www.monroecounty.gov

The CDC also has information on its website at https://www.cdc.gov/coronavirus/2019-ncov/about/share-facts-stop-fear.html.

In addition, the CDC has information relevant to anyone planning to travel outside of the United States: https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html?deliveryName=USCDC 2067-DM20785.

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Town of Pittsford

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